

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Morning Music & Watering CANADA DAY • 10:00 Balloon Badminton • 2:00 Snacks and Conversations • 3:00 Afternoon Exercise 1	Morning Music • 10:00 Basketball • 12:30 Chaplain Visits • 1:30 Games with Madi • 2:00 Snacks and Conversation 2	Morning Music & Watering • 10:00 Music with Rus • 12:45 Lane Worship • 12:45 Storytime Giggles • 2:00 Snacks and Conversation • 5:00 Days End Discussions 3	Morning Music • 10:00 Memory Jogger • 1:30 Ball Toss • 2:00 Friday Entertainment with “Mike Chenoweth” (Atrium) • 2:00 Snack & Conversation • 2:45 Ribbon Dancing 4	Morning Music & Watering • 10:30 Ball Toss • 1:30 Afternoon Exercise • 2:00 Snack and Conversation 5
Morning Music • 10:30 Morning Exercise • 2:30 Garden Conversations & Popsicles! 6	Morning Music & Watering • 10:00 Outdoor Music • 1:30 Basketball • 2:00 Snacks and Conversation 7	Morning Music • 10:00 Balloon Badminton • 1:30 Afternoon Entertainment with “Steven Tyler” • 2:00 Ice Cream Day “see you at your door!” • 2:00 Snacks & Conversation 8	Morning Music & Watering • 10:00 Gardening Fun! • 12:30 Chaplain Visits • 1:30 Memory Joggers • 2:00 Snacks & Conversation 9	Morning Music • 10:00 Balloon Table Tennis • 12:45 Music with Rus • 2:00 Snacks and Conversation 10	Morning Music & Watering • 10:00 Summer Reminiscing Activity • 1:30 Bean Bag Toss • 2:00 Friday Entertainment with “Juke Box Leigh” (Atrium) • 2:00 Snack and Conversation • 3:30 Afternoon Exercise 11	Morning Music • 10:00 Lane Entertainment with “Vince Anderson” • 1:15 Afternoon Art • 2:00 Snacks & Conversations 12
Morning Music & Watering • 9:30 Ring Toss • 10:30 Memory Joggers 13	Morning Music • 10:00 Bean Bag Toss • 1:30 Balloon Badminton • 2:00 Snacks and Conversations • 2:45 Pet Therapy 14	Morning Music & Watering • 9:00 Life Enrichment Full Day to Planning Meeting 4:00 • 2:00 Snack and Conversation 15	Morning Music • 9:30 Inspirational Stories *time change* • 12:30 Chaplain Visits • 1:30 Basketball • 2:00 Snack & Conversation • 6:30 Evening Music with “Paul Lamoureux” 16	Morning Music & Watering • 9:30 Morning Exercise *time change* • 12:45 Music with Rus • 2:00 Snacks & Conversation • 3:00 Memory Magic 17	Morning Music • 10:00 *No Morning Program* • 1:30 Balloon Badminton • 2:00 Klondike Kick Off with “Lindsay Nagy” (Atrium) • 2:00 Snack & Conversation • 3:30 Afternoon Exercise 18	Morning Music & Watering • 10:30 Morning Exercise • 1:30 Storytime in the Garden • 2:00 Snacks and Conversation 19

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning Music • 10:30 Morning Exercise • 2:30 Courtyard Conversations 20	Morning Music & Watering • 10:00 Balloon Badminton • 2:00 Snacks & Conversation • 2:00 New Resident Welcome Tea (Atrium) *All are Welcome! • 3:30 Ball Toss 21	Morning Music • 9:45 Sit & Be Fit • 1:30 Outdoor Conversation & Lemonade • 1:30 Live Horse Races (Atrium) • 2:00 Snacks & Conversations • 3:00 Afternoon Music with “Mary Ellen Davidson” (Retro) 22	Morning Music & Watering • 9:45 Inspirational Stories • 12:30 Chaplain Visits • 2:00 Snacks and Conversation • 2:00 “New” Duck Races (Court Courtyard) “rain or shine” • 3:30 Basketball 23	Morning Music • 10:00 Bolongo Ball • 12:45 Music with Marg • 2:00 Snacks & Conversations 24	Morning Music & Watering • 10:00 Lane Courtyard Nerf Gun Fun! • 12:30 Afternoon Walks with Audra • 2:00 Gold Rush Party with “Sean Sonego” (Atrium) “Wear Gold or Yellow” • 2:00 Snack & Conversation • 3:30 Afternoon Exercise 25	Morning Music • 10:00 Lane Entertainment with “Johnson Phillip” • 1:15 Music in the Garden • 2:00 Snack and Conversations 26
Morning Music & Watering • 9:30 Morning Exercise • 10:30 Inspirational Stories 27	Morning Music • 10:00 Horse Races • 2:00 Court Birthday Tea with “Douglas Mitchell” (Atrium) • 3:30 Basketball 28	Morning Music & Watering • 10:30 Balloon Badminton • 1:30 Lane Birthday Tea with “Bob Gagnon” • 2:00 Snack & Conversation 29	Morning Music • 10:00 World Tales! • 12:30 Chaplain Visits • 1:30 Stretch it Out! • 2:00 Snacks and Conversation 30	Morning Music & Watering • 10:00 Storytime Giggles • 12:45 Music with Marg • 2:00 Snacks & Conversations 31		

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819
Team Lead: Chelcey Buck | Phone: 780-930-5817
Co-ordinators: Vanessa, Erica, Kelly, Rus, Audra, Austin, Eric, Elora, Madi, Cassidy & Dana

CONTACT

 Life Enrichment Main Phone 780-930-3736	 Court Reception 780-483-5361	 Nursing Station 780-930-3734
--	---	---



THIS MONTH'S ACTIVITIES

Canada Day Word Search

Search for the hidden words going up, down, left and right.

M O U D F B P P C N T O I R T A P
K N A Y M U R V C L I U D E E D M
K Z E H W Z I T A B Y A J V R K P
U K M I P V Z X Q J U F W A R W P
T O K D W M U L I Q K V L E I J U
K K C I A O N O X I O S A B T L L
N V T Q D T V V W R N Q B V O T A
J C E O A N R X S Q W Z D N R B A
N Q L H N O L R Z O N T A R I O W
Z O P A A R M C G S S L S A E G A
G V A N C O U V E R Y D D S S N T
O B M D J T U H I O Z O A F L Y T
M A P L A E R T N O M G A V U E O
I D W V U G B I X Y F L E A F U T
C X A L B E R T A P Q T C P L A E
R O K A M M O T H W D Z Z X A U X
Y N O I T A C I F I N U U X G A C

- ALBERTA
FLAG
MONTREAL
PATRIOT
UNIFICATION
- BEAVER
LEAF
ONTARIO
TERRITORIES
VANCOUVER
- CANADA
MAPLE
OTTAWA
TORONTO
YUKON



Birthday Wishes

July 09 - Emily F.
July 15 - Betty C.
July 17 - David N.



Welcome Wagon

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND

- Exc. Rm _____ Exercise Room
- GL _____ Games Lounge
- A _____ Atrium
- M _____ Manor
- MLL _____ Manor Lobby Lounge
- C _____ Chapel
- CAR _____ Court Activity Room
- FSL _____ Manor Fireside Lounge
- _____ Formal Event/Attire

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819
Team Lead: Chelcey Buck | Phone: 780-930-5817
Co-ordinators: Vanessa, Erica, Kelly, Rus Audra, Austin, Eric, Elora, Madi, Cassidy & Dana

CONTACT

- Life Enrichment
Main Phone
780-930-3736
- Court Reception
780-483-5361
- Nursing Station
780-930-3734

