

MAY 2025

LIFE ENRICHMENT PROGRAMS



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Week 4 Menu <ul style="list-style-type: none"> 9:30 Stretch & Strength (Exercise Room) 10:30 Coffee & Discussions with Vanessa 10:30 Lutheran Worship with Rev. Greg (Chapel) 1:30 Horse Races (Atrium) 1	<ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 11:00 Catholic Mass with Father Dean (Chapel) 2:00 Cinco De Mayo with "The Young at Heart Band" (Atrium) 6:00 Friday Night Movie: "Champions" (Games Lounge) 2	<ul style="list-style-type: none"> 9:30 Sing-A-Long 10:00 Coffee & Conversation (Atrium) *Independent* 10:30 Obie Fun! 1:00 Virtual Concert (Games Lounge) 2:00 The Ukel Ladies (Manor Piano Lounge) 3
Week 1 Menu <ul style="list-style-type: none"> 10:00 Coffee & Conversation *Independent* (Atrium) 10:30 Catholic Worship (Chapel) 1:15 1:1 Visits 4	CINCO DE MAYO <ul style="list-style-type: none"> 9:00 Active Yoga With Colleen (Exercise Room) 10:00 Inspirational Stories 10:30 Crosswords (Court Activity Room) 1:30 LaPerle School Children's Choir (Atrium) 2:45 Puzzle Time (Retro) 5	<ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:30 Big Brain (Court Activity Room) 1:30 Music & Meanders (Atrium) 1:30 Chaplain Visits 6	<ul style="list-style-type: none"> 9:30 Exercise (Exercise Room) *cancelled* 9:00 Life Enrichment Half Day Planning Meeting 12:00 1:30 Afternoon Exercise (Exercise Room) 3:00 Sing For Fun (Chapel) 6:00 Evenings with Austin 7:00 Sound Opportunities (Atrium) 7	<ul style="list-style-type: none"> 9:30 Stretch & Strength (Exercise Room) 10:00 Haven Birthday Tea with "Jeff Ramsey" 10:30 Baptist Worship with Rev. Carol & Rev. Jim (Chapel) 2:00 Health Arts Society (Atrium) 3:00 Manor Happy Hour "don't forget your money!" 6:30 Days End Discussions 8	<ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 2:00 Mother's Day Tea with "Central Lions Band" (Atrium) 6:00 Friday Night Movie: "Searching for Bobby Fischer" (Games Lounge) 9	<ul style="list-style-type: none"> 9:30 Exercise (Exercise Room) 10:00 Coffee & Conversation (Atrium) *Independent* 1:30 Concordia Community Concert (Atrium) 10
Week 2 Menu MOTHER'S DAY <ul style="list-style-type: none"> 9:30 Balloon Badminton (Atrium) 10:00 Coffee & Conversations *Independent* (Atrium) 10:00 Haven Entertainment with "Bob Gagnon" 10:30 Catholic Worship (Chapel) 1:00 Hangman (Court Activity Room) 11	<ul style="list-style-type: none"> 9:00 Active Yoga With Jeanette (Exercise Room) 10:00 Art with Audra 10:30 Crosswords (Court Activity Room) 1:30 Windsor Park School Children's Choir (Atrium) 1:30 Hand Massages 2:45 Pet Therapy (Retro) 12	<ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:30 Bolongo Ball (Atrium) 1:30 Chaplain Visits 1:30 Card Bingo (Atrium) 13	<ul style="list-style-type: none"> 9:30 Exercise (Exercise Room) 10:30 Memory Magic (Atrium) 12:30 to 3:30 Shop Easy (Manor Lobby Lounge) 1:30 Ice Cream Day "see you at your door!" 6:00 Evenings with Austin 6:30 Evening Show: "M*A*S*H" (Games Lounge) 14	<ul style="list-style-type: none"> 9:30 Stretch & Strength (Exercise Room) 10:00 Walks & Conversations 10:30 Anglican Worship with Rev. Colleen (Chapel) 1:30 Fashion Show by Claudia (Atrium) 15	<ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 2:00 Friday Entertainment with "Juke Box Leigh" (Atrium) 6:00 Friday Night Movie: "Singing in the Rain" (Games Lounge) 16	<ul style="list-style-type: none"> 9:30 "Chicken Soup for the Soul" stories with Audra 10:00 Coffee & Conversation (Atrium) *Independent* 10:30 Balloon Badminton 1:00 Virtual Concert (Games Lounge) 17

