

Canterbury Havens

PRIVATE LONG TERM & PALLIATIVE CARE

Canterbury Havens features spacious studio suites in a supportive environment for seniors with comprehensive care needs. The private Long Term & Palliative Care suites have 24-hour care available with a higher staff-to-resident ratio, and specialized equipment that supports individuals in need of the highest level of care.



BENEFITS

- Supported breakfast, lunch, dinner plus 3 snacks
- Hospital Bed
- Personal Hygiene Products
- Personal Laundry
- Housekeeping
 - ◆ *Visits include, bed changing, bathroom tidy & trash removal.*
 - ◆ *Weekly deep cleaning (bathroom, vacuuming & dusting)*
 - ◆ *Clean bed linens provided weekly or more as needed & fresh towels offered twice per week*
- 24/7 on-site Registered Nurse (RN)
- Licensed Practical Nurse (LPN)
- Health Care Aid (HCA)
- Utilities, Cable , Wi-Fi (*not including phone*)
- Air conditioning & individual suite heating
- Bus trips for shopping trips & excursions
- On-site activities coordinators
 - ◆ *Enjoy feature movie nights, live music & entertainment, guest speakers*
 - ◆ *Play games of card bingo, shuffleboard, bridge, cribbage, trivia, whist, etc.*
 - ◆ *Group exercise activities such as arthritic yoga ... & much more*
- Weekday receptionist
- 24/7 maintenance staff available
- Wanderguard signaling device available

SUITE FEATURES

- Large walk-in shower with slip-resistant floor with several grab bars
- Barrier-free Bathroom
- Solid surface Corian countertops
- Large bright windows offering garden or atrium views
- Safety features and call bells throughout
- Storage options
- And many other high-end suite features and amenities

CANTERBURY AMENITIES

- Health clinic that includes access to : *physician, foot care, hearing aids, denturist, blood pressure, optometrist etc.*
- Pharmacist on-site
- Hair Salon
- Guest suite
- Tuck shop
- Landscaped gardens
- Activities room
- Library
- Chapel
- Private dining rooms

SUITE TYPE	AREA	RATE
Studio	282- 291 sq.ft	Call for pricing
Deluxe Studio - Single or double Occupancy	448 sq.ft	Call for pricing



INDEPENDENT LIVING, SUPPORTIVE LIVING, MEMORY CARE, PRIVATE LONG TERM & PALLIATIVE CARE

Further information & tours are available, please call or email to book:

780.483.5361 | ColleenG@canterburyfoundation.com | canterburyfoundation.com

The following services are provided for the convenience and enjoyment of residents:



SHUTTLE RIDES

Residents participate in scheduled excursions through our campus facilitated shuttle rides. Assisted outings are planned and advertised on the monthly calendar for enrichment activities. *Applicable fees may be required.*

DINING SERVICES

Canterbury Foundation provides dining services by our **Red Seal Chef** which include breakfast, lunch and dinner, seven days per week. Meals at this level can be complex, our team are able to provide options for special diets or textures. All meals are assisted in our in Haven dining rooms.

A long history of pride in providing first-class meals and a continued desire to strive for excellence characterizes Canterbury's dietary service. Menus are reviewed and approved by a Registered Dietitian.



CHERUB'S COURT CAFÉ

Toiletries, milk, eggs, specialty coffees, snacks, gifts & cards.



BEAUTY SALON

Providing ladies & gentlemen haircuts, hair set, perm, color, nails, etc.



PUBLIC LIBRARY

Personalized library service and movies.



ACTIVITY ROOM RENTALS

Book the room for a private function.



AUTOMATIC TELLER MACHINE

Located in the Court Games Lounge.



Quality of life is enhanced at Canterbury by offering a wide variety of activities on a daily basis. Activities are varied to allow residents a diverse selection, whether the need is intellectual, physical, spiritual or just to have fun. Small or large groups, games or exercises, shopping or garden visits. If residents enjoy an activity that is not planned and would like to see it added, staff will attempt to meet their needs.

PHYSICAL PROGRAMS

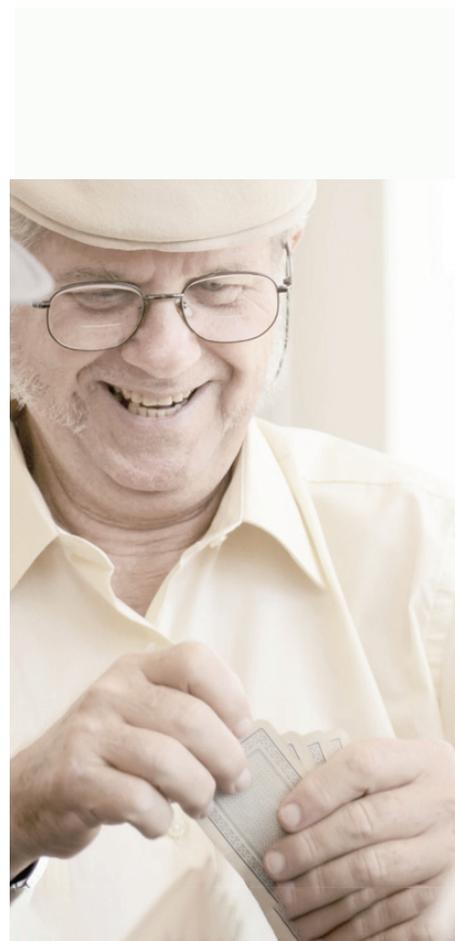
Being active should be fun and we have many options for you!

