



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p>Morning Music</p> <ul style="list-style-type: none"> 9:00 Life Enrichment Half Day to Planning Meeting 12:00 12:30 Chaplain Visits 2:00 Snacks & Conversation <p style="text-align: right;">1</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:15 Easter Egg Decorating 1:00 Lane Worship 2:00 Easter Tea with "Lindsay Nagy" (Atrium) 2:00 Snacks & Conversation <p style="text-align: right;">2</p>	<p>Morning Music</p> <p>GOOD FRIDAY</p> <ul style="list-style-type: none"> 10:15 Morning Fun with Elora 2:00 Friday Entertainment with "Randy Glen" (Atrium) 2:00 Snacks & Conversation <p style="text-align: right;">3</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Basketball 1:00 Easter Egg Hunt with Connecting Seniors with Care U of A Volunteers (Atrium) 1:00 Wellness Visits 2:00 Snack & Conversation <p style="text-align: right;">4</p>
<p>Morning Music</p> <p>EASTER SUNDAY</p> <ul style="list-style-type: none"> 10:30 Balloon Ping Pong 1:00 Ball Toss <p style="text-align: right;">5</p>	<p>Morning Music</p> <p>EASTER MONDAY</p> <ul style="list-style-type: none"> 10:00 Bean Bag Toss 1:30 Afternoon Art with Austin 2:00 Snacks & Conversation <p style="text-align: right;">6</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Sing A Long 11:00 Walker Repair Clinic to (Court Activity Room) 4:00 *call Life Enrichment to Book Appointment* 1:30 Balloon Badminton 2:00 Snacks & Conversation <p style="text-align: right;">7</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Lane Mystery Drive 12:30 Chaplain Visits 1:30 Memory Joggers 2:00 Snacks & Conversation <p style="text-align: right;">8</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Tunes on the Ivories 1:00 Fun with stamps 2:00 Snacks & Conversation 7:00 Zoriana Ukrainian Dancers (Atrium) <p style="text-align: right;">9</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:15 Ring Toss 2:00 Friday Entertainment with "Terry Jorden" (Atrium) 2:00 Snacks & Conversation <p style="text-align: right;">10</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Lane Entertainment with "Juke Box Leigh" 1:30 Balloon Ping Pong 2:00 Snacks & Conversations <p style="text-align: right;">11</p>
<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Morning Exercise 2:30 Balloon Taps <p style="text-align: right;">12</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Ring Toss 1:30 Horse Races 2:00 Snacks & Conversations <p style="text-align: right;">13</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Sit & Be Fit 1:30 Lane Entertainment with "Mike Chenoweth" 1:30 Brownie Day "see you at your door!" 2:00 Snack & Conversation <p style="text-align: right;">14</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Morning Art with Madi 12:30 Chaplain Visits 1:30 Balloon Badminton 2:00 Snack & Conversation 6:30 Lane Entertainment with "David Woods" <p style="text-align: right;">15</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:15 Life Enrichment to In-Service Training 12:15 1:00 Let's go fishing! 2:00 Snacks & Conversation <p style="text-align: right;">16</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:15 Basketball 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 2:00 Friday Entertainment with "The Britz" (Atrium) 2:00 Snack & Conversation <p style="text-align: right;">17</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Bean Bag Toss 2:00 Snacks & Conversation 1:00 Pet Therapy <p style="text-align: right;">18</p>



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<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Balloon Ping Pong • 1:00 Ring Toss <p style="text-align: center; font-size: 2em;">19</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Balloon Badminton • 1:00 Spring Crafts with Chelcey • 2:00 Snacks & Conversations <p style="text-align: center; font-size: 2em;">20</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Table Tennis • 1:30 Baking with Vanessa! • 2:00 Snacks & Conversations <p style="text-align: center; font-size: 2em;">21</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Bean Bag Toss • 12:30 Chaplain Visits • 1:30 Inspirational Stories • 2:00 Snacks & Conversations <p style="text-align: center; font-size: 2em;">22</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 9:30 Ears to You Hearing Clinic to (Court Library) *call Life • 2:30 Enrichment to Book Appointment* • 10:00 Tunes on the Ivories • 1:00 Fun with stamps • 2:00 Snacks & Conversations <p style="text-align: center; font-size: 2em;">23</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:15 Balloon Taps • 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) • 2:00 Friday Entertainment with "Gary Meyers" (Atrium) • 2:00 Snack & Conversation <p style="text-align: center; font-size: 2em;">24</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Lane Entertainment with "Denis Bourdon" • 1:30 Ball Toss • 2:00 Snack & Conversations <p style="text-align: center; font-size: 2em;">25</p>
<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Balloon Badminton • 2:30 Nerf Gun Shooting <p style="text-align: center; font-size: 2em;">26</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Basketball • 2:00 Court Birthday Tea with "Juke Box Leigh" (Atrium) • 2:00 Snacks & Conversations <p style="text-align: center; font-size: 2em;">27</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Sit & Be Fit • 1:30 Lane Birthday Tea with "Steven Tyler" • 2:00 Snack & Conversation <p style="text-align: center; font-size: 2em;">28</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 9:30 Memory Joggers *time change* • 12:30 Chaplain Visits • 2:00 Snacks & Conversation • 2:30 Bean Bag Toss *time change* <p style="text-align: center; font-size: 2em;">29</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Tunes on the Ivories • 1:00 Let's go fishing! • 2:00 Snacks & Conversations <p style="text-align: center; font-size: 2em;">30</p>		

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

OUR BELIEF

That seniors should experience the utmost comfort, joy and fulfillment in a supportive and thriving community.

OUR RESPONSIBILITY

To partner with our residents and families to co-create and serve as the model of excellence for seniors' housing and care.

OUR MANDATE

To be in conversation, and connection with those that help shape and strengthen our community To promote evidence-based practice and innovation in seniors' care To have a solid business foundation that enables long-term sustainability and increased access to our services.

CONTACT

Life Enrichment
Main Phone
780-930-3736

Court Reception
780-483-5361

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780-930-3734

LIFE ENRICHMENT STAFF

Co-ordinators: Vanessa, Erica, Kelly, Rus, Austin, Eric, Elora, Madi, Cassidy & Kiran


Supervisor: Chelcey Buck | Phone: 780-930-5817

Manager: Leana Nielsen | Phone: 780-930-5819



THIS MONTH'S ACTIVITIES

Spring Crossword



Across

4. A day set aside for planting trees.

7. A winged insect that comes in a variety of colors.

9. The first month of spring.

11. What happens in April to bring May flowers?

12. After it rains, what is something colorful you might see in the sky?

13. What do the flowers do in the Spring?

14. A basketball tournament that occurs during a spring month.

15. What is it called when time is moved one hour back?

Down

1. Small round beetles that are often red with black dots.

2. A colorful plant with leaves and petals.

3. A small pool of water.

5. A day to play pranks.

6. A name for a young duck.

8. A grassweed with a yellow flower.

10. Animal who shows if spring is coming.

FUN FACTS

- The oldest living land animal is a 192-year-old tortoise named Jonathan.
- Mosquitoes are the deadliest animals on Earth due to the diseases they transmit.
- You travel 2.5 million km a day around the Sun without realising.
- The biggest butterfly in the world has a 31cm wingspan.
- A group of stingrays is called a fever.
- Termite queens can live up to 100 years.
- The national animal of Scotland is the Unicorn.
- The Alaskan town of Talkeetna had a cat as mayor for 20 years.



Birthday Wishes

April 05 - Gail B.
April 13 - Lorraine K.



Welcome Wagon

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