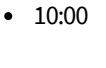
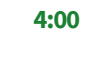
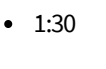
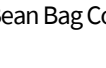
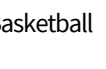
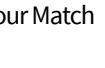
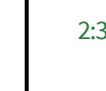
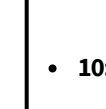
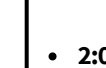
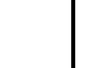
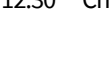
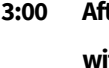


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Morning Music • 10:00 Morning Sing-A-Long  • 1:30 Courtyard Conversations  • 2:00 Snacks & Conversations 1	Morning Music & Watering • 10:00 Basketball  • 12:30 Chaplain Visits  • 1:30 Memory Box Discoveries • 2:00 Snacks & Conversation 2	Morning Music • 9:00 Life Enrichment Half Day to Planning Meeting 12:00 • 1:00 Lane Worship  • 2:00 Snacks & Conversation 3	Morning Music & Watering • 10:00 Ball Toss  • 2:00 Friday Entertainment with "Campfire Girls" (Atrium)  • 2:00 Snacks & Conversations 4	Morning Music • 10:30 Horse Races  • 1:30 Bean Bag Toss  • 2:00 Snacks & Conversations 5
Morning Music & Watering • 10:30 Morning Exercise  • 1:00 Courtyard Conversations  6	Morning Music LABOUR DAY  • 10:00 Music Discovery • 1:30 Balloon Ping Pong  • 2:00 Snacks & Conversations 7	Morning Music & Watering • 10:30 Balloon Badminton • 1:30 Lane Entertainment with "Wendy & Wes"  • 1:30 Ice Cream Drumstick Day "see you at your door!"  • 2:00 Snacks & Conversations 8	Morning Music • 10:00 Life Enrichment Offsite to Event *no programming during this time* 2:00 • 12:30 Chaplain Visits  • 2:00 Snacks & Conversations 9	Morning Music & Watering • 10:00 Garden Fun  • 1:00 Let's Go Fishing!  • 2:00 Snacks & Conversations 10	Morning Music • 10:30 Basketball  • 2:00 Grandparents Tea with "Erin Vandermolen-Pater" (Atrium)  • 2:00 Snacks & Conversations 11	Morning Music & Watering • 10:00 Lane Entertainment with "Kristopher Brooks"  • 1:30 Bean Bag Colour Match • 2:00 Snacks & Conversations 12
Morning Music • 10:30 Courtyard Conversations  • 2:30 Nerf Gun Fun!  13	Morning Music & Watering • 10:00 Ring Toss  • 1:00 Afternoon Music with Rus *time change*  • 2:00 Snacks & Conversations 14	Morning Music • 10:30 Morning Exercise with Elora  • 1:00 Life Enrichment On-Site Training *no programming during this time* • 2:00 Snacks & Conversations 15	Morning Music & Watering • 10:00 Morning Art with Madi  • 12:30 Chaplain Visits *cancelled* • 1:30 Lane Mystery Drive  • 2:00 Snacks & Conversations • 6:30 Lane Entertainment with "Ali Bright" 16	Morning Music • 10:00 Tunes on the Ivories  • 1:00 Bubble Pop!  • 2:00 Snacks & Conversations 17	Morning Music & Watering • 10:30 Horse Races  • 2:00 Friday Entertainment with "Cosmopolitan Show Band" (Atrium)  • 2:00 Snacks & Conversations 18	Morning Music • 10:30 Balloon Badminton  • 1:30 Courtyard Conversations  • 2:00 Snacks & Conversations 19

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning Music & Watering • 10:30 Balloon Ping Pong  • 1:00 Afternoon Fun with Kiran  20	Morning Music • 10:00 Bean Bag Colour Match  • 11:00 Walker Repair Clinic to (Court Activity Room) 4:00 *call Life Enrichment to book appointment*  • 1:30 Basketball  • 2:00 Snacks & Conversations  21	Morning Music & Watering • 9:30 Optometry Clinic with Dr Kallal *call Life Enrichment to book an appointment* (Court Private Dining Room) 2:30  • 10:30 Balloon Badminton  • 1:30 Baking with Vanessa  • 2:00 Snacks & Conversations  22	Morning Music • 10:30 Bean Bag Toss  • 12:30 Chaplain Visits  • 1:30 Colour Bingo  • 2:00 Snacks & Conversations  23	Morning Music & Watering • 10:00 Tunes on the Ivories  • 1:00 Let's Go Fishing!  • 2:00 Snacks & Conversations  24	Morning Music • 10:00 Foor Care Solution Clinic to *call Life Enrichment to book appointment* 3:30  • 10:30 Ball Toss  • 2:00 Black & White Gala with "Michael Greet" (Atrium)  • 2:00 Snacks & Conversations  25	Morning Music & Watering • 10:00 Lane Entertainment with "Troy Gates"  • 1:30 Nerf Gun Fun!  • 2:00 Snacks & Conversations  26
Morning Music • 10:30 Basketball Pong  • 2:30 Courtyard Conversations  27	Morning Music & Watering • 10:00 Balloon Badminton  • 2:00 Court Birthday Tea with "Dahlia Wakefield" (Atrium)  • 2:00 Snacks & Conversations  28	Morning Music • 10:30 Sit & Be Fit  • 1:30 Lane Birthday Tea with "Sebastian Barrera"  • 2:00 Snacks & Conversations  29	Morning Music • 10:00 Ring Toss  • 12:30 Chaplain Visits  • 2:00 Snacks & Conversations  • 3:00 Afternoon Fun with Kiran  30			

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

OUR BELIEF

That seniors should experience the utmost comfort, joy and fulfillment in a supportive and thriving community.

