

































SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<div>Week 4 Menu</div> <div><div>• 9:30 Stretch & Strength (Exercise Room) </div><div>• 10:30 Lutheran Worship with Rev. Greg (Chapel) </div><div>• 1:30 Horse Races (Atrium) 1</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:15 Mom & Tots “Do, Re, Mi, ABC” (Atrium) </div><div>• 11:00 Catholic Mass with Father Dean (Chapel)</div><div>• 2:00 Cinco De Mayo with “The Young at Heart Band” (Atrium) </div><div>• 6:00 Friday Night Movie: “Champions” (Games Lounge) </div><div>2</div></div>	<div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 1:00 Virtual Concert (Games Lounge)</div><div>• 2:00 The Ukel Ladies (Manor Piano Lounge) </div><div>3</div></div>
<div>Week 1 Menu</div> <div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 10:30 Catholic Worship (Chapel) </div><div>4</div></div>	<div>CINCO DE MAYO</div> <div><div>• 9:00 Active Yoga With Colleen (Exercise Room) </div><div>• 10:30 Crosswords (Court Activity Room)</div><div>• 1:30 LaPerle School Children’s Choir (Atrium) </div><div>5</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:30 Big Brain (Court Activity Room)</div><div>• 1:30 Music & Meanders (Atrium) </div><div>6</div></div>	<div><div>• 9:30 Exercise (Exercise Room) *cancelled*</div><div>• 9:00 Life Enrichment Half Day to Planning Meeting 12:00</div><div>• 1:30 Afternoon Exercise (Exercise Room) </div><div>• 3:00 Sing for Fun (Chapel) </div><div>• 7:00 Sound Opportunities (Atrium)</div><div>7</div></div>	<div><div>• 9:30 Stretch & Strength (Exercise Room)</div><div>• 10:30 Baptist Worship with Rev. Carol & Rev. Jim (Chapel) </div><div>• 2:00 Health Arts Society (Atrium)</div><div>• 3:00 Manor Happy Hour “don’t forget your money” </div><div>8</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:15 Mom & Tots “Do, Re, Mi, ABC” (Atrium) </div><div>• 2:00 Mother’s Day Tea with “Central Lions Band” (Atrium) </div><div>• 6:00 Friday Night Movie : “Searching for Bobby Fischer” (Games Lounge) </div><div>9</div></div>	<div><div>• 9:30 Exercise (Exercise Room)</div><div>• 10:00 Coffee and Conversation (Atrium) *Independent </div><div>• 1:30 Concordia Community Concert (Atrium) </div><div>10</div></div>
<div>Week 2 Menu</div> <div>MOTHER’S DAY!</div> <div><div>• 9:30 Balloon Badminton (Atrium) </div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 10:30 Catholic Worship (Chapel) </div><div>• 1:00 Hangman (Court Activity Room)</div><div>11</div></div>	<div><div>• 9:00 Active Yoga With Jeanette (Exercise Room)</div><div>• 10:30 Crosswords (Court Activity Room)</div><div>• 1:00 Windsor Park School Children’s Choir (Atrium) </div><div>12</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:30 Bolongo Ball (Atrium)</div><div>• 1:30 Card Bingo (Atrium) </div><div>13</div></div>	<div><div>• 9:30 Exercises (Exercise Room) </div><div>• 10:30 Memory Magic (Atrium)</div><div>• 12:30 Shop Easy to 3:30 (Manor Lobby Lounge)</div><div>• 1:30 Ice Cream Day “see you at your door” </div><div>• 6:30 Evening Show: “M*A*S*H” (Games Lounge)</div><div>14</div></div>	<div><div>• 9:30 Stretch & Strength (Exercise Room) </div><div>• 10:30 Anglican Worship with Rev. Colleen (Chapel)</div><div>• 1:30 Fashion Show by Claudia (Atrium)</div><div>15</div></div>	<div><div>• 9:30 Exercises (Exercise Room) </div><div>• 10:15 Mom & Tots “Do, Re, Mi, ABC” (Atrium) </div><div>• 2:00 Friday Entertainment with “Juke Box Leigh” (Atrium) </div><div>• 6:00 Friday Night Movie: “Singing in the Rain” (Games Lounge) </div><div>16</div></div>	<div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 1:00 Virtual Concert (Games Lounge)</div><div>17</div></div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Week 3 Menu</div> <div><div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 10:30 Catholic Worship (Chapel)</div></div><div><div>+</div><div>18</div></div></div>	<div>VICTORIA DAY</div> <div><div><div>• 9:00 Active Yoga With Colleen (Exercise Room)</div><div>• 10:30 Crosswords (Court Activity Room)</div><div>• 1:30 Super Bingo "you play, we pay!" (Atrium)</div></div><div><div></div><div>19</div></div></div>	<div>PLANTING WEEK</div> <div>LE Team is Picking up Plants!