MAY 2025

LIFE ENRICHMENT PROGRAMS



HAVEN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 3 Menu <ul style="list-style-type: none"> 10:00 Coffee & Conversation *Independent* (Atrium) 10:30 Catholic Worship (Chapel) 1:15 Balloon Badminton (Retro) 	VICTORIA DAY <ul style="list-style-type: none"> 9:00 Active Yoga with Colleen (Exercise Room) 10:00 Morning Walks & Talks with Audra 10:30 Crosswords (Court Activity Room) 1:30 Super Bingo "you play, we pay!" (Atrium) 	PLANTING WEEK! <i>LE Team is Picking up Plants!</i> <ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:30 Bean Bag Toss (Atrium) 1:00 Chaplain Visits 1:30 Music & Meanders (Atrium) 	PLANTING WEEK! <i>We are Planting in the Court!</i> <ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) *cancelled* 3:00 Sing for Fun (Chapel) 6:00 Evenings with Austin 6:00 Evening Show: "M*A*S*H" (Games Lounge) 	PLANTING WEEK! <i>We are Planting in the Manor!</i> <ul style="list-style-type: none"> 9:30 Stretch & Strength (Exercise Room) *cancelled* 10:00 Haven Entertainment with "David Woods" 10:30 Anglican Worship with Rev. David (Chapel) 	<ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 2:00 Friday Entertainment with "The Britz" (Atrium) 6:00 Friday Night Movie: "Penguin Bloom" (Games Lounge) 6:30 Shabbat Service with Cantor David (Chapel) 	<ul style="list-style-type: none"> 9:30 Exercise (Atrium) 10:00 Coffee and Conversation (Atrium) *Independent 1:00 Virtual Concert (Games Lounge) 2:30 Big Brain (Court Activity Room)
18	19	20	21	22	23	24
Week 4 Menu <ul style="list-style-type: none"> 9:30 Bolongo Ball (Atrium) 10:00 Haven Entertainment with "Juke Box Leigh" 10:30 Catholic Worship (Chapel) 1:00 Card Bingo (Atrium) 3:00 Hymn Sing (Chapel) 	<ul style="list-style-type: none"> 9:00 Active Yoga with Jeanette (Exercise Room) 10:00 1:1 Visits 10:30 Crosswords (Court Activity Room) 2:00 Court Birthday Tea with "Roy Marleau" (Atrium) 	<ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:30 Balloon Badminton (Atrium) 1:15 Court Mystery Drive "sign up at reception" 1:30 Chaplain Visits 3:00 Afternoon Music with "Mary Ellen Davidson" (Retro) 	<ul style="list-style-type: none"> 9:30 Exercise (Exercise Room) 10:30 Hangman (Court Activity Room) 1:30 Plus Size Creations (Manor Lobby Lounge) 1:30 Courtyard Conversations (Court Courtyard) 6:00 Evenings with Austin 6:00 Evening Show: "M*A*S*H" (Games Lounge) 	<ul style="list-style-type: none"> 9:30 Stretch & Strength (Exercise Room) 10:00 Obie Fun! 10:30 Anglican Worship with Rev. David Bruce (Chapel) 1:30 Popcorn & Movie "2 Mules for Sister Sara" (Games Lounge) 3:00 Happy Hour (Manor Lobby Lounge) "don't forget your money" 6:30 Days End Discussions 	<ul style="list-style-type: none"> 9:30 Exercises (Exercise Room) 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 2:00 Friday Entertainment with "Mike Chenoweth" (Atrium) 6:00 Friday Night Movie: "Ocean's Eleven" (Games Lounge) 	<ul style="list-style-type: none"> 9:30 Morning Walks 10:00 Coffee and Conversation (Atrium) *Independent 1:00 Virtual Concert (GL)
25	26	27	28	29	30	31

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
🎩	Formal Event/Attire

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819

Team Lead: Chelcey Buck | Phone: 780-930-5817

Co-ordinators: Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus, Elora & Madi

CONTACT

Life Enrichment
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780-930-3736



Court Reception
780-483-5361



Nursing Station
780-930-3734

Canterbury
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SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

THIS MONTH'S ACTIVITIES

MERRY MONTH OF MAY

Word Search



GARDEN LAWNMOWER MOTHERS DAY SPRING
GEMINI MAYPOLE PIÑATA SUNSHINE
GREEN MEMORIAL DAY PLANT TAURUS
LADYBUG MOM SEEDS TEACHER



Birthday Wishes

May 22 - Florence M.



Welcome Wagon

Betty N.
Faye D.P.

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