




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>WEEK 4 MENU</b></p> <ul style="list-style-type: none"> <li>• 9:00 Active Yoga With Jeanette (Exercise Room)</li> <li>• 10:30 Crosswords (CAR)</li> <li>• 1:30 Physical Games: Bean Bag Toss (Atrium)</li> </ul> <p style="text-align: right;"><b>1</b></p>	<p><b>WEEK 4 MENU</b></p> <ul style="list-style-type: none"> <li>• 9:00 Active Yoga With Jeanette (Exercise Room)</li> <li>• 10:30 Crosswords (CAR)</li> <li>• 1:30 Physical Games: Bean Bag Toss (Atrium)</li> </ul> <p style="text-align: right;"><b>2</b></p>	<p><b>NATIONAL WALKING DAY</b></p> <ul style="list-style-type: none"> <li>• 9:00 Exercises (Exc. Rm)</li> <li>• Life Enrichment Planning Day</li> </ul> <p style="text-align: right;"><b>3</b></p>	<p><b>NATIONAL WALKING DAY</b></p> <ul style="list-style-type: none"> <li>• 9:00 Active Yoga With Dawn (Exc. Rm)</li> <li>• 10:00 Norquest College Visit "Poetry Slam" (Atrium)</li> <li>• 1:30 Horse Races (Atrium)</li> <li>• 3:00 Sing for Fun (Chapel)</li> </ul> <p style="text-align: right;"><b>4</b></p>	<p><b>NATIONAL DANDELION DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Stretch &amp; Strength (Exc. Rm)</li> <li>• 10:00 Morning Music with "Dwayne Oko" (Haven)</li> <li>• 1:30 Tile Rummy (Atrium)</li> <li>• 3:00 Happy Hour (MLL) "don't forget your money!"</li> <li>• 6:30 Cribbage (Atrium)</li> </ul> <p style="text-align: right;"><b>5</b></p>	<p><b>NATIONAL DANDELION DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Exercises (Exc. Rm)</li> <li>• 10:30 Physical Games: Balloon Badminton (Atrium)</li> <li>• 11:00 Catholic Mass (Chapel)</li> <li>• 2:00 Friday Entertainment with "Sean Sonogo" (Atrium)</li> <li>• 6:00 Friday Night Movie: "Oklahoma" (GL)</li> </ul> <p style="text-align: right;"><b>6</b></p>	<ul style="list-style-type: none"> <li>• 9:30 Exercises (Exc. Rm)</li> <li>• 10:30 Physical Games: Bolongo Ball (Atrium)</li> <li>• 1:00 Virtual Concert (GL)</li> </ul>
<p><b>WEEK 1 MENU</b></p> <ul style="list-style-type: none"> <li>• 9:30 Balloon Badminton (Exc. Rm)</li> <li>• 10:00 Morning Music with "Jukebox Leigh" (Haven)</li> <li>• 10:30 Catholic Worship (Chapel)</li> <li>• 1:00 Piano Recital With Miriam Mahood (Atrium)</li> </ul> <p style="text-align: right;"><b>7</b></p>	<p><b>WEEK 1 MENU</b></p> <ul style="list-style-type: none"> <li>• 9:00 Active Yoga With Jeanette (Exercise Room)</li> <li>• 10:30 Crosswords (CAR)</li> <li>• 1:30 Afternoon Matinee "Secret Life of Bees" (Haven)</li> </ul> <p style="text-align: right;"><b>8</b></p>	<p><b>NATIONAL SIBLINGS DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Exercises (Exc. Rm)</li> <li>• 10:30 Bible Studies (Chapel)</li> <li>• 1:30 Chaplain Visits</li> <li>• 2:00 Pet Therapy</li> </ul> <p style="text-align: right;"><b>9</b></p>	<p><b>NATIONAL SIBLINGS DAY</b></p> <ul style="list-style-type: none"> <li>• 9:00 Active Yoga With Dawn (Exc. Rm)</li> <li>• 10:30 Creative Crafting (Atrium)</li> <li>• 1:30 Movie &amp; Popcorn "Mrs. Doubtfire" (GL)</li> </ul> <p style="text-align: right;"><b>10</b></p>	<p><b>NATIONAL SIBLINGS DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Stretch &amp; Strength (Exc. Rm)</li> <li>• 10:30 Non-Denominational Worship with Rev. Colleen (Chapel)</li> <li>• 1:30 Tile Rummy (Atrium)</li> <li>• 6:30 Cribbage (Atrium)</li> </ul> <p style="text-align: right;"><b>11</b></p>	<p><b>NATIONAL SIBLINGS DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Exercises (Exc. Rm)</li> <li>• 10:30 Physical Games: Bowling (GL)</li> <li>• 2:00 Rose Tea with "Steven Tyler" (Atrium)</li> <li>• 6:00 Friday Night Movie: "Dead Poets Society" (GL)</li> </ul> <p style="text-align: right;"><b>12</b></p>	<p><b>NATIONAL PEACH COBBLER DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Exercises (Exc. Rm)</li> <li>• 10:30 Physical Games: Horseshoes (Atrium)</li> <li>• 1:00 Virtual Concert (GL)</li> </ul> <p style="text-align: right;"><b>13</b></p>
