

2024	CANTERBURY FOUNDATION MENU - WEEK 1					
SUNDAY DAY 1	MONDAY DAY 2	TUESDAY DAY 3	WEDNESDAY DAY 4	THURSDAY DAY 5	FRIDAY DAY 6	SATURDAY DAY 7
<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>
BEEF VEGETABLE BARLEY	CHICKEN NOODLE	POTATO SPINACH	FRENCH ONION	CREAM OF VEGETABLE	NEW ENGLAND CLAM CHOWDER	LENTIL LEMON
<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>
CHICKEN VEGETABLE GYOZA	GRILLED CHEESE SANDWICH	CHEESE TORTELLINI	MONTE CRISTO SANDWICH	EGG MUFFIN	FISH & CHIPS	MAC AND BEEF CASSEROLE
ASIAN SESAME SAUCE SERVED ON GREENS	SHOESTRING FRIES SIDE SALAD	BROCCOLI ALFREDO SAUCE PARMESAN CHEESE GARLIC BREAD	HAM AND SWISS CHEESE POTATO WEGDES	BACON BREAKFAST POTATO	COLESLAW SALAD TARTAR SAUCE/ LEMON	GARLIC BREAD
<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>
TUNA SALAD SANDWICH ON BROWN BREAD TOSSED SALAD	CHEF'S SALAD ROMAINE, BELLPEPPER, CUCUMBER, TOMATO, TUNA, BOILED EGG, RANCH	FRESH FRUIT PLATE WITH COTTAGE CHEESE AND BANANA BREAD	POTATO SALAD+ CHICKEN BOILED EGGS, ONION BELLPEPPER, GREEN ONION MUSTARD AND MAYO	DILL MACARONI SALAD BROCCOLI, CARROTS,ONION, BELLPEPPER, MAYO, CHEESE	TURKEY CLUB SANDWICH CRANBERRY MAYO CAESAR SALAD	BLT + CHEESE SALAD CREAMY GARLIC MAYO
<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>
RAISIN RICE PUDDING GINGER COOKIE	FRUIT JELLO WITH VANILLA WAFER	BUTTER PECAN ICE CREAM	JELLY ROLL	OLD FASHION BROWNIES	FRESH FRUIT SALAD VANILLA ICE CREAM	LEMON LOAF CAKE
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>
BEEF VEGETABLE BARLEY	CHICKEN NOODLE	POTATO SPINACH	FRENCH ONION	CREAM OF VEGETABLE	NEW ENGLAND CLAM CHOWDER	LENTIL LEMON
<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>
CLASSIC POTATO SALAD	BEET SALAD WITH MANDARINS & FETA CHEESE	TOMATO BOCCONCINI BASIL, BALSAMIC REDUCTION	GREEK SALAD	LENTIL SALAD OLIVES, MINT & SHREDDED CHEESE	MEXICAN CORN AND BEANS ON LETTUCE BED	FRUIT SALAD
<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>
COCONUT FISH CURRY FRESH SAUTEED VEGETABLES ONION AND PEA RICE	BEEF & VEGETABLE CHILI SHREDDED CHEESE SOUR CREAM CORN BREAD	LOBSTER FETTUCCINI CREAM SAUCE, PARM CHEESE GARLIC BREAD	SHEPHERDS PIE MIXED VEGETABLE	CHICKEN STIR FRY JASMIN RICE	BAKED COD LEMON ZEST CREAM SAUCE FRIED CAPERS, RICE HONEY GLAZED CARROTS	HERB ROASTED CHICKEN ROASTED POTATO MIXED VEGETABLE
<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>
