



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Morning Music with "Roy Marleau"</li> <li>• 1:30 Balloon Badminton</li> <li>• 2:00 Snack and Conversation</li> </ul> <p style="text-align: right; font-size: 2em;"><b>1</b></p>
<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:30 Bean Bag Toss</li> <li>• 2:30 Nerf Target Shooting</li> </ul> <p style="text-align: right; font-size: 2em;"><b>2</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Get Moving Morning Exercises</li> <li>• 1:30 Lane Mystery Drive</li> <li>• 2:00 Snacks and Conversation</li> </ul> <p style="text-align: right; font-size: 2em;"><b>3</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Balloon Badminton</li> <li>• 1:30 Afternoon Entertainment with "Gary Meyers"</li> <li>• 2:00 Snacks &amp; Conversations</li> </ul> <p style="text-align: right; font-size: 2em;"><b>4</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 9:00 Life Enrichment Half Day to Planning Meeting 12:00</li> <li>• 12:30 Chaplain Visits</li> <li>• 1:30 Chair Dancing</li> <li>• 2:00 Snacks and Conversation</li> </ul> <p style="text-align: right; font-size: 2em;"><b>5</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Piano with Rus</li> <li>• 12:30 Lane Worship</li> <li>• 12:45 Music with Marg</li> <li>• 2:00 Snacks and Conversation</li> <li>• 5:00 Days End Discussions</li> </ul> <p style="text-align: right; font-size: 2em;"><b>6</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:15 Mom &amp; Tots "Do, Re, Mi, ABC"</li> <li>• 2:00 Friday Entertainment With "Jukebox Leigh" (Atrium)</li> </ul> <p style="text-align: right; font-size: 2em;"><b>7</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 9:00 Virtual Concert</li> <li>• 1:30 Afternoon Exercise</li> </ul> <p style="text-align: right; font-size: 2em;"><b>8</b></p>
<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:30 Balloon Badminton</li> <li>• 1:30 Afternoon Entertainment with "Denis Bourdoin" (Retro)</li> <li>• 2:30 Afternoon Art &amp; Music</li> </ul> <p style="text-align: right; font-size: 2em;"><b>9</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Valentine's Craft</li> <li>• 1:30 Mystery Program :)</li> <li>• 2:00 Snacks and Conversations</li> </ul> <p style="text-align: right; font-size: 2em;"><b>10</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Morning Sing Along</li> <li>• 1:30 Sit &amp; Be Fit</li> <li>• 2:00 Snack and Conversation</li> </ul> <p style="text-align: right; font-size: 2em;"><b>11</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Walking Tour "where will we go?"</li> <li>• 12:30 Chaplain Visits</li> <li>• 1:30 Valentine's Day Cards</li> <li>• 6:30 Evening Entertainment with "Ali Bright"</li> </ul> <p style="text-align: right; font-size: 2em;"><b>12</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Piano with Rus</li> <li>• 12:45 Music with Marg</li> <li>• 2:00 Snacks &amp; Conversation</li> <li>• 5:00 Days End Discussions</li> </ul> <p style="text-align: right; font-size: 2em;"><b>13</b></p>	<p>Morning Music</p> <p style="color: red; text-align: center;"><b>Valentine's Day</b></p> <ul style="list-style-type: none"> <li>• 10:15 Mom &amp; Tots "Do, Re, Mi, ABC" (Atrium)</li> <li>• 2:00 Valentine's Day Tea with "Central Lions Band" (Atrium)</li> </ul> <p style="text-align: right; font-size: 2em;"><b>14</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>• 10:00 Morning Music with "The Runningboards"</li> <li>• 1:30 Bolongo Ball</li> <li>• 2:00 Snacks and Conversation</li> </ul> <p style="text-align: right; font-size: 2em;"><b>15</b></p>



