























SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<div>Week 4 Menu</div> <div><div>• 9:30 Exercises (Activity Room) </div><div>• 10:30 Lutheran Worship with Rev. Greg (Chapel) </div><div>• 1:30 Guest Speaker: The Power of Wills &amp; Tax Saving (Manor Activity Room)</div><div>• 1:30 Horse Races (Atrium)</div><div>• 6:30 Shuffleboard Bowling (Activity Room)</div></div> <div>1</div>	<div><div>• 9:30 Stretch &amp; Strength (Activity Room)</div><div>• 9:30 Coach Trip to Bountiful Market “sign up in mailroom” </div><div>• 10:15 Mom &amp; Tots “Do, Re, Mi, ABC” (Atrium)</div><div>• 10:30 Horse Races (Activity Room)</div><div>• 11:00 Catholic Mass with Father Dean (Chapel)</div><div>• 2:00 Cinco de Mayo with “The Young at Heart Band” (Atrium)</div><div>• 6:30 Friday Night Movie: “His Girl Friday” (Activity Room) </div></div> <div>2</div>	<div><div>• 10:30 Shuffleboard (Activity Room)</div><div>• 1:00 Virtual Concert (Games Lounge)</div><div>• 2:00 The Ukel Ladies  (Manor Piano Lounge)</div></div> <div>3</div>
<div>Week 1 Menu</div> <div><div>• 10:00 Coffee &amp; Conversation *Independent* (Atrium)</div><div>• 10:30 Catholic Worship (Chapel) </div></div> <div>4</div>	<div>CINCO DE MAYO</div> <div><div>• 9:45 Active Yoga With Colleen (Activity Room) </div><div>• 10:30 Trivia (Activity Room)</div><div>• 1:30 LaPerle School Children’s Choir (Atrium) </div><div>• 2:00 Bible Study (Activity Room)</div><div>• 6:30 Scrabble/Whist (Activity Room)</div></div> <div>5</div>	<div><div>• 9:30 Coach Trip to Meadowlark “sign up in the mailroom” </div><div>• 10:30 Big Brain (Court Activity Room)</div><div>• 1:00 Book Reading (Activity Room)</div><div>• 1:30 Coach Trip to Apache Seeds “sign up in the mailroom.” </div><div>• 1:30 Music &amp; Meanders (Atrium)</div><div>• 6:30 Cribbage (Fireside Lounge) ***Drop-In***</div></div> <div>6</div>	<div><div>• 9:30 Active Yoga With Pramila (Activity Room) </div><div>• 9:00 Life Enrichment Half Day to Planning Meeting 12:00</div><div>• 1:30 Coach Trip to Wallish Greenhouse “sign up in mailroom”</div><div>• 3:00 Sing for Fun (Chapel)</div><div>• 6:30 Tile Rummy (Activity Room)</div><div>• 7:00 Sound Opportunities (Atrium)</div></div> <div>7</div>	<div><div>• 9:30 Exercises (Activity Room) </div><div>• 10:30 Card Bingo (Activity Room) </div><div>• 10:30 Baptist Worship with Rev. Carol &amp; Rev. Jim (Chapel) </div><div>• 2:00 Cookies &amp; Conversation (Fire Side Lounge)</div><div>• 2:00 Health Arts Society (Atrium)</div><div>• 3:00 Manor Happy Hour “don’t forget your money!” </div><div>• 6:30 Shuffleboard Bowling (Activity Room)</div></div> <div>8</div>	<div><div>• 9:30 Stretch &amp; Strength (Activity Room) </div><div>• 10:15 Mom &amp; Tots “Do, Re, Mi, ABC” (Atrium) </div><div>• 10:30 Horse Races (Activity Room)</div><div>• 2:00 Mother’s Day Tea with “Central Lions Band” (Atrium) </div><div>• 6:30 Friday Night Movie: “Knives Out: Glass Onion” (Activity Room) </div></div> <div>9</div>	<div><div>• 9:30 Exercise (Exercise Room) </div><div>• 10:30 Shuffleboard (Activity Room)</div><div>• 1:30 Concordia Community Concert  (Atrium)</div></div> <div>10</div>
<div>Week 2 Menu</div> <div>MOTHER’S DAY!</div> <div><div>• 9:30 Balloon Badminton (Atrium)</div><div>• 10:00 Coffee &amp; Conversation *Independent* (Atrium)</div><div>• 10:30 Catholic Worship (Chapel)</div><div>• 1:00 Hangman (Court Activity Room)</div></div> <div>11</div>	<div><div>• 9:45 Active Yoga With Jeanette (Activity Room)</div><div>• 10:30 Trivia (Activity Room)</div><div>• 1:00 Windsor Park School Children’s Choir (Atrium) </div><div>• 2:00 Bible Study (Activity Room)</div><div>• 6:30 Scrabble/Whist (Activity Room)</div></div> <div>12</div>	<div><div>• 10:30 Bolongo Ball (Atrium)</div><div>• 1:00 Book Reading *cancelled* (Activity Room)</div><div>• 1:30 Manor Resident Meeting (Activity Room)</div><div>• 1:30 Card Bingo (Atrium)</div><div>• 6:30 Cribbage (Fireside Lounge) ***Drop-in***</div></div> <div>13</div>	<div><div>• 9:30 Active Yoga with Pramila (Activity Room) </div><div>• 9:30 Coach Trip to Meadowlark “sign up in mailroom” </div><div>• 12:30 Shop Easy to 3:30 (Manor Lobby Lounge)</div><div>• 1:30 Ice Cream Day “see you at your door” </div><div>• 6:30 Tile Rummy (Activity Room)</div></div> <div>14</div>	<div><div>• 9:30 Exercises (Activity Room) </div><div>• 10:30 Card Bingo (Activity Room) </div><div>• 10:30 Anglican