



# CANTERBURY TIMES

CREATED BY CAMILLE  
SNOW AND ERICA SLEVIN

*“When icicles hang by the wall” –  
from Love’s Labour’s Lost*

When icicles hang by the wall,  
And Dick the shepherd blows his nail,  
And Tom bears logs into the hall,  
And milk comes frozen home in pail,  
When blood is nipp’d, and ways be foul,  
Then nightly sings the staring owl:  
‘Tu-who;  
Tu-whit, Tu-who’ – A merry note,  
While greasy Joan doth keel the pot.

When all aloud the wind doth blow,  
And coughing drowns the parson’s saw,  
And birds sit brooding in the snow,  
And Marian’s nose looks red and raw,  
When roasted crabs hiss in the bowl,  
Then nightly sings the staring owl:  
‘Tu-who;  
Tu-whit, Tu-who’ – A merry note,  
While greasy Joan doth keel the pot.

~ William Shakespeare





# ACTIVITY PROGRAM HIGHLIGHTS

**Dec. 9th -The Haven Christmas Luncheon is being held at 11:30 a.m.**

**Dec. 11th - At 2 p.m., the Court Wine and Cheese event will be held at 2 p.m. (Terry Jordon is performing)**

**-The Anglican Diocese Children's Choir will be performing in the Atrium at 6:30 p.m.**

**Dec. 16th -A December Birthday Tea will be held for Court residents at 2 p.m. in the Atrium; Mike Chanoweth will be performing.**

**Dec.18th - The Manor Wine and Cheese event will be held at 2:00 p.m.**

**Dec. 19th -The Lane Christmas Luncheon will be held at 11:30 in the Lane Dining area**

**Dec. 20th -The Court Christmas Dinner will be held at lunchtime in the Court dining area at 11:30 a.m.**

**-Sean Sonogo will be entertaining at 2 p.m. in the Atrium**

**Dec. 23rd - Join us to celebrate and learn about Chanukah with Cantor David 10:30 a.m. in the Chapel.**

**Dec. 25th - Non Denominational church service will be held in the Chapel at 10:30 a.m.**

**-Vince Anderson will be performing in the Lane at 10:30 a.m. and in the Court at 1:30 p.m.**

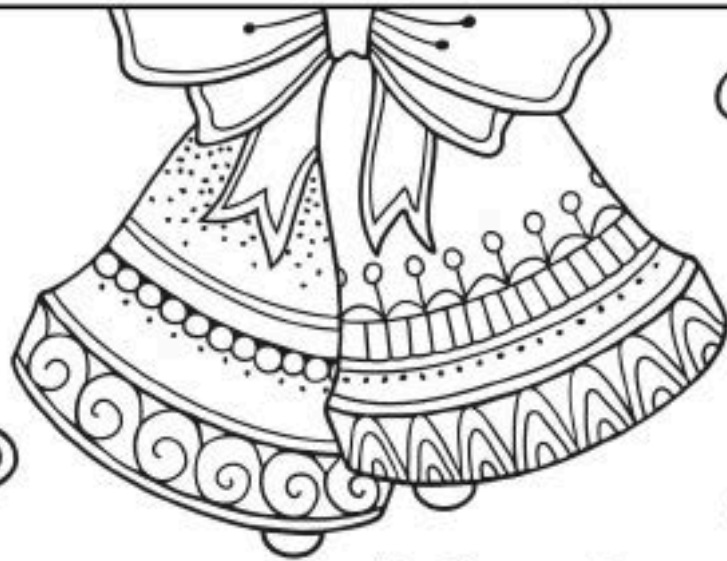
**-Hanukah begins after sundown, Cantor David...**

**Dec. 30th -Put on your best duds and come down to Atrium at 2 p.m. for the Court New Year's Party; Young at Heart will be performing.**

**Dec. 31st -The Manor New Year's Eve Event begins at 4:30 in the Manor Dining Room; The Old Smoothies will begin a performance at 6:30 p.m.**

**MERRY CHRISTMAS AND HAPPY HOLIDAYS TO ALL!**

**PLEASE CHECK YOUR CALENDARS FOR MORE FESTIVE ACTIVITIES.**



*Happy Holidays!*



*Homemade*  
GIFTS MADE EASY

# Joke of the Month

Q: Where do snowmen go to dance?

A: The snowball.



## DOWN

2. December celebration since 1966
4. Biscotti and gingersnaps
6. Resolution eve
7. Recollections
9. Soirée
11. Ballroom activity
12. Friendliness toward others
13. Winter month

## ACROSS

1. Jewish Festival of Lights
3. Bubbly drink
5. Pictures
8. Halo wearers
9. What a dove represents
10. Santa's holiday
13. Adornments
14. They're wicked
15. Main meal
16. Presents
17. One's relatives



## Happy Holidays

Use the clues to fill in the crossword.