<p><b>WEEK 2 MENU</b></p> <ul style="list-style-type: none"> <li>• 9:30 Balloon Badminton (Exc. Rm)</li> <li>• 10:30 Catholic Worship (Chapel)</li> <li>• 1:00 Piano Recital With Frank Ho (Atrium)</li> </ul> <p style="text-align: right;"><b>14</b></p>	<p><b>WEEK 2 MENU</b></p> <ul style="list-style-type: none"> <li>• 9:00 Active Yoga With Jeanette (Exercise Room)</li> <li>• 10:30 Crosswords (CAR)</li> <li>• 1:30 Physical Games: Balloon Badminton (Atrium)</li> </ul> <p style="text-align: right;"><b>15</b></p>	<p><b>NATIONAL MUSHROOM DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Exercises (Exc. Rm)</li> <li>• 10:30 Bible Studies (Chapel)</li> <li>• 1:30 Chaplain Visits</li> <li>• 2:00 Afternoon Manicures</li> </ul> <p style="text-align: right;"><b>16</b></p>	<p><b>NATIONAL MUSHROOM DAY</b></p> <ul style="list-style-type: none"> <li>• 9:00 Active Yoga With Dawn (Exc. Rm)</li> <li>• Life Enrichment Planning Morning</li> <li>• 1:30 Horse Races (Atrium)</li> <li>• 3:00 Sing for Fun (Chapel)</li> </ul> <p style="text-align: right;"><b>17</b></p>	<p><b>NATIONAL MUSHROOM DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Stretch &amp; Strength (Exc. Rm)</li> <li>• 10:00 Haven Birthday Tea with "Steven Tyler" (Haven)</li> <li>• 1:30 Tile Rummy (Atrium)</li> <li>• 3:00 Happy Hour (MLL) "don't forget your money!"</li> <li>• 6:30 Cribbage (Atrium)</li> </ul> <p style="text-align: right;"><b>18</b></p>	<p><b>NATIONAL GARLIC DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Exercises (Exc. Rm)</li> <li>• 10:15 Mom &amp; Tots "Do, Re, Mi, ABC" (CAR)</li> <li>• 2:00 Friday Entertainment with "Denis Bourdon" (Atrium)</li> <li>• 6:00 Friday Night Movie: "Big" (GL)</li> </ul> <p style="text-align: right;"><b>19</b></p>	<p><b>HUSBAND APPRECIATION DAY</b></p> <ul style="list-style-type: none"> <li>• 9:30 Exercises (Exc. Rm)</li> <li>• 10:30 Physical Games: Bean Bag Toss (Atrium)</li> <li>• 1:00 Virtual Concert (GL)</li> </ul> <p style="text-align: right;"><b>20</b></p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WEEK 3 MENU</b> • 9:30 Balloon Badminton (Exc. Rm) • 10:00 Morning Music with "Denis Bourdon" (Haven) • 1:30 Afternoon Entertainment With "Echo Singers" (Atrium) • 3:00 Hymn Sing (Chapel) <span style="float: right; font-size: 2em;"><b>21</b></span>	<b>EARTH DAY</b> <b>PASSOVER BEGINS</b> • 9:00 Active Yoga With Jeanette (Exc. Rm) • 10:30 Crosswords (CAR) • 1:30 Super Bingo (Atrium) "We Pay! You Play!" <span style="float: right; font-size: 2em;"><b>22</b></span>	<b>NATIONAL LOVER'S DAY</b> • 9:30 Exercises (Exc. Rm) • 10:30 Bible Studies (Chapel) • 1:30 Chaplain Visits • 2:00 Chocolate Brownie Day! "see you at your door!" • 2:00 Dialogues: Conversations on Life & Death: Green Burials (CAR) <span style="float: right; font-size: 2em;"><b>23</b></span>	<b>NATIONAL PIG IN A BLANKET DAY</b> • 9:00 Active Yoga With Pramila (Exc. Rm) • 10:30 Laurier Heights School Choir (Atrium) • 1:30 International Foods (CAR) <span style="float: right; font-size: 2em;"><b>24</b></span>	• 9:30 Stretch & Strength (Exc. Rm) • 10:30 Anglican Holy Eucharist with Rev. Clare (Chapel) • 1:30 Movie & Popcorn "Best Exotic Marigold Hotel" (GL) • 6:30 Cribbage (Atrium) <span style="float: right; font-size: 2em;"><b>25</b></span>	<b>ARBOR DAY</b> • 9:30 Exercises (Exc. Rm) • 10:15 Mom & Tots "Do, Re, Mi, ABC" (CAR) • 2:00 Friday Entertainment with "Del Ryan" (Atrium) • 6:00 Friday Night Movie: "Flicka" (GL) <span style="float: right; font-size: 2em;"><b>26</b></span>	• 9:30 Exercises (Exc. Rm) • 10:30 Physical Games Washer Toss (Atrium) • 1:00 Virtual Concert (GL) • 2:00 Afternoon Entertainment with "Voces Alegres" (Atrium) <span style="float: right; font-size: 2em;"><b>27</b></span>
<b>WEEK 4 MENU</b> • 9:30 Balloon Badminton (Exc. Rm) • 10:30 Catholic Worship (Chapel) • 1:00 Piano with Roy Li (Atrium) <span style="float: right; font-size: 2em;"><b>28</b></span>	<b>NATIONAL GREENERY DAY</b> • 9:00 Active Yoga With Colleen (Exc. Rm) • 10:30 Crosswords (CAR) • 2:00 Court Birthday Tea "Kristopher Brooks" (Atrium)  <span style="float: right; font-size: 2em;"><b>29</b></span>	<b>PASSOVER ENDS</b> • 9:30 Exercises (Exc. Rm) • 10:30 Bible Studies (Atrium) • 1:30 Chaplain Visits • 1:30 Lane Birthday Tea With "Steven Tyler" (Lane)  <span style="float: right; font-size: 2em;"><b>30</b></span>				