LAMB STEW ROASTED POTATOES PEAS & CARROTS	CHICKEN MARSALA MUSHROOM GRAVY MASHED POTATOES STEAMED VEGETABLES	CABBAGE ROLLS IN BROTH GARLIC BEEF SAUSAGE STEAMED BABY POTATOES HERB ROASTED ZUCCHINI	CHICKEN CACCIATORE WITH TOMATO SAUCE BUTTERED NOODLES	MEATLOAF CREAMED CORN MASHED POTATO	BUTTER CHICKEN BASMATI RICE	BANGER AND MASH SAUSAGE, MASHED POTATO ONION GRAVY BUTTERED GREEN PEAS
<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>
MIXED BERRY CHEESECAKE	SPICED CARROT CAKE	COCONUT MACAROONS	APPLE CRISP	FRUIT TRUFFLE	CHOCOLATE HAZELNUT MOUSSE	CHOCOLATE MINT ICE CREAM

Milk, water, Juices, tea, green tea, decaf coffee and coffee is available at all meals

2024	CANTERBURY FOUNDATION MENU - WEEK 2					
SUNDAY DAY 1	MONDAY DAY 2	TUESDAY DAY 3	WEDNESDAY DAY 4	THURSDAY DAY 5	FRIDAY DAY 6	SATURDAY DAY 7
<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>
TOMATO CABBAGE	CREAM OF MUSHROOM	CHICKEN ORZO LEMON	CARROT GINGER	BEEF VEGETABLE	SEAFOOD MEDLEY	CREAM OF CORN
					CLAM,SQUID AND SHRIMP	
<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>
POTATO LATKES	HAM, CHEESE AND VEGGIES	PULLED BEEF, CARAMALIZED	TOSSED SALAD WITH	ALL BEEF HOTDOG	BBQ	CINNAMON FRENCH TOAST
CHEESE ,APPLE SAUCE	SCRAMBLED EGGS	ONION ON FLATBREAD	MALAYSIAN CHICKEN STRIPS	FRIES/ SALAD	PULLED PORK SANDWICH	FRUIT COCKTAIL/ BACON
CAESAR SALAD	SAUSAGE	CAESAR SALAD	PEANUT CREAM DRESSING		SWEET POTATO FRIES	
	TATER TOTS				BALSAMIC GARDEN SALAD	
<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>
CHICKPEA SALAD	CHICKEN SALAD SANDWICH	BAKED BEANS	TRI COLOUR CHEESE	CHEFS SALAD , BOILED EGG	FISHCAKE	EGG SALAD SANDWICH
TOMATO, CUCUMBER, FETA,	TOSSED SALAD	BROWN TOAST	TORTELLINI SALAD	JULIENNE VEGETABLE & LEAN	SIDE SALAD, REMOULADE	TOSSED SALAD
ONION, SPRING MIX	ASSORTED DRESSINGS	BROCCOLI SLAW	PEPPERS AND OLIVES	CHEESE, SMOKED TURKEY / BUN	LEMON	
CREAMY DILL DRESSING			TOSSED - ITALIAN DRESSING			
<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>
CHEESE CAKE	CHOCOLATE MOUSSE	BUTTERSCOTCH	BLACKFOREST CAKE	STRAWBERRY JELLY ROLL	ICE CREAM	DATE SQUARES
FRUIT TOPPING		PUDDING WITH COOKIE				
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>
TOMATO CABBAGE	CREAM OF MUSHROOM	CHICKEN ORZO LEMON	CARROT GINGER	BEEF VEGETABLE	SEAFOOD MEDLEY	CREAM OF CORN
<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>
TOSSED VEGETABLE	WALDORF SALAD	SPINACH AND MIXED GREENS	EDAMAME AND CORN	FRESH FRUIT SALAD	BEET SALAD WITH	MIXED GREENS
SALAD/ HERB DRESSING	APPLES, CELERY, CRANBERRY	FRESH FRUIT /	ONION, BELLPEPPER		MANDARINS & FETA CHEESE	CRABMEAT SALAD
	WALNUTS, CREAMY DRESSING		ITALIAN DRESSING			
<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>
BRAISED BEEF BRISKET	TURKEY DINNER	POTATO AND CHEESE PEROGY	MEAT LASAGNA	FRIED CHICKEN	SALMON IN PUFF PASTRY	PORK TENDERLOIN