## *A Little About Christine*



For those who do not already know this lovely lady, let me introduce you to Christine Selwood. She was born on December 25th on a farm near a forest in East Prussia and grew up with one sibling (a brother). Her parents were born and grew up there as well. She recalls that there was a sawmill and a windmill adjoining the family farm, where grain was ground into flour by two large millstones.

When asked where Christine went to school, Christine responded:

“East Prussia and Luckenwalde, an hour south of Berlin, since all children had to be evacuated because of the war with Russia. My mother’s sister raised us until the war was over. My mother came later, my father died as a prisoner of war.”

Christine had begun pharmaceutical studies while living in East Germany, when she happened to see a West German newspaper with an advertisement that caught her attention: Lester Pearson’s invitation for young people to come to Canada (travel expenses paid) and take up service work such as housekeeping, childcare, and farming. Christine replied to the ad but was rejected because she had included her East German address in her application. Disappointed, yet still determined, Christine spoke with immigration staff in Berlin, and they suggested she live in West Germany for 6 months and then reapply (which she did).

When interviewed for the work program in Canada, Christine said that she would like to do childcare.

The interviewer then asked her if she was musical, to which she responded 'yes'. As a result, Christine was placed with a family of professional musicians and had the benefit of regularly attending symphony performances with the children under her care. Christine says that she has had a life-long love of classical music.

Christine became close with the family she worked for; they encouraged her to get post-secondary schooling and eventually helped her to get a position in the airline industry. She moved to Vancouver and studied stenography and typing while she stayed at the YWCA and looked for work. She was encouraged by her friends there to apply at Canadian Pacific Airlines.

She worked for CP Air as a stewardess for 5 years and then applied for an office job with the company before she aged out of that position at 30. Because she had had a TB scare (an incorrect diagnosis), Christine asked to be transferred to Edmonton as she had been informed that the climate in Alberta's capital city was beneficial for anyone suffering from challenges with their lungs. She moved to Edmonton and met her husband at this new workplace, a young man who worked for a rival airline (Air Canada). She married, left work and they started a family together.

#### *Thoughts of Having A Christmas Birthday*

Though Christine has a birthday on Christmas day, she says that as a child she would celebrate her special day on the 26th (Boxing Day) with a "kids only" party. She has fond memories of celebrating Christmas as a preschooler with family get-togethers, playing with lots of cousins before the war.

As an adult, after moving to Canada in 1953, Christmas for Christine involves, "...lots of telephone calls from Germany and friends from far away: USA, England, (etc.)". She recalls that during her first Canadian Christmas /birthday, she and her room mates tried to prepare a goose the 'German way'. Unfortunately, the meal did not turn out they way that her mother used to prepare it. Part of the problem was that the Canadian goose has not been fattened for the holiday feast. Luckily, one of her room mates (an east-coaster from PEI), had some canned lobster on hand which saved the day! Christine says that she and her room mates had fun that Christmas, regardless of how their goose dinner turned out!

Over the years, Christine continues to celebrate her Christmas-birthday with family and friends on another day, rather than on the 25th. She says that this year, she will be having a birthday experience at NAIT's special restaurant (Ernest's) where students are trained in fine dining.

When asked if she had any advice for other people who have a birthday on December 25th, Christine says:

"No matter where you are, enjoy the day!"

We hope that you have enjoyed learning a little about Christine Selwood and hope that she enjoys her (early) birthday celebration and wish her a Happy Christmas day as well.

Wishing you all a Happy Winter Holiday!





## COMMUNITY EVENTS

# For December

## GET IN THE HOLIDAY SPIRIT



### *A Christmas Carol*

When: Nov 23 - Dec 24, 2024  
Where: The Citadel Theatre  
How: (email) [boxoffice@citadeltheatre.com](mailto:boxoffice@citadeltheatre.com)  
(phone) 780-425-1820



### *The Singing Christmas Tree*

When: Dec 12-15th  
Where: The Edmonton EXPO Centre  
How: <https://exploreedmonton.com/event-calendar/the-singing-christmas-tree>



### *Salute To Vienna New Year's*

When: Dec 28th  
Where: Winspear Centre  
How: (phone) 780-428-1414





# When Christmas Hurts

CHAPLAIN COLLEEN SANDERSON

The holiday season is often portrayed as a time of joy, togetherness, and celebration. For many, it is a cherished time of family gatherings, gift-giving, and festive traditions. However, for some, this time of year can bring about feelings of sadness, loneliness, or even grief. Whether due to the loss of a loved one, a difficult life transition, or other personal struggles, the holiday season can amplify the pain and sorrow that may already be present in our hearts.

At times like these, it can feel isolating to watch others revel in holiday cheer when you're struggling with deep emotional pain. For those experiencing such hurt, it can be difficult to find a way to participate in the celebrations, much less feel the warmth and peace that is often associated with Christmas.

That's why we invite you to join us for a special gathering, "When Christmas Hurts", a worship service designed to offer comfort, support, and healing to those who may find this season difficult.

On Thursday, December 19, at 6:30 pm, we will come together as a community in the Chapel for a meaningful and reflective worship service.

Everyone Is Welcome.