Worship with Rev. Colleen (Chapel)</div><div>• 1:30 Fashion Show by Claudia (Atrium)</div><div>• 6:30 Shuffleboard Bowling (Activity Room)</div></div> <div>15</div>	<div><div>• 9:30 Stretch &amp; Strength (Activity Room) </div><div>• 10:15 Mom &amp; Tots “Do, Re, Mi, ABC” (Atrium) </div><div>• 10:30 Horse Races (Activity Room)</div><div>• 2:00 Friday Entertainment with “Juke Box Leigh” (Atrium) </div><div>• 6:30 Friday Night Movie: “JOY” (Activity Room) </div></div> <div>16</div>	<div><div>• 10:30 Shuffleboard (Activity Room)</div><div>• 1:00 Virtual Concert (Games Lounge)</div></div> <div>17</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Week 3 Menu</div> <div><div>• 10:00 Coffee &amp; Conversation *Independent* (Atrium)</div><div>• 10:30 Catholic Worship (Chapel) </div></div> <div>18</div>	<div>VICTORIA DAY</div> <div><div>• 9:45 Active Yoga With Colleen (Activity Room)</div><div>• 10:30 Trivia (Activity Room)</div><div>• 1:30 Super Bingo  “you play, we pay!” (Atrium)</div><div>• 2:00 Bible Study (Activity Room) *cancelled*</div><div>• 6:30 Scrabble/Whist (Activity Room)</div></div> <div>19</div>	<div>PLANTING WEEK! LE Team Picking up Plants</div> <div><div>• 9:30 Coach Trip to Meadowlark “sign up in mailroom” </div><div>• 10:30 Bean Bag Toss (Atrium)</div><div>• 1:00 Book Reading (Activity Room)</div><div>• 6:30 Cribbage (Fireside Lounge) ***Drop-In***</div></div> <div>20</div>	<div>PLANTING WEEK! We are Planting in the Court!</div> <div><div>• 9:30 Active Yoga with Pramila (Activity Room) </div><div>Planting in the Court! Come Lend a Hand.</div><div>• 3:00 Sing for Fun (Chapel)</div><div>• 6:30 Tile Rummy (Act. Rm)</div></div> <div>21</div>	<div>PLANTING WEEK! We are Planting in the Manor!</div> <div><div>• 9:30 Exercises (Activity Room) *cancelled*</div><div>• 10:30 Anglican Worship with Rev. David (Chapel) </div><div>• 1:30 St. Andrew’s Coffee Party (Activity Room)</div><div>• 6:30 Shuffleboard Bowling (Activity Room)</div></div> <div>22</div>	<div><div>• 9:30 Stretch &amp; Strength (Activity Room)</div><div>• 10:15 Mom &amp; Tots “Do, Re, Mi, ABC” (Atrium) </div><div>• 10:30 Horse Races (Activity Room)</div><div>• 2:00 Friday Entertainment with “The Britz” (Atrium) </div><div>• 6:30 Friday Night Movie: “Champions” (Activity Room) </div><div>• 6:30 Shabbat Service with Cantor David (Chapel) </div></div> <div>23</div>	<div><div>• 10:30 Shuffleboard (Activity Room)</div><div>• 1:00 Virtual Concert (Games Lounge)</div><div>• 2:30 Big Brain (Court Activity Room)</div></div> <div>24</div>
<div>Week 4 Menu</div> <div><div>• 9:30 Bolongo Ball (Atrium)</div><div>• 10:00 Coffee &amp; Conversation *Independent* (Atrium)</div><div>• 10:30 Catholic Worship (Chapel)</div><div>• 1:00 Card Bingo (Atrium)</div><div>• 3:00 Hymn Sing (Chapel) </div></div> <div>25</div>	<div><div>• 9:45 Active Yoga With Jeanette (Activity Room) </div><div>• 10:30 Trivia (Activity Room)</div><div>• 2:00 Bible Study (Activity Room)</div><div>• 2:00 Court Birthday Tea with  “Roy Marleau” (Atrium)</div><div>• 6:30 Scrabble/Whist (Activity Room)</div></div> <div>26</div>	<div><div>• 9:30 Coach Trip to Meadowlark “sign up in mailroom” </div><div>• 10:30 Balloon Badminton (Atrium)</div><div>• 1:00 Book Reading (Activity Room)</div><div>• 6:30 Cribbage (Fireside Lounge) **Drop-in**</div></div> <div>27</div>	<div><div>• 9:30 Active Yoga With Pramila (Activity Room)</div><div>• 10:30 Hangman (Court Activity Room)</div><div>• 1:30 Plus Size Creations to (Manor Lobby Lounge) 3:00</div><div>• 1:30 Courtyard Conversations (Court Courtyard)</div><div>• 6:30 Tile Rummy (Activity Room)</div></div> <div>28</div>	<div><div>• 9:30 Exercises (Activity Room)</div><div>• 10:30 Anglican Worship with Rev. David Bruce (Chapel) </div><div>• 2:00 Manor Birthday Tea </div><div>• 3:00 Happy Hour “don’t forget your money!”</div><div>• 6:30 Shuffleboard Bowling (Activity Room)</div></div> <div>29</div>	<div><div>• 9:30 Stretch &amp; Strength (Activity Room)</div><div>• 10:15 Mom &amp; Tots “Do, Re, Mi, ABC” (Atrium) </div><div>• 10:30 Horse Races (Activity Room)</div><div>• 2:00 Friday Entertainment with “Mike Chenoweth” (Atrium)</div><div>• 6:30 Friday Night Movie: “Penguin Bloom” (Activity Room)</div></div> <div>30</div>	<div><div>• 9:30 Exercises (Exercise Room) </div><div>• 10:30 Shuffleboard (Activity Room)</div><div>• 1:00 Walking Tour (Games Lounge)</div></div> <div>31</div>

