













SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Morning Music <ul style="list-style-type: none">9:00 Life Enrichment Full Day to Planning Meeting 4:0012:30 Chaplain Visits2:00 Snacks and Conversation	Morning Music <ul style="list-style-type: none">10:00 Morning Exercise12:45 Lane Worship12:45 Music with Marg2:00 Snacks and Conversation	Morning Music <ul style="list-style-type: none">10:00 Table Ping-Pong10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium)2:00 Friday Entertainment with "Dahlia Wakefield" (Atrium)2:00 Snack & Conversation3:30 Afternoon Fun with Austin	Morning Music <ul style="list-style-type: none">1:15 Bean Bag Toss2:00 Snack and Conversation
	Morning Music <ul style="list-style-type: none">9:30 Inspirational Stories10:30 Ball Toss	Morning Music <ul style="list-style-type: none">10:00 Horse Races1:30 Storytime Giggles2:00 Snacks and Conversation	Morning Music <ul style="list-style-type: none">10:00 Sit & Be Fit1:30 Lane Entertainment with "Kelly Bourdage"2:00 Snacks & Conversation	Morning Music <ul style="list-style-type: none">10:00 Basketball12:30 Chaplain Visits1:30 Afternoon Art2:00 Snacks & Conversation	Morning Music <ul style="list-style-type: none">10:00 Morning Exercise12:45 Music with Marg2:00 Snacks and Conversation	Morning Music <ul style="list-style-type: none">10:00 Lane Entertainment with "Kristopher Brooks"2:00 Snacks & Conversations2:30 Nerf Gun Shooting
	5	6	7	8	9	10
Morning Music <ul style="list-style-type: none">10:30 Basketball2:30 Afternoon Walks with Austin	<div>Happy Thanksgiving</div> Morning Music <ul style="list-style-type: none">10:00 Bean Bag Toss2:00 Snacks and Conversations3:30 Afternoon Exercise	Morning Music <ul style="list-style-type: none">10:00 Table Tennis1:30 Brownie Day "see you at your door!"2:00 Snack and Conversation	Morning Music <ul style="list-style-type: none">9:30 Balloon Badminton12:30 Chaplain Visits1:30 Memory Joggers2:00 Snack & Conversation6:30 Lane Entertainment with "Ali Bright"	Morning Music <ul style="list-style-type: none">10:00 Morning Exercises12:45 Music with Marg2:00 Snacks & Conversation	Morning Music <ul style="list-style-type: none">10:00 Ball Toss10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium)2:00 Friday Entertainment with "Juke Box Leigh" (Atrium)2:00 Snack & Conversation3:30 Afternoon Fun with Austin	Morning Music <ul style="list-style-type: none">1:15 Afternoon Walks & Conversations2:00 Snacks and Conversation
12	13	14	15	16	17	18