STEAMED BROCCOLI	STUFFING, GRAVY, MASHED	SAUTEED ONION, BACON BITS	GARLIC BREAD	GRAVY	CAPER CREAM SAUCE	GRAVY
CARROTS & PEAS	POTATO, CRAN SAUCE	FARMERS SAUSAGE, SOUR CREAM		POTATO WEDGES	MASHED POTATO	SCALLOPED POTATOES
MASHED POTATOES	ROASTED VEGETABLE	CAULIFLOWER AU GRATIN		VEGETABLE BLEND	GREEN BEANS AND CORN	VEGETABLE BLEND
<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>
CHICKEN SOUVLAKI	SPAGHETTI & MEAT SAUCE	TERIYAKI SHRIMP STIR FRY	CHICKEN TEMPURA	KOREAN BBQ RIBS	CHICKEN, SPINACH AND	CHICKEN CORDON BLEU
TZATZIKI DIP	TOMATO SAUCE	CHOWMEIN NOODLE	RICE	JASMIN RICE	MUSHROOM, ALFREDO	SCALLOPED POTATOES
ROSEMARY ROASTED POTATO	SHREDDED PARMESAN	MIXED ASIAN VEGETABLES	STEAMED VEGETABLE	ASIAN FUSION BLEND	FUSILLI PASTA	CREAMED SPINACH AND
ONION AND BELL PEPPERS	GARLIC BREAD				GALRIC BREAD	MUSHROOM
<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>
ITALIAN CREAM	BANANA PINEAPPLE	LEMON CAKE	CHOCOLATE SILK TRUFFLE	CINNAMON APPLE PIE	PEANUT BUTTER MOUSSE	BLUEBERRY PIE
CAKE	LOAF CAKE		CAKE			

Milk, water, Juices, tea, green tea, decaf coffee and coffee is available at all meals

2024	CANTERBURY FOUNDATION MENU - WEEK 3					
SUNDAY DAY 1	MONDAY DAY 2	TUESDAY DAY 3	WEDNESDAY DAY 4	THURSDAY DAY 5	FRIDAY DAY 6	SATURDAY DAY 7
<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>
TOMATO BASIL BISQUE	VEGETABLE BEEF GINGER	BUTTERNUT SQUASH	SPLIT PEA & HAM	CREAM OF BROCCOLI	MANHATTAN CLAM CHOWDER	POTATO AND LEEK
<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>
CHICKEN POT PIE CAESAR SALAD	VEGETABLE SPRING ROLLS PLUM SAUCE CHICKEN BROCCOLI SLAW	EGG MUFFIN BACON TATER TOTS	CHEESEBURGER ,TOMATO LETTUCE, ,PICKLE, ONION KAISER BUN AND FRIES	THREE CHEESE PIZZA MARINATED VEGETABLES	SALMON CROQUETTES CREAMY SLAW HONEY YOGURT DILL SAUCE	SCRAMBLE EGGS BREAKFAST SAUSAGE HASH BROWNS/ TOAST
<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>
PEANUT BUTTER AND JELLY SANDWICH CAESAR SALAD	CHICKEN QUESADILLA BROCCOLI SLAW	GREEK PASTA SALAD OLIVES,ONION, PEPPER, FETA AND TOMATO TOSSED- GREEK DRESSING	FRESH GREEN / FRUIT SALAD ALMONDS AND RAISINS RASPBERRY DRESSING	HAM AND CHEESE SANDWICH ON BROWN BREAD CARROT RAISIN SALAD	CHICKEN SALAD SANDWICH TOSSED SALAD ASSORTED DRESSINGS	MACARONI & CHEESE GARLIC TOAST
<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>
ORANGE CRANBERRY BREAD	COCONUT PUDDING	BUTTER TART	LEMON LOAF CAKE	TAPIOCA PUDDING SHORT BREAD COOKIE	WARM BROWNIE VANILLA ICE CREAM	RAISIN RICE PUDDING
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>	<b>DAILY SOUP</b>
