




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Week 4 Menu</b>  Garden Watering  • 9:30 <b>Balloon Badminton (Atrium)</b>  • 10:00 Coffee and Conversation (Atrium) *Independent  • 10:30 Catholic Worship (Chapel)  • 1:30 <b>Piano Recital with Samantha &amp; Children (Atrium)</b> <b>1</b>	<b>SENIOR'S WEEK</b>  • 9:00 <b>Active Yoga With Jeanette (Exercise Room)</b>  • 10:00 Dansal Clothing to (Games Lounge) 3:00  • 10:30 Crosswords (Activity Room)  • 1:00 <b>Live Slot Machine (Atrium)</b> <b>2</b>	<b>SENIOR'S WEEK</b>  Gardening Watering  • 9:30 Exercises (Exercise Room) <b>*cancelled*</b>  • 10:00 <b>Care Rx Covid-19 to Booster Clinic (Court Exercise Room)</b> • 3:00  • 1:00 Duck Race Sale (Games Lounge)  • 2:30 <b>Duck Races "rain or shine!" (Court Courtyard)</b> <b>3</b>	<b>SENIOR'S WEEK</b>  • 9:30 <b>Exercise (Exercise Room)</b>  • 10:30 United Worship with Rev. Karen (Chapel)  • 11:30 <b>Seniors' Week BBQ</b>  • 1:30 Live Horse Races (Atrium)  • 6:30 <b>Evening Show: "Everybody Loves Raymond" (Games Lounge)</b> <b>4</b>	<b>SENIOR'S WEEK</b>  Garden Watering  • 9:30 <b>Stretch &amp; Strength (Exercise Room)</b>  • 10:30 Lutheran Worship with Rev. Greg (Chapel)  • 1:00 <b>Summer Pictures &amp; Popsicles (Atrium)</b> <b>5</b>	<b>SENIOR'S WEEK</b>  • 9:30 <b>Exercises (Exercise Room)</b> • 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) • 10:30 <b>Fall Prevention Talk with Brennen D'Amours (Manor Activity Room)</b> • 11:00 Catholic Mass with Father Dean (Chapel) • 1:30 <b>Visit and Short talk by Counsellor Cartmell (Mayoral Candidate) (Atrium)</b> • 1:30 Mini Happy Hour "don't forget your money!" (Atrium) • 2:00 <b>Seniors' Prom with "Steven Tyler" (Atrium)</b> • 6:00 <b>Friday Night Movie: "Rudy" (Games Lounge)</b> <b>6</b>	Garden Watering  • 9:30 <b>Exercise (Exercise Room)</b>  • 10:00 Coffee and Conversation (Atrium) *Independent  • 1:30 <b>Children's Piano Recital with Ava Tofino (Atrium)</b> <b>7</b>
<b>Week 1 Menu</b>  • 9:30 Balloon Badminton (Atrium)  • 10:00 Coffee and Conversation (Atrium) *Independent  • 10:30 <b>Catholic Worship (Chapel)</b>  • 1:30 Violin Recital with Bonnie & Children (Atrium) <b>8</b>	Garden Watering  • 9:00 Active Yoga With Colleen (Exercise Room)  • 9:00 <b>Life Enrichment Half Day to Planning Meeting 12:00</b>  • 1:00 <b>Sweet Memories Ice Cream Social (Atrium)</b> • 2:00 <b>Dance Party Celebration (Atrium)</b> <b>9</b>	• 9:30 <b>Exercises (Exercise Room)</b>  • 10:30 Big Brain (Court Activity Room)  • 1:30 <b>Card Bingo (Atrium)</b> <b>10</b>	Garden Watering  • 9:30 Exercise (Exercise Room)  • 10:30 <b>Hangman (Court Activity Room)</b>  • 1:30 Horse Races (Atrium)  • 3:00 <b>Sing for Fun (Chapel)</b> • 6:30 <b>Evening Show: "Everybody Loves Raymond" (Games Lounge)</b> <b>11</b>	• 9:30 <b>Stretch &amp; Strength (Exercise Room)</b> • 10:30 Baptist Worship with Rev. Carol & Rev. Jim (Chapel) • 1:00 <b>Men's Club House (Court Activity Room)</b> • 2:00 Health Arts Society (Atrium) • 3:00 <b>Manor Happy Hour (Manor Lobby Lounge) "don't forget your money"</b> <b>12</b>	Garden Watering  • 9:30 <b>Exercises (Exercise Room)</b> • 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium) • 2:00 <b>Father's Day Tea with "Central Lions Band" (Atrium)</b> • 6:00 <b>Friday Night Movie: "Singing in the Rain" (Games Lounge)</b> <b>13</b>	• 10:00 Coffee and Conversation (Atrium) *Independent  • 1:00 <b>Virtual Concert (Games Lounge)</b>  <b>14</b>
<b>Week 2 Menu</b>  <b>FATHER'S DAY!</b>  Garden Watering  • 10:00 Coffee and Conversation (Atrium) *Independent  • 10:30 <b>Catholic Worship (Chapel)</b>  • 1:30 Recital with Frank Ho (Atrium) <b>15</b>	• 9:00 Active Yoga With Colleen (Exercise Room)  • 10:30 Crosswords (Court Activity Room)  • 1:30 <b>Garden Conversations (Courtyard)</b> <b>16</b>	Garden Watering  • 9:30 <b>Exercises (Exercise Room)</b>  • 1:15 Court Mystery Drive "sign up at reception"  • 3:00 <b>Townhall for Residents &amp; Families (Chapel)</b>  • 6:30 Piano Recital with Elizabeth Cooper (Atrium) <b>17</b>	• 9:30 Exercises (Exercise Room)  • 10:30 <b>Memory Magic (Atrium)</b>  • 12:30 Shop Easy to (Games Lounge) 3:30  • 1:30 <b>Eat Street with Rus (Court Activity Room)</b> • 6:30 <b>Evening Show: "Everybody Loves Raymond" (Games Lounge)</b> <b>18</b>	