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

### LEGEND

- CAR ..... Court Activity Room
- GL ..... Games Lounge
- A ..... Atrium
- MLL ..... Manor Lobby Lounge
- V ..... Vendor

### LIFE ENRICHMENT STAFF

**Manager:** Leana Nielsen | Phone: 780-930-5819

**Co-ordinators:** Vanessa, Ana, Erica, Kelly, Chelcey, Audra, Austin, Dana, Eric, & Tina

### CONTACT

 **Main Phone**  
780-930-3736

 **Court Reception**  
780-483-5361

 **Nursing Station**  
780-930-3734

  
**Canterbury**  
 FOUNDATION  
 The Promise of Home



### SPRING WORD SEARCH

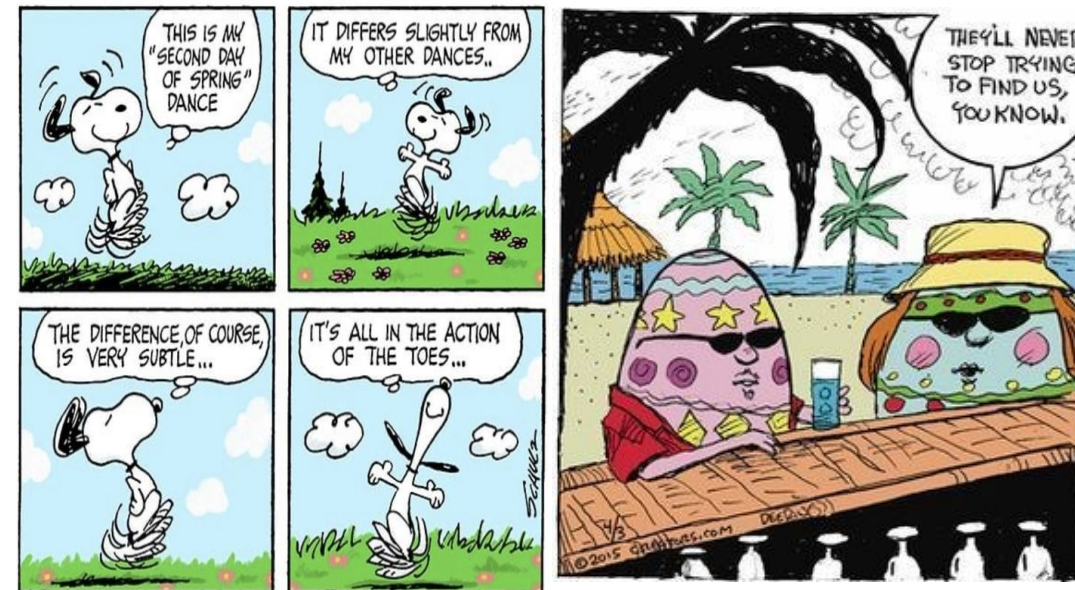
FIND AND CIRCLE EACH WORD!

S	H	O	W	E	R	S	A	E
O	A	S	P	R	I	N	G	A
S	H	O	W	E	R	S	S	S
C	N	B	U	N	N	Y	T	T
T	H	G	R	A	S	S	B	E
U	R	I	A	P	R	I	L	R
L	H	O	C	H	F	O	O	L
I	P	I	N	K	T	D	O	E
P	E	G	G	S	T	S	M	R

Eggs	Easter	Bunny	Bloom
Chick	Fool	April	Showers
Spring	Grass	Pink	Tulip



Phone Numbers of Interest:  
 Beauty Salon: 780 444 0483  
 Dietary: 780 930 3739



### Birthday Wishes

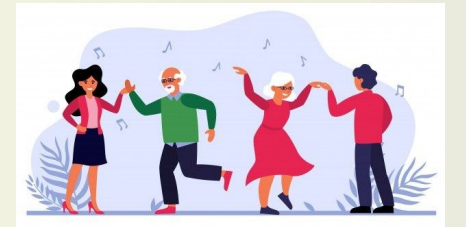
APRIL 13 ROD S.

APRIL 27 MARK H.



### Welcome Wagon

EMILIO & MATIDLE B.



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