



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Week 3 Menu <ul style="list-style-type: none"> 9:30 Exercises (Activity Room) 10:00 Pieces by Sharon (Atrium) to 3:00 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 10:30 Horse Races (Activity Room) 11:00 Catholic Mass with Father Dean (Chapel) 2:00 Cinco De Mayo Party with "The Young at Heart Band" (Atrium) 6:30 Friday Night Movie: "Toscana" (Activity Room) 	<ul style="list-style-type: none"> 9:30 Exercises (Court Exercise Room) 10:30 Shuffleboard (Activity Room) 1:00 Virtual Concert (Games Lounge)
					Week 4 Menu <ul style="list-style-type: none"> 9:30 Balloon Badminton (Atrium) 10:00 Coffee & Conversation *Independent* (Atrium) 10:30 Catholic Worship (Chapel) 1:00 Spring Piano Recital (Atrium) 	<ul style="list-style-type: none"> 9:45 Chair Yoga With Colleen (Activity Room) 10:00 to 3:30 Wheelchair Clinic (Court Activity Room) *call Life Enrichment to book appointment* 10:30 Trivia (Activity Room) 1:00 Book Reading (Activity Room) 2:15 Bible Study (Activity Room) 3:30 Cribbage (Atrium) 6:30 Scrabble (Activity Room)
Week 1 Menu MOTHER'S DAY <ul style="list-style-type: none"> 9:30 Balloon Badminton (Atrium) 10:00 Coffee & Conversation *Independent* (Atrium) 10:30 Catholic Worship (Chapel) 1:00 Card Bingo (Atrium) 	<ul style="list-style-type: none"> 9:45 Chair Yoga With Jeanette (Activity Room) 10:30 Trivia (Activity Room) 11:35 Tunes on the Ivories (Piano Lounge) 1:00 Book Reading (Activity Room) 1:30 Fashion Show by Claudia (Atrium) 2:15 Bible Study (Activity Room) 3:30 Cribbage (Atrium) 6:30 Scrabble (Activity Room) 	<ul style="list-style-type: none"> 9:30 Exercises (Activity Room) 9:30 Coach Trip to Meadowlark "sign up in mailroom" 10:30 Board Games (Atrium) 1:30 Manor Resident Meeting (Activity Room) 1:30 Ice Cream Sandwich Day "see you at your door!" 6:30 Cribbage (Fireside Lounge) ***Drop-in*** 	<ul style="list-style-type: none"> 9:30 Active Yoga with Pramila (Court Exercise Room) *location change* 10:00 to 3:00 ProCare Immunization Clinic (Activity Room) 1:15 Coach Trip: Wallish Greenhouse "sign up in mailroom" 1:30 Afternoon Art with Madi (Court Activity Room) 6:30 Tile Rummy (Activity Room) 7:00 Sound Opportunities (Atrium) 	<ul style="list-style-type: none"> 9:30 Exercises (Activity Room) 10:30 Card Bingo (Activity Room) 10:30 Baptist Worship with Rev. Carol & Rev. Jim (Chapel) 1:30 St Andrew's Coffee Party (Activity Room) 1:30 Horse Races (Atrium) 6:00 Cribbage (Atrium) 6:30 Shuffleboard Bowling (Activity Room) 	<ul style="list-style-type: none"> 9:30 Exercise (Activity Room) 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 10:30 Horse Races (Activity Room) 2:00 Friday Entertainment with "Emilio Demercato" (Atrium) 6:30 Friday Night Movie: "Queen of Katwe" (Activity Room) 	<ul style="list-style-type: none"> 9:30 Exercises (Court Exercise Room) 10:30 Shuffleboard (Activity Room) 1:00 Virtual Concert (Games Lounge) 1:00 Hand & Foot Canasta (Activity Room)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Week 2 Menu</p> <ul style="list-style-type: none"> 9:30 Balloon Badminton (Atrium) 10:00 Coffee & Conversation *Independent* (Atrium) 10:30 Catholic Worship (Chapel) <p style="text-align: right;">17</p>	<p>VICTORIA DAY</p> <ul style="list-style-type: none"> 9:45 Chair Yoga With Colleen (Activity Room) 10:30 Trivia (Activity Room) *cancelled* 1:00 Book Reading (Activity Room) 1:30 Hangman (Court Activity Room) 2:15 Bible Study (Activity Room) 3:30 Cribbage (Atrium) 6:30 Scrabble (Activity Room) <p style="text-align: right;">18</p>	<p>PLANTING WEEK LE Picking Up Plants!