Games such as Ring Toss, Bocce, Bowling, Carpet Darts, Bolongo Ball, Washer Toss and Horse Races to name a few.

Group exercises that focus on cardiovascular health and strengthening of bones and muscles are also offered.

INTELLECTUAL STIMULATION

At Canterbury, we encourage our residents to keep learning new things and to have fun doing so. We offer brain-teaser activities such as Trivia! Crosswords, Penny-ante, Big Brain, Wheel of Fortune, Bingo, Scrabble, and much more.



We are situated in a great neighborhood where outdoor walks are encouraged.

There are many resting benches around the perimeter of our campus, so grab a friend, and enjoy some fresh air.

We look forward to seeing you out and about in the neighborhood!





SECURITY

In addition to the presence of our 7 day a week reception team, the security systems in Canterbury include video surveillance, strict access control, sign in and out policy, heated underground parking, emergency response, and efficient fire alarm system.



MAINTENANCE

The appearance and condition of our buildings and grounds are a high priority for *Canterbury Foundation*. The maintenance of the property and grounds is achieved through a regular and preventative maintenance program. The carpentry, electrical, plumbing and structural requirements of the property are maintained to the highest standards.



Canterbury Foundation is dedicated to providing its residents with the services necessary to ensure their suite offers all the comforts of home. Services are provided by trained personnel who focus on ensuring the safety, security and comfort of all residents.



HOUSEKEEPING

Visits include, bed changing, bathroom tidy & trash removal.
Weekly deep cleaning (bathroom, vacuuming & dusting)
Clean bed linens provided weekly or more as needed & fresh towels offered twice per week



LAUNDRY

Laundry services are included in the Havens.



HEALTH CARE SERVICES

Canterbury Foundation health care services include private care and delegated care as assessed by an Alberta Health Services Home Care Case Manager.

Our health care staff includes:

24-hour Registered Nurse (RN) coverage

Licensed Practical Nurses (LPN's)

Qualified Health Care Aids (HCAs)

Canterbury Foundation provides available additional health care services including:

In-house physicians

On-site pharmacist

Blood pressure and Vaccination clinics

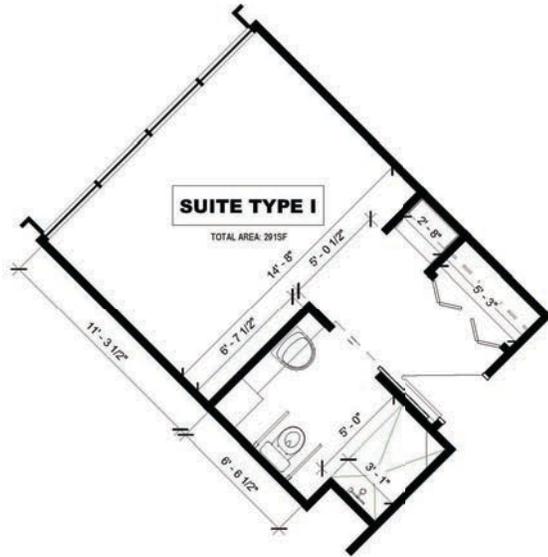
Foot care clinics

Hearing aid clinics

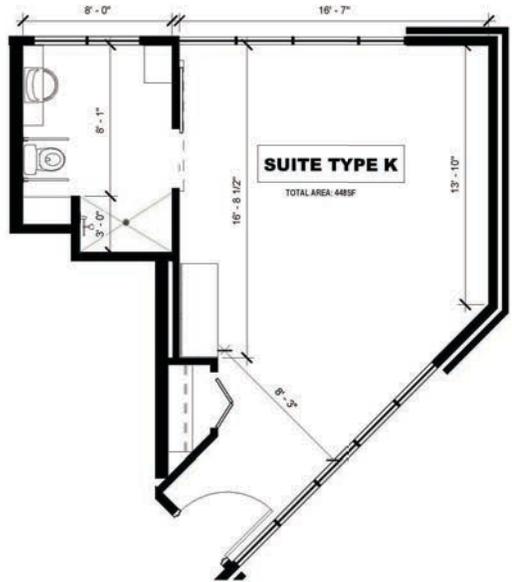
Mobile dentist and denturist

CANTERBURY ENHANCED SUPPORTIVE LIVING FLOORPLANS

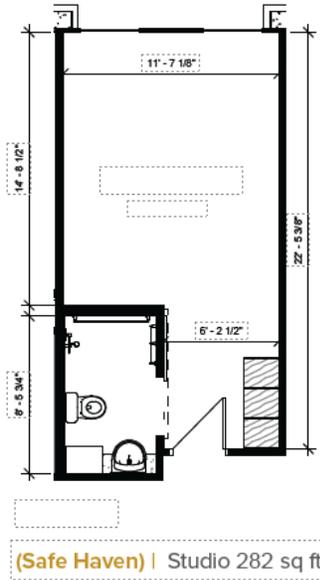
Spacious studio floorplans.



A | Studio Suite 291 sq ft



B | Deluxe Studio Suite 448 sq ft



(Safe Haven) I Studio 282 sq ft

* plans are based on typical layout not all plans exactly as illustrated