Garden Watering  • 9:30 <b>Stretch &amp; Strength (Exercise Room)</b>  • 10:30 Anglican Worship with Rev. Colleen (Chapel) • 1:30 <b>Courtyard Conversations with Lemonade &amp; Popsicles (Court Courtyard)</b> <b>19</b>	• 9:30 <b>Exercises (Exercise Room)</b> • 10:00 Music with Rus (Atrium) • 1:00 Indigenous Day of Prayer Service (Chapel) • 2:00 <b>Friday Entertainment with "Bob Gagnon" (Atrium)</b> • 6:00 <b>Friday Night Movie: "Victoria &amp; Abdul" (Games Lounge)</b> • 6:30 Shabbat Service with Canter David (Chapel) <b>20</b>	Garden Watering  <b>National Indigenous Peoples Day</b>  • 9:30 Exercise (Exercise Room) • 10:00 Coffee and Conversation (Atrium) *Independent • 1:00 <b>Virtual Concert (Games Lounge)</b> • 3:30 <b>Piano Recital with Stephanie Kwan &amp; Students (Atrium)</b> <b>21</b>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Week 3 Menu</div> <div><div><div>• 9:30</div><div>Balloon Badminton</div><div>(Atrium)</div></div><div><div>• 10:00</div><div>Coffee and Conversation</div><div>(Atrium) *Independent</div></div><div><div>• 10:30</div><div>Catholic Worship</div><div>(Chapel)</div></div><div><div>• 1:00</div><div>Bolongo Ball (Atrium)</div></div></div> <div><div><div>22</div></div></div>	<div>Garden Watering</div> <div><div><div>• 9:00</div><div>Active Yoga With Pramila</div><div>(Exercise Room)</div></div><div><div>• 10:30</div><div>Crosswords</div><div>(Court Activity Room)</div></div><div><div>• 2:00</div><div>Court Birthday Tea with</div><div>“Golden Dreams”</div><div>(Atrium)</div></div></div> <div><div><div>23</div></div></div>	<div><div><div>• 9:30</div><div>Exercises</div><div>(Exercise Room)</div></div><div><div>• 10:30</div><div>Big Brain</div><div>(Court Activity Room)</div></div><div><div>• 1:30</div><div>Music &amp; Meanders (Atrium)</div></div></div> <div><div><div>24</div></div></div>	<div>Garden Watering</div> <div><div><div>• 9:30</div><div>Exercises (Exercise Room)</div><div>*cancelled*</div></div><div><div>• 10:30</div><div>Celebration of Life</div><div>*all are welcome*</div><div>(Chapel)</div></div><div><div>• 1:30 to 3:00</div><div>Plus Size Creations</div><div>(Games Lounge)</div></div><div><div>• 1:30</div><div>Courtyard Conversations</div><div>(Courtyard)</div></div><div><div>• 6:30</div><div>Evening Show:</div><div>“Everybody Loves Raymond”</div><div>(Games Lounge)</div></div></div> <div><div><div>25</div></div></div>	<div><div><div>• 9:30</div><div>Stretch &amp; Strength</div><div>(Exercise Room)</div></div><div><div>• 10:30</div><div>Anglican Worship with Rev. David</div><div>(Chapel)</div></div><div><div>• 1:30</div><div>Movie &amp; Popcorn “Air Force Elite: Thunderbirds”</div><div>(Games Lounge)</div></div><div><div>• 3:00</div><div>Manor Happy Hour</div><div>(Manor Lobby Lounge)</div><div>“don’t forget your money!”</div></div></div> <div><div><div>26</div></div></div>	<div>Garden Watering</div> <div><div><div>• 9:30</div><div>Exercises</div><div>(Exercise Room)</div></div><div><div>• 10:00</div><div>Music with Rus (Atrium)</div></div><div><div>• 2:00</div><div>Canada Day Celebration with “Randy Glenn”</div><div>(Atrium)</div></div><div><div>• 6:00</div><div>Friday Night Movie: “Nonnas”</div><div>(Games Lounge)</div></div></div> <div><div><div>27</div></div></div>	<div><div><div>• 10:00</div><div>Coffee and Conversation</div><div>(Atrium) *Independent</div></div><div><div>• 1:00</div><div>Virtual Concert</div><div>(Games Lounge)</div></div></div> <div><div><div>28</div></div></div>
<div>Week 4 Menu</div> <div><div><div>• 10:00</div><div>Coffee and Conversation</div><div>(Atrium) *Independent</div></div><div><div>• 10:30</div><div>Catholic Worship</div><div>(Chapel)</div></div><div><div>• 1:30</div><div>Recital with Amber Shin &amp; Children</div><div>(Atrium)</div></div><div><div>• 3:00</div><div>Hymn Sing</div><div>(Chapel)</div></div></div> <div><div><div>29</div></div></div>	<div><div><div>• 9:00</div><div>Active Yoga With Colleen</div><div>(Exercise Room)</div></div><div><div>• 10:30</div><div>Crosswords</div><div>(Activity Room)</div></div><div><div>• 1:30</div><div>Garden Get Together</div><div>(Courtyard) “come for an iced tea or lemonade”</div></div></div> <div><div><div>30</div></div></div>	<div><div>SUMMER</div></div>				