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:30 Bean Bag Toss</li> <li>2:30 Afternoon Walks with Austin</li> </ul> <p style="text-align: center;"><b>16</b></p>	<p>Morning Music <b>Family Day!</b></p> <ul style="list-style-type: none"> <li>10:00 Balloon Badminton</li> <li>1:00 Virtual Concert</li> <li>2:00 Snacks &amp; Conversation</li> <li>3:00 Ball Toss</li> </ul> <p style="text-align: center;"><b>17</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:00 Balloon Table Tennis</li> <li>2:00 Chocolate Brownie Day "see you at your door!"</li> </ul> <p style="text-align: center;"><b>18</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:00 Chair Dancing</li> <li>12:30 Chaplain Visits</li> <li>1:30 Making Shortbread</li> <li>2:00 Snacks and Conversation</li> </ul> <p style="text-align: center;"><b>19</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:30 Piano with Rus</li> <li>12:45 Music with Marg</li> <li>2:00 Snacks &amp; Conversations</li> </ul> <p style="text-align: center;"><b>20</b></p>	<p>Morning Music <b>Hawaiian Beach Party!</b></p> <ul style="list-style-type: none"> <li>10:15 Mom &amp; Tots "Do, Re, Mi, ABC" (Atrium)</li> <li>1:30 Hawaiian Dancers (Atrium)</li> <li>2:00 Friday Entertainment with "Party Pals" (Atrium)</li> </ul> <p style="text-align: center;"><b>21</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>9:00 Walking Tour</li> <li>1:30 Ball Toss</li> <li>2:00 Snack and Conversations</li> </ul> <p style="text-align: center;"><b>22</b></p>
<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:30 Morning Exercise</li> <li>2:30 Inspirational Stories</li> </ul> <p style="text-align: center;"><b>23</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:00 Ball Drop</li> <li>2:00 Court Birthday Tea with "Terry Jordan" (Atrium)</li> </ul> <p style="text-align: center;"><b>24</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:30 Morning Exercises</li> <li>1:00 Lane Birthday Tea with "Johnson Philip"</li> </ul> <p style="text-align: center;"><b>25</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:00 World Tales</li> <li>12:30 Chaplain Visits</li> <li>1:30 Memory Magic</li> <li>2:00 Snacks and Conversation</li> </ul> <p style="text-align: center;"><b>26</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>9:30 Lane Mystery Drive</li> <li>12:45 Music with Marg</li> <li>2:00 Snacks &amp; Conversations</li> </ul> <p style="text-align: center;"><b>27</b></p>	<p>Morning Music</p> <ul style="list-style-type: none"> <li>10:15 Mom &amp; Tots "Do, Re, Mi, ABC" (Atrium)</li> <li>2:00 Friday Entertainment with "Lindsey Nagy" (Atrium)</li> </ul> <p style="text-align: center;"><b>28</b></p>	

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

### LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

### LIFE ENRICHMENT STAFF

**Manager:** Leana Nielsen | Phone: 780-930-5819

**Team Lead:** Chelcey Buck | Phone: 780-930-5817

**Co-ordinators:** Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus, Elora & Madi

### CONTACT

Life Enrichment  
Main Phone  
780-930-3736

Court Reception  
780-483-5361

Nursing Station  
780-930-3734



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

### THIS MONTH'S ACTIVITIES

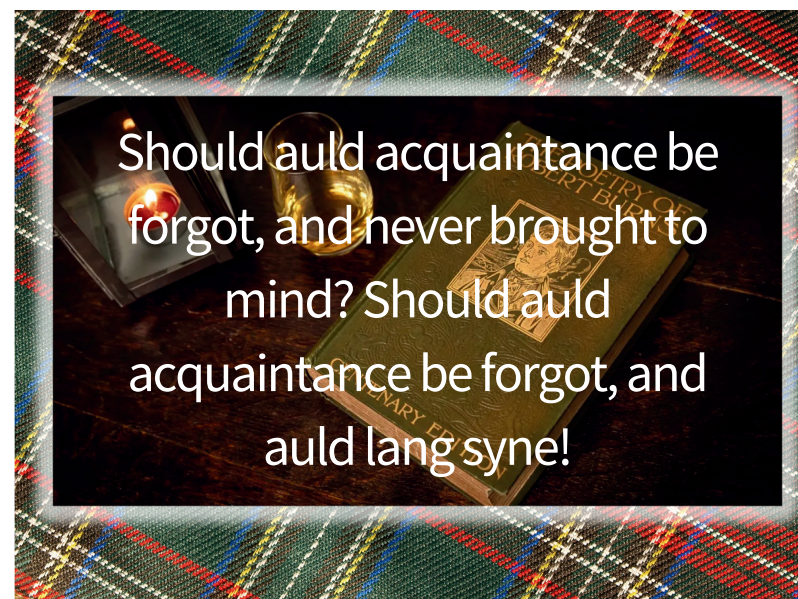
#### Valentine's Day Word Search

K H T A S F S G F Z Z S P L M  
 E J S D W X M F R F E Z O M W  
 R W Q T E V O L W S O V H J X  
 Q O X P V S L I S N E V H X Z  
 V U S T Y D P I L L L F B S Z  
 Y D N A C M K D E O R O S E S  
 C H O C O L A T E S V R O A F  
 S D C R Z Z T Y X H C E Y H E  
 T X I B C E L E U Z E V Y U B  
 R H E P R X N G X N A E B O R  
 A L C X U I S B R E Z R O D U  
 E C F S M C S F Y V Y E V G A  
 H X A E V A L E N T I N E R R  
 D I B R U L X G Q E S R H C Y  
 A P D Q D V X N I X T M M C E

BE MINE  
 CHOCOLATES  
 FOREVER  
 I LOVE YOU  
 LOVE LETTER

CANDY  
 CUPID  
 HEARTS  
 KISSES  
 ROSES

CARD  
 FEBRUARY  
 HUGS  
 LOVE  
 VALENTINE



### Birthday Wishes

February 12 - Deanne F.



### Welcome Wagon

Carlton M.

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

#### LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

#### LIFE ENRICHMENT STAFF

**Manager:** Leana Nielsen | Phone: 780-930-5819

**Team Lead:** Chelcey Buck | Phone: 780-930-5817

**Co-ordinators:** Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus & Elora

#### CONTACT

Life Enrichment  
 Main Phone  
 780-930-3736

Court Reception  
 780-483-5361

Nursing Station  
 780-930-3734

  
**Canterbury**  
 FOUNDATION  
 The Promise of Home

