



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Christmas Songs & Crafts with Audra • 1:30 Student Piano Recital with Ava Tontino (Atrium) <p style="text-align: center;">1</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Balloon Badminton • 11:00 Table Setting • 2:00 Marion Macdonald Piano Playing (Atrium) • 6:30 Edmonton Endpins Cello Group Performance (Atrium) <p style="text-align: center;">2</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Sit & Be Fit • 11:00 Table Setting • 1:30 Afternoon Entertainment with Steven Tyler • 2:00 Snacks and Conversations <p style="text-align: center;">3</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 9:00 LE Half Day Planning to Meeting 12:00 • 12:30 Chaplain Visits • 1:30 Music with Erica: Christmas Sing Along • 2:00 Snacks and Conversation • 7:00 Sound Opportunities Choir (Atrium) <p style="text-align: center;">4</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Piano with Rus • 11:00 Table Setting • 12:30 Lane Worship • 12:45 Music with Marg • 2:00 Snacks and Conversation • 5:00 Days End Discussions <p style="text-align: center;">5</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) • 11:00 Table Setting • 2:00 Friday Entertainment with "Colleen Lazourk" (Atrium) <p style="text-align: center;">6</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Music with "Jeff Ramsey" • 1:30 Balloon Badminton • 2:00 Snack and Conversation <p style="text-align: center;">7</p>
<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Bean Bag Toss • 1:30 Piano Recital with Frank Ho's Students (Atrium) <p style="text-align: center;">8</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Get Moving Morning Exercises • 11:00 Table Setting • 1:15 Lane Mystery Drive! • 2:00 Snacks and Conversation <p style="text-align: center;">9</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Balloon Badminton • 11:00 Table Setting • 1:30 Reindeer Target Practice (Atrium) • 2:00 Snacks and Conversation <p style="text-align: center;">10</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Ornament Making • 11:00 Table Setting • 12:30 Chaplain Visits • 1:30 Christmas Movie: "Christmas on the Square" • 2:00 Snacks and Conversation • 6:30 Children's Choir (Atrium) <p style="text-align: center;">11</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Balloon Table Tennis • 11:00 Table Setting • 12:30 Lane Worship • 12:45 Music with Marg • 2:00 Snacks and Conversation • 5:00 Days End Discussions <p style="text-align: center;">12</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Winter Creations with Audra • 11:00 Table Setting • 2:00 Friday Entertainment With "Jukebox Leigh" (Atrium) <p style="text-align: center;">13</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 "Snowball Fight" • 2:00 Concordia Community Concert (Atrium) <p style="text-align: center;">14</p>
<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Christmas Card Decorating to 11:30 with Kids Hockey Team (Atrium) • 1:30 Musica Christmas Concert (Atrium) • 2:30 Virtual Tour "where will we go?" <p style="text-align: center;">15</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Balloon Badminton • 11:00 Table Setting • 1:30 Ball Toss • 2:00 Snacks and Conversations <p style="text-align: center;">16</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Table Tennis • 11:00 Table Setting • 1:30 Lane Birthday Tea with "Kelly Bourdage" • 2:00 Snack and Conversation <p style="text-align: center;">17</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Meditative Exercises • 11:00 Table Setting • 12:30 Chaplain Visits • 1:00 Christmas Movie: "The Man Who Invented Christmas" • 6:30 Music with Rich Eaton Songsters (Atrium) <p style="text-align: center;">18</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Piano with Rus • 11:30 Lane Christmas Luncheon • 12:45 Music with Marg • 2:00 Snacks & Conversation • 5:00 Days End Discussions <p style="text-align: center;">19</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Art Therapy • 11:00 Table Setting • 2:00 Christmas Sweater Party with "Sean Sonego" (Atrium) • 4:30 CHRISTMAS DINNER <p style="text-align: center;">20</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Music Entertainment with "Brad Ferguson" • 1:30 Bolongo Ball • 2:00 Snacks and Conversation <p style="text-align: center;">21</p>



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<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Ball Toss • 1:30 Helena Magerowski Recital (Atrium) • 2:30 Virtual Tour "Where Will We Go?" <p style="text-align: center; font-size: 2em;">22</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Balloon Badminton • 11:00 Table Setting • 2:00 Christmas Card Delivery! • 2:00 Snacks & Conversation <p style="text-align: center; font-size: 2em;">23</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Christmas Memory Magic • 11:00 Table Setting • 1:30 Christmas Discovery Box • 2:00 Snacks & Conversations <p style="text-align: center; font-size: 2em;">24</p>	<p style="text-align: center; color: green;">MERRY CHRISTMAS!!!</p> <ul style="list-style-type: none"> • 10:00 Music with Vince Anderson • 10:30 Non Denominational Worship with Rev. Colleen (Chapel) • 1:30 Music with Vince Anderson (Atrium) • 2:00 Snacks and Conversation • 2:30 "Snowball Fight!" <p style="text-align: center; font-size: 2em;">25</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Get Moving Morning Exercise • 12:45 Music with Marg • 2:00 Snacks & Conversations • 3:00 Inspirational Stories with Audra <p style="text-align: center; font-size: 2em;">26</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Arts Cart with Audra • 11:00 Table Setting • 2:00 Friday Entertainment with "Kelly Bourdage" (Atrium) <p style="text-align: center; font-size: 2em;">27</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Armchair Travel • 1:30 1:1 Visits & Conversations • 2:00 Snack and Conversations <p style="text-align: center; font-size: 2em;">28</p>
<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Balloon Badminton • 2:30 Afternoon Music & Colouring <p style="text-align: center; font-size: 2em;">29</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:00 Horse Races • 11:00 Table Setting • 2:00 Court New Year's Eve Party with "The Young at Heart Band" (Atrium) <p style="text-align: center; font-size: 2em;">30</p>	<p>Morning Music</p> <ul style="list-style-type: none"> • 10:30 Morning Exercises • 11:00 Table Setting • 1:00 New Year's Eve Montage <p style="text-align: center; font-size: 2em;">31</p>				

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND

Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819

Team Lead: Chelcey Buck | Phone: 780-930-5817

Co-ordinators: Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus & Elora

CONTACT

Life Enrichment
Main Phone
780-930-3736

Court Reception
780-483-5361

Nursing Station
780-930-3734

Canterbury
FOUNDATION
The Promise of Home



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

THIS MONTH'S ACTIVITIES

Joy to the world!

J L C A E T V F V I Z R W M
 U H R G W H O Z A L D I B A
 E H F Y M G T A S M S C V N
 L I O L I I R A T S I C Z G
 E J P Y I N M I Q D W L G E
 O V I F I T Y V N H O R Y R
 N W A M S N A T E T E O D A
 V L L I B E W L T A U B G T
 C A R Z L L W O T X G Y Z A
 C H Z G C I J E B B R Z W F
 C T L R J S S M V J O N A X
 T I D I N G S U M R P H V M
 Z S X J J W T H K I V X E M
 H X J T G X X Y O N P B N V

Christmas Star Family Good Tidings
 Great Joy Manger Noel Silent Night



Birthday Wishes

December 2 - Carolyn J.
 December 10 - Jack B.
 December 11 - Kristine R.
 December 14 - Edith L.
 December 15 - Shirley F.




Welcome Wagon

Shirley F.
 Elfriede P.

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