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND	
Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire

LIFE ENRICHMENT STAFF

**Manager:** Leana Nielsen | Phone: 780-930-5819  
**Team Lead:** Chelcey Buck | Phone: 780-930-5817  
**Co-ordinators:** Vanessa, Erica, Kelly, Rus, Audra, Austin, Eric, Elora, Madi, Cassidy & Dana

CONTACT

<div>Life Enrichment Main Phone 780-930-3736</div>	<div>Court Reception 780-483-5361</div>	<div><div></div>Nursing Station 780-930-3734</div>
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THIS MONTH'S ACTIVITIES

# Summer

WORD SEARCH

C N Q W A Z F E S T I V A L S  
W V G Q I S B P O O L T O Y S  
J K H W R U A S W I M M I N G  
U S Z C C N S S R H Q A L P Y  
L U X O O B E U M U M M E R V  
Y M F N N A B N P M P A O E F  
W M L C D T A S L I Y F Y G I  
C E I E I H L C A D C L Z M R  
O R P R T I L R W I C N Q F E  
O D F T I N C E N T K H I T W  
K A L S O G J E M Y E I Q C O  
O Y O O N V U N O Z G K U R R  
U S P L E N N A W B K I J J K  
T I S F R Y E I E U D N A N S  
O Y P O O L P A R T Y G I E K

AIR CONDITIONER  
LAWN MOWER  
FIREWORKS  
FESTIVALS  
HUMIDITY

SUNBATHING  
SUNSCREEN  
CONCERTS  
MAY  
HIKING

SUMMER DAYS  
BASEBALL  
COOKOUT  
POOL PARTY  
JUNE

FLIP FLOPS  
SWIMMING  
PICNIC  
POOL TOYS  
JULY

"And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer."  
— F. Scott Fitzgerald, The Great Gatsby

## Birthday Wishes

June 03 - Diana P.  
June 04 - Eugene R.  
June 10 - Victor L.  
June 12 - Lindsay S.  
June 15 - Lois S.  
June 26 - Susan T.  
June 27 - Wendy P.  
June 28 - Eppy G.

## Welcome Wagon

Diana P.  
Sebastian T.  
Susan T.  
Myrtle R.  
Christine H.  
Fred D.  
Jean I.  
Lorene R.

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The Promise of Home

ACCREDITED  
AGREEMENT  
CANADA