OUR RESPONSIBILITY

To partner with our residents and families to co-create and serve as the model of excellence for seniors' housing and care.

OUR MANDATE

To be in conversation, and connection with those that help shape and strengthen our community To promote evidence-based practice and innovation in seniors' care To have a solid business foundation that enables long-term sustainability and increased access to our services.

CONTACT



Life Enrichment
Main Phone
780-930-3736



Court Reception
780-483-5361



Nursing Station
780-930-3734

LIFE ENRICHMENT STAFF

Co-ordinators: Vanessa, Erica, Kelly, Rus, Austin, Eric, Elora, Madi, Cassidy & Kiran

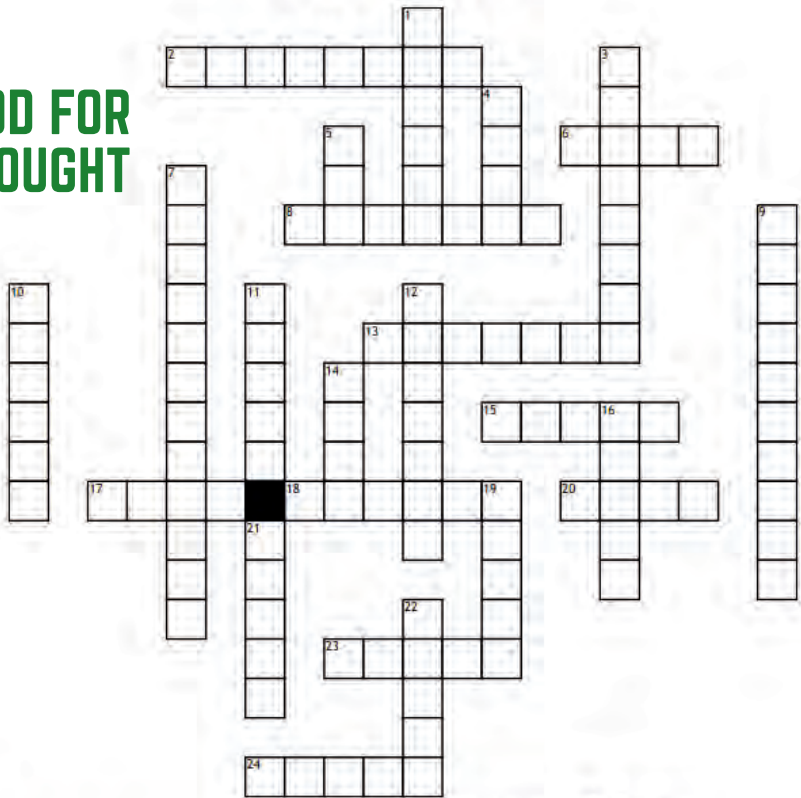
Supervisor: Chelcey Buck | Phone: 780-930-5817

Manager: Leana Nielsen | Phone: 780-930-5819



THIS MONTH'S ACTIVITIES

FOOD FOR THOUGHT



- Across**

2. Something you put on the BBQ

6. Bacon and...

8. The ^ on top of a number represents

13. To mix ingredients

15. A meal you have on Sunday

17. Yellow part of an egg

18. Breakfast food

20. You need to _____ the pasta before you eat it
- Down**

1. Salt and

3. Popular Australian spread

4. Something you cook on a birthday

5. Freezing water makes

7. Hot chocolate with

9. In the "eat most" area of the food pyramid is
10. Tea or

11. 1/3 is a

12. Appliance in the kitchen used to cook bread

14. Chinese fried

16. Fork, knife and

19. L stands for

21. Calcium gives you strong

22. How many glasses of water do you need a day
23. Freshly squeezed orange
24. An old wise tail suggest that _____ part of bread gives you Curley hair

Bananas grow in groups called hands, and each single banana is a finger.

Ketchup was sold as a medicine in the 1800s to cure stomach aches.

Nutella was invented in Italy because chocolate was very hard to find after World War II.

Honey never spoils, **carrots** used to be purple, and **bananas** are berries, but **strawberries** are not.

Spam is a mashup of the words "Spice" and "Ham".

The original pound cake recipe had just four ingredients, each weighing a pound.



Birthday Wishes

September 04 - Erika G.
September 18 - Howard B.
September 27 - Lowell W.



Welcome Wagon

Teresa F.
Erika G.
Madeline M.
Robert S.

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

OUR BELIEF

That seniors should experience the utmost comfort, joy and fulfillment in a supportive and thriving community.

OUR RESPONSIBILITY

To partner with our residents and families to co-create and serve as the model of excellence for seniors' housing and care.

OUR MANDATE

To be in conversation, and connection with those that help shape and strengthen our community To promote evidence-based practice and innovation in seniors' care To have a solid business foundation that enables long-term sustainability and increased access to our services.

CONTACT

Life Enrichment
Main Phone
780-930-3736

Court Reception
780-483-5361

Nursing Station
780-930-3734

LIFE ENRICHMENT STAFF

Co-ordinators: Vanessa, Erica, Kelly, Rus, Austin, Eric, Elora, Madi, Cassidy & Kiran
Supervisor: Chelcey Buck | Phone: 780-930-5817
Manager: Leana Nielsen | Phone: 780-930-5819