TOMATO BASIL BISQUE	VEGETABLE BEEF GINGER	BUTTERNUT SQUASH	SPLIT PEA & HAM	CREAM OF BROCCOLI	MANHATTAN CLAM CHOWDER	POTATO AND LEEK
<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>	<b>OR / SALAD</b>
CREAMY MACARONI VEGETABLE SALAD	COUSCOUS SALAD CUCUMBER, TOMATO, OLIVES,MINT & FETA	CAESAR SALAD	CHINESE CABBAGE SALAD SESAME DRESSING	FRUIT SALAD	GREEK ORZO	SEVEN BEAN SALAD WITH GREENS
<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>
RUEBEN SANDWICH, CHEESE CORNED BEEF, SAUERKRAUT, DILL PICKLE & COLESLAW FRIES , 1000 ISLAND DRESSING	CAVATAPPI MEATSAUCE PARMESAN CHEESE GARLIC BREAD	BAKED HADDOCK WITH TOMATO, OLIVE, WINE PEA PILAF BRUSSEL SPROUT BLEND	HONEY GARLIC CHICKEN BALLS JASMIN RICE TERIYAKI BOK CHOY	BEEF & VEGETABLE CHILI SHREDDED CHEESE SOUR CREAM GARLIC TOAST	FISH & CHIPS COLESLAW SALAD TARTAR SAUCE/ LEMON	CHICKEN PAREMSAN TOMATO SAUCE BUTTERED NOODLES STEAMED CARROTS
<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>
PORK CUTLETS GRAVY MASHED POTATO ROASTED VEGETABLES	CAJUN SHRIMP CHEESY POLENTA ONION AND BELL PEPPER	HONEY MUSTARD CHICKEN MASHED POTATO BRUSSEL SPROUT BLEND	BEEF WELLINGTON SCALLOPED POTATO ROASTED BUTTERNUT SQUASH	CHICKEN ADOBO RICE PILAF ROASTED VEGETABLES	ALBERTA BEEF STEW MASHED POTATO ONION BISCUIT	SALISBURY STEAKS ONION GRAVY MASHED POTATO STEAMED CARROTS
<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>
BROWNIES WITH ICE CREAM	BAKED LEMON PUDDING	FRUIT CUSTARD	PUMPKIN PIE	SPICED CARROT CAKE	CHERRY PIE	UPSIDE DOWN PINEAPPLE CAKE

Milk, water, Juices, tea, green tea, decaf coffee and coffee is available at all meals

2024	CANTERBURY FOUNDATION MENU - WEEK 4					
SUNDAY DAY 1	MONDAY DAY 2	TUESDAY DAY 3	WEDNESDAY DAY 4	THURSDAY DAY 5	FRIDAY DAY 6	SATURDAY DAY 7
<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>	<b>SOUP</b>
TOMATO RICE	BEEF VEGETABLE & BARLEY	CREAM OF MUSHROOM	GARDEN VEGETABLE	CURRIED COCONUT CHICKEN	FISH CHOWDER	MINISTRONE
<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>	<b>LUNCH ENTRÉE #1</b>
BACON AND CHEESE QUICHE TOSSED SALAD	CHICKEN ALFREDO FLATBREAD MARINATED VEGETABLE	BBQ PULLED PORK SANDWICH SWEET POTATO FRIES TOSSED SALAD	SOCKEYE SALMON BURGER BUN,LETTUCE,TOMATO ONIONS,TARTAR SAUCE FRIES	PHILLY CHEESE STEAK BEEF, MUSHROOM, CHEESE NAAN BREAD, CAESAR SALAD	SHRIMP SALAD ON CROISSANT TOMATO AND CUCUMBER	BUTTERMILK PANCAKES STRAWBERRY TOPPING BACON/ SAUSAGE
<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>	<b>LUNCH ENTRÉE #2</b>