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

LIFE ENRICHMENT STAFF

**Manager:** Leana Nielsen | Phone: 780-930-5819  
**Team Lead:** Chelcey Buck | Phone: 780-930-5817  
**Co-ordinators:** Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus, Elora & Madi

CONTACT

 Life Enrichment Main Phone 780-930-3736	 Court Reception 780-483-5361	 Nursing Station 780-930-3734
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THIS MONTH'S ACTIVITIES

MERRY MONTH OF MAY  
Word Search

E	B	H	C	Q	Q	U	Z	O	K	W	G	E	M	I	N	I	P	J
N	O	Y	A	M	E	D	O	C	N	I	C	S	G	O	G	D	J	Y
I	L	Y	P	A	V	D	J	T	J	L	Y	A	G	P	L	A	N	T
H	X	L	B	V	N	M	Y	A	D	S	R	E	H	T	O	M	G	E
S	E	E	D	S	Q	M	O	I	L	D	I	I	L	T	E	Q	L	F
N	E	C	J	I	Y	E	D	M	E	E	W	C	S	L	L	N	I	K
U	C	D	L	Q	W	M	G	N	I	R	P	S	Q	N	O	N	N	U
S	U	K	N	O	I	O	E	X	Q	S	U	V	C	F	P	L	H	A
Q	W	P	E	E	S	R	E	N	K	F	Z	G	P	A	Y	A	Z	G
H	O	H	O	S	E	I	B	L	D	Y	L	F	T	A	A	R	F	L
M	M	F	E	H	V	A	E	B	C	V	O	H	T	U	M	E	O	F
N	U	Q	C	F	S	L	L	N	U	H	X	A	Q	V	L	W	L	F
A	E	A	L	E	O	D	B	B	E	T	N	T	I	S	M	O	S	C
G	E	E	B	A	H	A	M	Z	L	I	T	A	M	D	W	M	Y	X
T	F	A	R	L	D	Y	U	B	P	O	E	E	N	E	S	N	W	D
Q	L	Z	F	G	M	Y	B	I	N	S	S	J	R	N	R	W	C	W
L	B	Y	O	D	A	B	B	P	A	T	Z	S	S	F	H	A	Y	Z
I	Y	Y	Z	T	A	U	R	U	S	G	O	E	O	O	L	L	S	G
Y	O	O	Q	F	I	S	K	R	G	F	D	G	U	M	Y	Y	R	J

GARDEN	LAWNMOWER	MOTHERS DAY	SPRING
GEMINI	MAYPOLE	PIÑATA	SUNSHINE
GREEN	MEMORIAL DAY	PLANT	TAURUS
LADYBUG	MOM	SEEDS	TEACHER

Victoria Day

Celebrating Queen Victoria  
1837 - 1901

HELLO MAY

Happy Mother's Day

The heart of a home is a mother  
Whose love is warm and true,  
And home has always been "sweet home"  
With a wonderful mother like you!



Birthday Wishes

- May 01 - Doreen C.
- May 02 - Doreen L.
- May 06 - Doris L.
- May 13 - Norma M.
- May 16 - Hymie L.
- May 22 - Fran A.
- May 24 - Shirley R.
- May 24 - Alice K.
- May 31 - Donna W.



Welcome Wagon

Jane F.

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