# Canterbury Knows You Care!



*Baby, it's cold outside!*



Welcome to Canterbury's 5th Annual Promise of Home Fundraising Campaign presented by Bird Construction.

Together, we will raise \$175,000 towards seniors' care.

What do your donations do?

Donations allow Canterbury to innovate, advocate, and ensure a community of care is accessible for more seniors and their families now, and tomorrow.

Giving is easy!

1) Scan the QR Code



2) Visit the Court or Manor Reception for a Pledge Form

3) Go Online: [canterburyfoundation.com/donate](https://canterburyfoundation.com/donate)

4) Contact Madeline Verhappen

780-930-3727 or [madelinev@canterburyfoundation.com](mailto:madelinev@canterburyfoundation.com)

Join Canterbury's family of donors today!

The deadline to give a gift is December 31, 2024.



# Canterbury Connections

You're Invited!



Save Your Seat for Canterbury Connections Holiday Edition, December 18!

Join us for an evening of stories of how Canterbury, its residents, volunteers, and staff celebrate the holiday season. After December's Canterbury Connections, we invite you to stay to enjoy some wine, cheese, and live entertainment from the Richard Eaton Songsters.

When: Wednesday, December 18, 2024

Where: Canterbury Foundation, 8403 142 Street, NW, Edmonton T5R 4L3

Program:

- 5:30 p.m. – Canterbury Connections, all are welcome to arrive starting at 5:00 p.m.
- 6:15 p.m. – Wine and Cheese
- 6:30 p.m. – Richard Eaton Songsters

To save your seat, please contact Madeline Verhappen, Fund Development Specialist, by email at [MadelineV@canterburyfoundation.com](mailto:MadelineV@canterburyfoundation.com), or by phone at 780-930-3727.

We look forward to having you join us as we celebrate the festive season.

Let it snow!

# Christmas Traditions

Lehane, B. (2005). The enchanted world: the book of Christmas. Time Life books.



## Christkindl

Riding a tiny deer laden with seats and toys, an angel visited German families every Christmas Eve. The pretty creature was an emissary from heaven and was called Christ Child.



## Kolyada

On Christmas Eve in Russia, a white robed elf- maiden traveled by sleigh from house to house. The children of the villages sang carols to honor her, Kolyada rewarded them with Christmas treats.



## Befana

An old woman who rode a broomstick through the air gave Italian children presents at Christmas if they were good, coal if they were not. Befana was her name, she journeyed on Epiphany Eve.



An illustration at the top of the page shows three animals: a llama on the left, a fish in the center, and a fox on the right. They are set against a dark, textured background.

## Christmas Day

As Midnight ushered in the day of Christmas, tranquility descended on all the world, according to the old tales. Even in the darkness, all the birds awoke and sang, and such was the magic of the time that sparrows caroled sweetly as nightingales. In the morning, men and women who walked into the wilderness of the world might see all the beasts of field and wood lying placidly together, predator and prey joined for one day to make a peaceable kingdom.



## Saint Nicholas

Best-known and loved of Christmas spirits was Saint Nick, whose horse's hoofs were heard on Futch rooftops on the eve of December 6. He slid down chimneys, bringing things to fill the young ones' shoes.



# Rus's Recipe

## The Best Homemade Alfredo Sauce!

### Ingredients

- 1/2 cup butter
- 2 cups heavy whipping cream
- 113g cream cheese
- 1/2 tsp minced garlic
- 1 tsp garlic powder
- 1 tsp Italian seasoning
- 1/4 tsp salt
- 1/4 tsp pepper
- 1 cup grated parmesan cheese

### Method

1. In a medium saucepan add butter, heavy whipping cream, and cream cheese. Cook over medium heat and whisk until melted.
2. Add the minced garlic, garlic powder, Italian seasoning, salt and pepper. Continue to whisk until smooth. Add the grated parmesan cheese.
3. Bring to a simmer and continue to cook for about 3-5 minutes or until it starts to thicken. Toss it with your favorite pasta!



# Oilers Hockey Schedule December 2024

Dec. 3, 2024	Oilers vs. Knights	8:00 pm
Dec. 5, 2024	Oilers vs. Blue Jackets	7:00 pm
Dec. 7, 2024	Oilers vs. Blues	8:00 pm
Dec. 10, 2024	Oilers vs. Lightning	7:00 pm
Dec. 12, 2024	Oilers vs. Wild	6:30 pm
Dec. 14, 2024	Oilers vs. Knights	2:00 pm
Dec 16, 2024	Oilers vs. Panthers	6:30 pm
Dec. 19, 2024	Oilers vs. Bruins	7:00 pm
Dec. 21, 2024	Oilers vs. Sharks	2:00 pm
Dec. 22, 2024	Oilers vs. Senators	6:00 pm
Dec. 29, 2024	Oilers vs. Ducks	2:00 pm
Dec. 31, 2024	Oilers vs. Utah	7:00 pm



**Happy Holidays**  
(solution)

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🌐 <https://canterburyfoundation.com/>

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