</div> <div><div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:30 Bean Bag Toss (Atrium)</div><div>• 1:30 Music & Meanders (Atrium)</div></div><div><div></div><div>20</div></div></div>	<div>PLANTING WEEK!</div> <div>We are Planting in the Court!</div> <div><div><div>• 9:30 Exercises (Exercise Room) *cancelled*</div><div>• 3:00 Sing for Fun (Chapel)</div><div>• 6:00 Evening Show: "M*A*S*H" (Games Lounge)</div></div><div><div></div><div>21</div></div></div>	<div>PLANTING WEEK!</div> <div>We are Planting in the Manor!</div> <div><div><div>• 9:30 Stretch & Strength (Exercise Room) *cancelled*</div><div>• 10:30 Anglican Worship with Rev. David (Chapel)</div></div><div><div><div>+</div><div>22</div></div></div></div>	<div>Exercises (Exercise Room)</div> <div><div><div>• 9:30</div><div>• 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium)</div><div>• 2:00 Friday Entertainment with "The Britz" (Atrium)</div><div>• 6:00 Friday Night Movie: "Penguin Bloom" (Games Lounge)</div><div>• 6:30 Shabbat Service with Cantor David (Chapel)</div></div><div><div></div><div>23</div></div></div>	<div>Garden Watering</div> <div><div><div>• 9:30 Exercise (Exercise Room)</div><div>Coffee and Conversation (Atrium) *Independent</div><div>• 10:00</div><div>Virtual Concert (Games Lounge)</div><div>• 1:00</div><div>Big Brain (Court Activity Room)</div><div>• 2:30</div></div><div><div></div><div>24</div></div></div>
<div>Week 4 Menu</div> <div><div><div>• 9:30 Bolongo Ball (Atrium)</div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 10:30 Catholic Worship (Chapel)</div><div>• 1:00 Card Bingo (Atrium)</div><div>• 3:00 Hymn Sing (Chapel)</div></div><div><div><div>+</div><div>25</div></div></div></div>	<div>Garden Watering</div> <div><div><div>• 9:00 Active Yoga With Jeanette (Exercise Room)</div><div>• 10:30 Crosswords (Activity Room)</div><div>• 2:00 Court Birthday Tea with "Roy Marleau" (Atrium)</div></div><div><div><div></div><div>26</div></div></div></div>	<div><div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:30 Balloon Badminton (Atrium)</div><div>• 1:15 Court Mystery Drive "sign up at reception"</div></div><div><div><div></div><div>27</div></div></div></div>	<div>Garden Watering</div> <div><div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:30 Memory Magic (Atrium)</div><div>• 1:30 Plus Size Creations to (Manor Lobby Lounge)</div><div>• 1:30 Courtyard Conversations (Court Courtyard)</div><div>• 6:00 Evening Show: "M*A*S*H" (Games Lounge)</div></div><div><div><div></div><div>28</div></div></div></div>	<div><div><div>• 9:30 Stretch & Strength (Exercise Room)</div><div>• 10:30 Anglican Worship with Rev. David Bruce (Chapel)</div><div>• 1:30 Movie & Popcorn "2 Mules for Sister Sara" (Games Lounge)</div><div>• 3:00 Happy Hour (Manor Lobby Lounge) "don't forget your money!"</div></div><div><div><div></div><div>29</div></div></div></div>	<div>Garden Watering</div> <div><div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium)</div><div>• 2:00 Friday Entertainment with "Mike Chenoweth" (Atrium)</div><div>• 6:00 Friday Night Movie: "Ocean's Eleven" (Games Lounge)</div></div><div><div><div></div><div>30</div></div></div></div>	<div><div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 1:00 Walking Tour (Games Lounge)</div></div><div><div><div>31</div></div></div></div>