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Morning Music</div> <div><div><div>• 9:30</div><div>Basketball</div><div></div></div><div><div>• 10:30</div><div>Morning Stories</div><div></div></div></div> <div>19</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Balloon Badminton</div><div></div></div><div><div>• 1:30</div><div>Courtyard Clean Up</div><div></div></div><div><div>• 2:00</div><div><div> Snacks & Conversation</div></div></div></div> <div>20</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Sit & Be Fit</div><div></div></div><div><div>• 1:30</div><div>Chocolate Sundaes with Vanessa!</div><div></div></div><div><div>• 2:00</div><div><div> Snacks & Conversations</div></div></div><div><div>• 3:00</div><div>Afternoon Music with “Mary Ellen Davidson” (Retro)</div><div></div></div></div> <div>21</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Bean Bag Toss</div><div></div></div><div><div>• 12:30</div><div>Chaplain Visits <i>*cancelled*</i></div><div></div></div><div><div>• 1:30</div><div>Inspirational Stories</div><div></div></div><div><div>• 2:00</div><div><div> Snacks and Conversations</div></div></div></div> <div>22</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Morning Exercise</div><div></div></div><div><div>• 12:45</div><div>Music with Marg</div><div></div></div><div><div>• 2:00</div><div><div> Snacks & Conversations</div></div></div></div> <div>23</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Table Ping-Pong</div><div></div></div><div><div>• 10:15</div><div>Mom & Tots “Do, Re, Mi, ABC” (Atrium)</div><div></div></div><div><div>• 2:00</div><div>Friday Entertainment with “Ali Bright” (Atrium)</div><div></div></div><div><div>• 2:00</div><div><div> Snack & Conversation</div></div></div><div><div>• 3:30</div><div>Afternoon Fun with Madi</div><div></div></div></div> <div>24</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Lane Entertainment with “Donna Lee Random”</div><div></div></div><div><div>• 2:00</div><div><div> Snack and Conversations</div></div></div><div><div>• 2:30</div><div>Afternoon Walks with Austin</div><div></div></div></div> <div>25</div>
<div>Morning Music</div> <div><div><div>• 10:30</div><div>Bean Bag Toss</div><div></div></div><div><div>• 2:30</div><div>Horse Races</div><div></div></div></div> <div>26</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Balloon Badminton</div><div></div></div><div><div>• 2:00</div><div>Court Birthday Tea with “Steven Tyler” (Atrium)</div><div></div></div><div><div>• 3:30</div><div>Basketball</div><div></div></div></div> <div>27</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Pumpkin Carving</div><div></div></div><div><div>• 1:30</div><div>Lane Birthday Tea with “Roy Marleau”</div><div></div></div><div><div>• 2:00</div><div><div> Snack & Conversation</div></div></div></div> <div>28</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Morning Exercise</div><div></div></div><div><div>• 12:30</div><div>Chaplain Visits</div><div></div></div><div><div>• 1:30</div><div>Halloween Craft</div><div></div></div><div><div>• 2:00</div><div><div> Snacks and Conversation</div></div></div></div> <div>29</div>	<div>Morning Music</div> <div><div><div>• 10:00</div><div>Storytime Giggles</div><div></div></div><div><div>• 12:45</div><div>Music with Marg</div><div></div></div><div><div>• 2:00</div><div><div> Snacks & Conversations</div></div></div></div> <div>30</div>	<div>Morning Music</div> <div><div><div>• 10:15</div><div>Mom & Tots “Do, Re, Mi, ABC” (Atrium)</div><div></div></div><div><div>• 1:00</div><div>Laurier Heights Costume Parade (Atrium)</div><div></div></div><div><div>• 2:00</div><div>Halloween Party with “Randy Glenn” (Atrium)</div><div></div></div><div><div>• 3:30</div><div>Afternoon Fun with Austin</div><div></div></div></div> <div>31</div>	

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

OUR BELIEF

That seniors should experience the utmost comfort, joy and fulfillment in a supportive and thriving community.

OUR RESPONSIBILITY

To partner with our residents and families to co-create and serve as the model of excellence for seniors' housing and care.

OUR MANDATE

To be in conversation, and connection with those that help shape and strengthen our community To promote evidence-based practice and innovation in seniors' care To have a solid business foundation that enables long-term sustainability and increased access to our services.

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819
Team Lead: Chelcey Buck | Phone: 780-930-5817
Co-ordinators: Vanessa, Erica, Kelly, Rus, Austin, Eric, Elora, Madi, Cassidy & Kiran

CONTACT



Life Enrichment
Main Phone
780-930-3736



Court Reception
780-483-5361



Nursing Station
780-930-3734



THIS MONTH'S ACTIVITIES

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3. A favorite kind of candy for many kids and adults.

4. What do you say on Halloween?

6. A popular costume with a tail and ears on a headband.

7. What costume has a pointed hat and a broom?

9. What is a common name for scary creatures?

10. A sparkling costume with a wand and a crown.

13. What do you say when you jump out and scare someone?

2. A costume that has wings.

5. A costume that is easy to make from a white sheet.

8. Hard candy on a stick.

11. What do kids eat on Halloween?

12. What is candy made of?

1. What is orange and is carved at halloween?

Down

October 31, 1517 – Martin Luther's 95 Thesis sparks the reformation.

October 1, 1908 - Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time.

October 5, 1947 – Harry Truman gives the first ever televised presidential address.

October 1, 1949 – The People's Republic of China is established.

October 30, 1990 - For the first time since the Ice Age, Great Britain was connected with the European continent, via a new rail tunnel under the English Channel.

Birthday Wishes

October 14 - Alan B.

October 23 - John W.

October 27 - Don C.

Welcome Wagon

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Canterbury FOUNDATION
The Promise of Home

ACCREDITED
ACCREDITATION AGREEMENT
CANADA

Crossword answers
Across
3. Chocolate
4. Trickortreat
6. Cat
7. Witch
9. Monsters
10. Princess
11. Candy
12. Sugar
Down
1. Jackolantern
2. Fairy
5. Ghost
13. Boo