</p> <ul style="list-style-type: none"> 9:30 Exercises (Activity Room) 9:30 Coach Trip to Meadowlark "sign up in mailroom" 10:30 Sudoku Club (Chapel) *New Program* 1:00 Tunes on the Ivories (Atrium) 6:30 Cribbage (Fireside Lounge) ***Drop-In*** <p style="text-align: right;">19</p>	<p>PLANTING WEEK We Are Planting In The Court!</p> <ul style="list-style-type: none"> 9:30 Active Yoga with Pramila (Activity Room) 3:00 Sing For Fun with Vanessa (Chapel) 5:45 Jubilations Dinner Theatre "meet at reception" *for those who purchased tickets* 6:30 Tile Rummy (Activity Room) <p style="text-align: right;">20</p>	<p>PLANTING WEEK We Are Planting In The Manor!</p> <ul style="list-style-type: none"> 9:30 Exercises (Activity Room) *cancelled* 10:30 Anglican Worship with Rev. Colleen (Chapel) 1:00 Jeopardy (Activity Room) 2:00 Men's Club House (Court Activity Room) 3:00 Manor Happy Hour "don't forget your money!" 6:00 Cribbage (Atrium) 6:30 Shuffleboard Bowling (Activity Room) <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> 9:30 Exercises (Activity Room) 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 10:30 Horse Races (Activity Room) 11:00 Tunes on the Ivories (Piano Lounge) 2:00 Friday Entertainment with "Bob Gagnon" (Atrium) 6:30 Friday Night Movie: "Spotlight" (Activity Room) <p style="text-align: right;">22</p>	<ul style="list-style-type: none"> 9:30 Exercises (Court Exercise Room) 10:30 Shuffleboard (Activity Room) 1:00 Virtual Concert (Games Lounge) 1:00 Hand & Foot Canasta (Activity Room) 2:15 Bean Bag Toss (Atrium) *time change* <p style="text-align: right;">23</p>
<p>Week 3 Menu</p> <ul style="list-style-type: none"> 9:30 Pool Noodle Hockey (Atrium) 10:00 Coffee & Conversation *Independent* (Atrium) 10:30 Catholic Worship (Chapel) 1:00 Card Bingo (Atrium) <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> 9:45 Chair Yoga With Jeanette (Activity Room) 10:30 Trivia (Activity Room) 1:00 Book Reading (Activity Room) 2:00 Court Birthday Tea with "Marcy Small" (Atrium) 2:15 Bible Study (Activity Room) 3:30 Cribbage (Atrium) 6:30 Scrabble (Activity Room) 6:30 Edmonton Suzuki Strings (Atrium) <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> 9:30 Exercises (Activity Room) 9:30 Coach Trip to Meadowlark "sign up in mailroom" 10:30 Big Brain (Court Activity Room) 1:30 Drums & Fun! (Activity Room) 6:30 Cribbage (Fireside Lounge) **Drop-in** <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> 9:30 Active Yoga with Pramila (Activity Room) 9:30 Coach Trip: Freson Brothers "sign up in mailroom" 10:30 Penny Ante (Atrium) 1:30 Eat Street (Court Activity Room) 6:30 Tile Rummy (Activity Room) <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> 9:30 Exercises (Activity Room) 10:30 Card Bingo (Manor Activity Room) 10:30 Anglican Worship with Rev. Jordan 2:00 Manor Birthday Tea 6:30 Shuffleboard Bowling (Activity Room) <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> 9:30 Exercises (Activity Room) 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 10:30 Horse Races (Activity Room) 11:00 Tunes on the Ivories (Piano Lounge) 2:00 Friday Entertainment with "Lodge Pole Quintet" (Atrium) 6:30 Friday Night Movie: "Robot & Frank" (Activity Room) 6:30 Shabbat Service with Cantor David (Chapel) <p style="text-align: right;">29</p>	<ul style="list-style-type: none"> 9:30 Exercises (Court Activity Room) 10:30 Shuffleboard (Activity Room) 1:00 Virtual Concert (Court Games Lounge) <p style="text-align: right;">30</p>
<p>Week 4 Menu</p> <ul style="list-style-type: none"> 9:30 Balloon Badminton (Atrium) 10:00 Coffee & Conversation *Independent* (Atrium) 10:30 Catholic Worship (Chapel) 3:00 Hymn Sing (Chapel) <p style="text-align: right;">31</p>						