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819
Team Lead: Chelcey Buck | Phone: 780-930-5817
Co-ordinators: Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus, Elora & Madi

CONTACT

<div></div> <div>Life Enrichment Main Phone 780-930-3736</div>	<div></div> <div>Court Reception 780-483-5361</div>	<div><div><div>+</div></div><div>Nursing Station 780-930-3734</div></div>
--	--	---



THIS MONTH'S ACTIVITIES

MERRY MONTH OF MAY

Word Search

E	B	H	C	Q	Q	U	Z	O	K	W	G	E	M	I	N	I	P	J
N	O	Y	A	M	E	D	O	C	N	I	C	S	G	O	G	D	J	Y
I	L	Y	P	A	V	D	J	T	J	L	Y	A	G	P	L	A	N	T
H	X	L	B	V	N	M	Y	A	D	S	R	E	H	T	O	M	G	E
S	E	E	D	S	Q	M	O	I	L	D	I	I	L	T	E	Q	L	F
N	E	C	J	I	Y	E	D	M	E	E	W	C	S	L	L	N	I	K
U	C	D	L	Q	W	M	G	N	I	R	P	S	Q	N	O	N	N	U
S	U	K	N	O	I	O	E	X	Q	S	U	V	C	F	P	L	H	A
Q	W	P	E	E	S	R	E	N	K	F	Z	G	P	A	Y	A	Z	G
H	O	H	O	S	E	I	B	L	D	Y	L	F	T	A	A	R	F	L
M	M	F	E	H	V	A	E	B	C	V	O	H	T	U	M	E	O	F
N	U	Q	C	F	S	L	L	N	U	H	X	A	Q	V	L	W	L	F
A	E	A	L	E	O	D	B	B	E	T	N	T	I	S	M	O	S	C
G	E	E	B	A	H	A	M	Z	L	I	T	A	M	D	W	M	Y	X
T	F	A	R	L	D	Y	U	B	P	O	E	E	N	E	S	N	W	D
Q	L	Z	F	G	M	Y	B	I	N	S	S	J	R	N	R	W	C	W
L	B	Y	O	D	A	B	B	P	A	T	Z	S	S	F	H	A	Y	Z
I	Y	Y	Z	T	A	U	R	U	S	G	O	E	O	O	L	L	S	G
Y	O	O	Q	F	I	S	K	R	G	F	D	G	U	M	Y	Y	R	J

GARDEN	LAWNMOWER	MOTHERS DAY	SPRING
GEMINI	MAYPOLE	PIÑATA	SUNSHINE
GREEN	MEMORIAL DAY	PLANT	TAURUS
LADYBUG	MOM	SEEDS	TEACHER

Victoria Day

Celebrating Queen Victoria
1837 - 1901

The heart of a home is a mother
Whose love is warm and true,
And home has always been "sweet home"
With a wonderful mother like you!

HELLO MAY

Happy Mother's Day

MAY

Birthday Wishes

May 03 - Edward S.
May 05 - Rita A.
May 08 - Margaret B.
May 09 - Olga W.
May 18 - Gloria A.
May 24 - James B.

Welcome Wagon

Dorothy H.
James B.
Carol H.
Olga Z.
Margaret P.
Olga W.

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND	
Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
👔	Formal Event/Attire

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819

Team Lead: Chelcey Buck | Phone: 780-930-5817

Co-ordinators: Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus & Elora

CONTACT

Life Enrichment
Main Phone
780-930-3736

Court Reception
780-483-5361

Nursing Station
780-930-3734



THIS MONTH'S ACTIVITIES



Birthday Wishes

Birthdays Here...



Welcome Wagon

New Residents Here...

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819
Team Lead: Chelcey Buck | Phone: 780-930-5817
Co-ordinators: Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus & Elora

CONTACT

Life Enrichment
Main Phone
780-930-3736

Court Reception
780-483-5361

Nursing Station
780-930-3734

