













SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>Morning Music</p> <ul style="list-style-type: none"> 9:00 Ball Toss 1:30 Balloon Badminton 2:00 Snack and Conversation <p style="text-align: right; font-size: 2em;">1</p>
<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Bean Bag Toss 2:30 Nerf Target Shooting <p style="text-align: right; font-size: 2em;">2</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Music & Art with Audra 1:30 Pet Therapy & Furry "Tales" 2:00 Snacks and Conversation <p style="text-align: right; font-size: 2em;">3</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Balloon Badminton 1:30 Afternoon Walking Tour "where will we go?" 2:00 Snacks & Conversations <p style="text-align: right; font-size: 2em;">4</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Movement & Rhythms 12:30 Chaplain Visits *cancelled* 1:30 Horseraces 2:00 Snacks and Conversation <p style="text-align: right; font-size: 2em;">5</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 9:00 Life Enrichment Half Day to Planning Meeting 12:00 12:45 Lane Worship 12:45 Music with Marg 2:00 Snacks and Conversation 5:00 Days End Discussions <p style="text-align: right; font-size: 2em;">6</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 1:30 Memory Joggers 2:00 Friday Entertainment With "Central Lions Band" (Atrium) 2:45 Lane Board Art <p style="text-align: right; font-size: 2em;">7</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Morning Music with "Terry Jordan" 1:15 Inspirational Stories 2:00 Snacks & Conversations <p style="text-align: right; font-size: 2em;">8</p>
<p>Morning Music</p> <p> DAYLIGHT SAVINGS TIME</p> <ul style="list-style-type: none"> 9:30 Audra's Art Cart 10:30 Montessori Sorting Activity <p style="text-align: right; font-size: 2em;">9</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Balloon Badminton 2:00 Golden Giggle Comedy Act (Atrium) 2:00 Snacks and Conversations <p style="text-align: right; font-size: 2em;">10</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Morning Sing Along 1:30 Afternoon Entertainment with "Steven Tyler" 2:00 Snack and Conversation <p style="text-align: right; font-size: 2em;">11</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Puzzle Time! 12:30 Chaplain Visits 1:30 Music with Erica 6:30 Evening Entertainment with "Jim Helper" <p style="text-align: right; font-size: 2em;">12</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Piano with Rus 12:45 Music with Marg 2:00 Snacks & Conversation 5:00 Days End Discussions <p style="text-align: right; font-size: 2em;">13</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 1:30 Obie Fun! 2:00 Friday Entertainment with "Erin Vanderplatten" (Atrium) 2:45 Afternoon Manicures <p style="text-align: right; font-size: 2em;">14</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 9:00 Balloon Badminton 1:30 Bolongo Ball 2:00 Snacks and Conversation <p style="text-align: right; font-size: 2em;">15</p>



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<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Bean Bag Toss 2:30 Afternoon Walks with Austin <p style="text-align: right; font-size: 2em;">16</p>	<p>Morning Music</p> <p>ST PATRICK'S DAY</p> <ul style="list-style-type: none"> 10:00 Ping Pong "Basketball" 1:30 Montessori Activity Colour Sorting  2:00 Afternoon Entertainment with "Bob Gagnon" (Atrium) <p style="text-align: right; font-size: 2em;">17</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Balloon Table Tennis 2:00 Chocolate Brownie Day "see you at your door!" <p style="text-align: right; font-size: 2em;">18</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Exercise Fun! 12:30 Chaplain Visits *cancelled* 1:30 Memory Magic 2:00 Snacks and Conversation  <p style="text-align: right; font-size: 2em;">19</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Chair Dancing 12:45 Music with Marg  2:00 Snacks & Conversations <p style="text-align: right; font-size: 2em;">20</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) 1:30 Memory Bin 2:00 Friday Entertainment with "The Britz" (Atrium) 2:45 Pet Therapy  <p style="text-align: right; font-size: 2em;">21</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Morning Music with "Randy Glenn" 1:15 Afternoon Art & Music  2:00 Snack and Conversations <p style="text-align: right; font-size: 2em;">22</p>
<p>Morning Music</p> <ul style="list-style-type: none"> 9:30 Obie Fun! 10:30 Audra's Art Cart  <p style="text-align: right; font-size: 2em;">23</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Music & Water Painting 2:00 Court Birthday Tea with "Marten Borch" (Atrium)  <p style="text-align: right; font-size: 2em;">24</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Morning Exercises 1:30 Lane Birthday Tea with "Bob Gagnon"  3:00 Afternoon Music with "Mary Ellen Davidson" (Retro) <p style="text-align: right; font-size: 2em;">25</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Pet Therapy  12:30 Chaplain Visits 1:30 World Tales 2:00 Snacks and Conversation <p style="text-align: right; font-size: 2em;">26</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 9:30 Piano with Rus 12:45 Music with Marg  2:00 Snacks & Conversations <p style="text-align: right; font-size: 2em;">27</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Morning Manicures 1:30 "Chicken Soup for the Soul" with Audra 2:00 Friday Entertainment with "Steven Tyler" (Atrium) 2:45 Memory Joggers <p style="text-align: right; font-size: 2em;">28</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 9:00 Ball Toss 1:30 Afternoon Exercise  2:00 Snack and Conversations <p style="text-align: right; font-size: 2em;">29</p>
<p>Morning Music</p> <ul style="list-style-type: none"> 10:30 Bolongo Ball 2:30 Afternoon Fun with Austin <p style="text-align: right; font-size: 2em;">30</p>	<p>Morning Music</p> <ul style="list-style-type: none"> 10:00 Lane Mystery Drive 1:30 Audra's Art Cart <p style="text-align: right; font-size: 2em;">31</p>					

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819


Team Lead: Chelcey Buck | Phone: 780-930-5817

Co-ordinators: Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus, Elora & Madi

CONTACT

 Life Enrichment
Main Phone
780-930-3736

 Court Reception
780-483-5361

 Nursing Station
780-930-3734



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

THIS MONTH'S ACTIVITIES



ST. PATRICK'S DAY WORD SEARCH

c i r e l a n d s i p
 j s w e u m a r c h t
 p f p a c u h s d a r
 f a o i k a c p s r a
 a o t u y h e a h t i
 l e p r r e c h a u n
 u m a a i t r r m w b
 i e r r o c e s r x o
 r r a s d l k p o t w
 i a d g g o l d c h n
 s l e a r v l l k t d
 h d s c h e s a i n t
 k w e e r r e f r i e
 h c g o h o l n t f k

Irish Emerald Clover Lucky' Ireland
 Parade Leprechaun Patrick Gold Rainbow
 Pot Shamrock Green Saint March

Happy St. Patrick's Day

"May the blessings of each day be the blessings you need the most."
 —IRISH BLESSING

You make our day!

Mardi Gras



Birthday Wishes

- March 09 - Doreen H.
- March 20 - Christine M.
- March 23 - Alda G.
- March 26 - Kenneth G.



Welcome Wagon

- John M.
- Howard B.

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