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

OUR BELIEF

That seniors should experience the utmost comfort, joy and fulfillment in a supportive and thriving community.

OUR RESPONSIBILITY

To partner with our residents and families to co-create and serve as the model of excellence for seniors' housing and care.


OUR MANDATE

To be in conversation, and connection with those that help shape and strengthen our community To promote evidence-based practice and innovation in seniors' care To have a solid business foundation that enables long-term sustainability and increased access to our services.

CONTACT

 Life Enrichment
Main Phone
780-930-3736

 Court Reception
780-483-5361

 Nursing Station
780-930-3734

LIFE ENRICHMENT STAFF

Co-ordinators: Vanessa, Erica, Kelly, Rus, Austin, Eric, Elora, Madi, Cassidy & Kiran

Supervisor: Chelcey Buck | Phone: 780-930-5817

Manager: Leana Nielsen | Phone: 780-930-5819


The Promise of Home





SUNDAY

MONDAY

TUESDAY

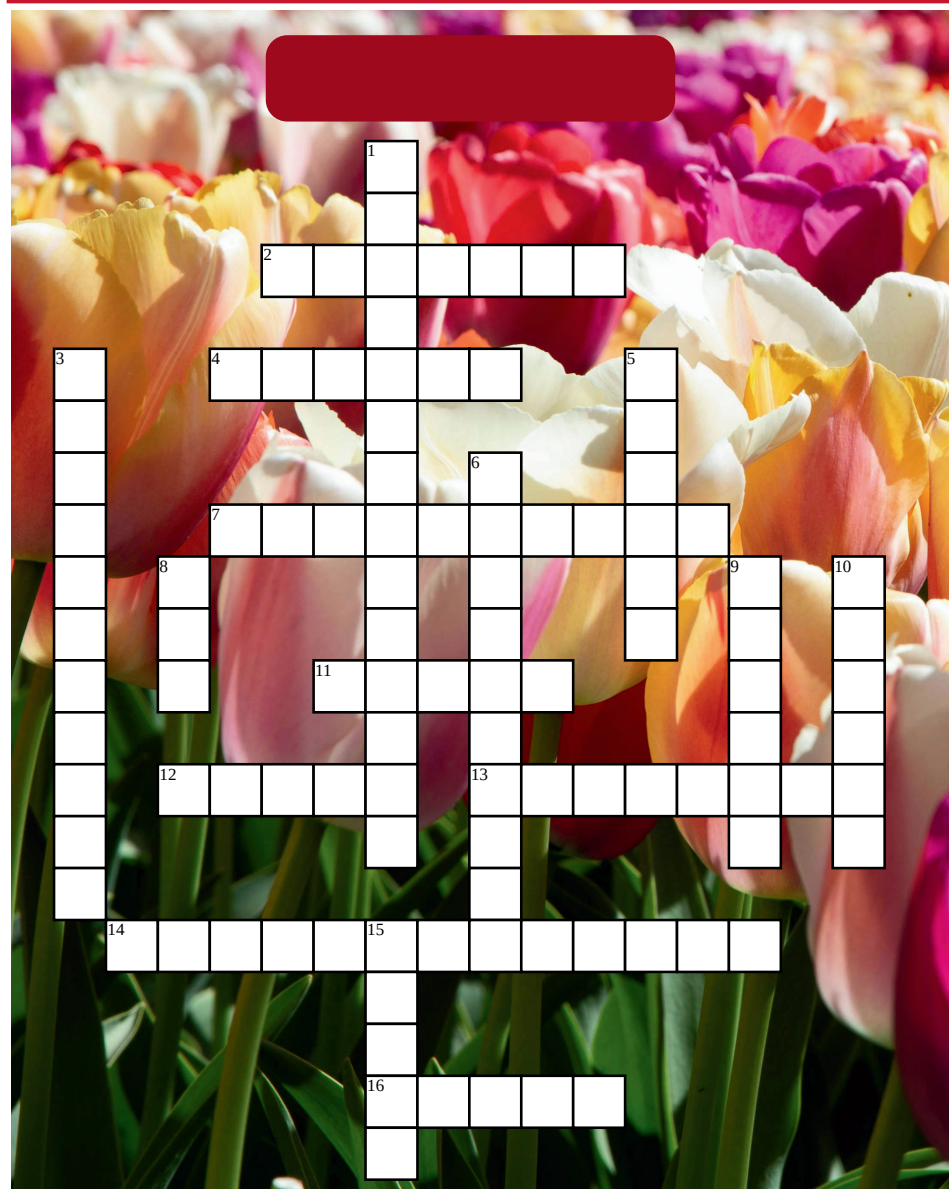
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

THIS MONTH'S ACTIVITIES



- Across**
- Birthstone
 - 2nd Zodiac sign
 - April showers brought these
 - How many people are celebrating their 1 year this May
 - Kimara and _____ started in May 22 years ago
 - May 4th: _____ Day
 - The first race of the triple crown
 - May 5: _____ de Mayo
- Down**
- 2nd Saturday (for Minnesota)
 - Last Monday of the month
 - 1st Zodiac sign
 - 2nd Sunday
 - Susan birthday month, so we'll have _____
 - May 1
 - Who's birthday is tomorrow?
 - Who has the most years at Ecolab? (That started in May)

FUN FACTS

- Bald Eagles mate for life. Including its territories, France has 12 time zones, the most of any other country.
- It takes roughly 540 peanuts to make a jar of peanut butter.
- A silverback gorilla can lift over 1,763 pounds.
- Australia is wider than the moon.
- Competitive art used to be an Olympic sport.
- Lemons float in water, but limes sink.
- The Eiffel Tower was originally made for Barcelona.



Birthday Wishes

- May 01 - Doreen C.
- May 02 - Doreen L.
- May 06 - Doris L.
- May 12 - Roslyn B.
- May 13 - Norma M.
- May 19 - Charles G.
- May 22 - Frances A.
- May 24 - Alice K.
- May 24 - Shirley R.
- May 31 - Donna W.



Welcome Wagon

- Robert B.
- Helen F.
- Penny J.
- Ian K.

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