FRESH VEGETABLE SALAD HERB VINAIGRETTE PARMESEN TOAST, CHEESE	GREEK ORZO SALAD ONION, BELLPEPPER TOMATO, OLIVES, FETA HERB VINAIGRETTE	EGG SALAD SANDWICH TOSSED SALAD	BREADED CHICKEN STRIPS WITH FRIES TOSSED SALAD	SPINACH AND ARTICHOKE QUICHE CAESAR SALAD	REUBEN SANDWICH, CHEESE ORNED BEEF SAUERKRAUT, DILL PICKLE & COESLAW 1000 ISLAND DRESSING	CHICKEN CEASAR SALAD CRISPY CHICKEN
<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>	<b>LUNCH DESSERT</b>
LEMON STREUSEL	BANANA MANDARIN PARFAIT	BUTTER TART SQUARES	FRUIT JELLO WAFER	BERRY CRUMBLE	DATE SQUARE STREUSEL	CHOCOLATE PUDDING WITH FRUIT COOKIE
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
DAILY SOUP TOMATO RICE OR / SALAD CARROT RAISIN SALAD	DAILY SOUP BEEF VEGETABLE & BARLEY OR / SALAD SEASONAL FRUIT MIXED GREENS SALAD HONEY POPPYSEED DRESSING	DAILY SOUP CREAM OF MUSHROOM OR / SALAD CAESAR SALAD	DAILY SOUP GARDEN VEGETABLE OR / SALAD CHEFS SALAD , BOILED EGG JULIENNE VEGETABLE & LEAN SMOKED TURKEY / BUN	DAILY SOUP CURRIED COCONUT CHICKEN OR / SALAD TOMATO, CUCUMBER SALAD DILL, LEMON, EVOO	DAILY SOUP FISH CHOWDER OR / SALAD SPINACH SALAD STRAWBERRY, ORANGE RASPBERRY DRESSING	DAILY SOUP MINISTRONE OR / SALAD GREENS, PEAR WALNUT, DRY CRANBERRY BALSAMIC GLAZE
<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>	<b>DINNER ENTRÉE #1</b>
ROASTED LEG OF LAMB ROASTED POTATOES MINT JELLY MIXED BEANS	BBQ BABY BACK RIBS MASHED POTATO BUTTERED BROCCOLI	NATURAL ROAST MAPLE HAM STEAK WITH PINEAPPLE GLAZE SCALLOPED POTATOES SEASONAL VEGETABLES	MANGO PINEAPPLE CHICKEN FRIED RICE HONEY GLAZED CARROTS	SPAGHETTI MEATBALLS GARLIC BREAD	PORK CHOPS MUSHROOM GRAVY CREAMED SPINACH MASHED POTATO	ROAST BEEF DINNER NATURAL BEEF GRAVY ROASTED POTATOES ROASTED HERBED MUSHROOM
<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>	<b>DINNER ENTRÉE #2</b>
BBQ ITALIAN SAUSAGE SKILLET ROASTED POTATOES ROASTED HERBED MUSHROOM	APPLE / BRIE CHEESE STUFFED CHICKEN BREAST MASHED POTATO BUTTERED BROCCOLI	BEEF LIVER WITH FRIED ONIONS LIGHT GRAVY SCALLOPED POTATOES CAULIFLOWER GRATIN	BEEF YORKIES SHREDDED SEASONED BEEF YORKSHIRE PUDDING, GRAVY HONEY GLAZED CARROTS	CHICKEN CURRY BASMATI RICE MIXED VEGETABLE	BAKED SALMON COCONUT DILL CREAM SAUCE RICE PILAF SEASONAL VEGETABLES	CHICKEN VEGETABLE BAKE PASTA, FOUR CHEESE VEGETABLE, GARLIC BREAD
<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>	<b>DESSERT</b>
RAISIN CARDAMOM RICE PUDDING	APPLE PIE	MIXED BERRY CHEESECAKE	ENGLISH TRIFLE	LEMON MERINGUE PIE	NANAIMO BAR	BANANA FOSTER VANILLA ICE CREAM

Milk, water, Juices, tea, green tea, decaf coffee and coffee is available at all meals