

# CANTERBURY FOUNDATION

## COURT BREAKFAST MENU

### MONDAY:

POACHED EGGS  
HARD BOILED EGGS  
SOFT BOILED EGGS  
RAISIN BRAN MUFFINS  
OATMEAL  
CREAM of WHEAT  
TOAST & CINNAMON BUNS  
GRAPEFRUIT SECTION

### TUESDAY:

SCRAMBLED EGGS  
AND CEREAL CREAM  
POACHED EGGS  
HARD BOILED EGGS  
SOFT BOILED EGGS  
GRAPEFRUIT SECTIONS  
SAUSAGES  
OATMEAL  
CREAM of WHEAT  
HASHBROWN  
BLUEBERRY MUFFINS  
BRAN MUFFINS

### WEDNESDAY:

SOFT BOILED EGGS  
HARD BOILED EGGS  
POACHED EGGS  
GRAPEFRUIT SECTIONS  
BRAN MUFFINS  
CREAM of WHEAT  
OATMEAL CEREAL  
CINNAMON BUNS  
TOAST

**THURSDAY:**

POACHED EGGS  
SCRAMBLED EGGS  
AND CEREAL CREAM  
SOFT BOILED EGGS  
HARD BOILED EGGS  
BACON  
BLUEBERRY MUFFINS  
BRAN MUFFINS  
OATMEAL  
CREAM of WHEAT  
TOAST & GRAPEFRUIT SECTIONS

**FRIDAY:**

EGG BENEDICT  
POACHED EGGS  
HARD BOILED EGGS  
SOFT BOILED EGGS  
GRAPEFRUIT SECTIONS  
RAISIN BRAN MUFFINS  
OATMEAL  
CREAM of WHEAT  
BAKED DANISH PASTRY

**SATURDAY:**

SOFT BOILED EGGS  
HARD BOILED EGGS  
POACHED EGGS  
BRAN MUFFINS  
OATMEAL CEREAL  
CREAM of WHEAT  
TOAST & CINNAMON BUNS  
GRAPEFRUIT SECTIONS

**SUNDAY:**

**POACHED EGGS**

**SCRAMBLED EGGS**

**HARD BOILED EGGS**

**SOFT BOILED EGGS**

**BACON & GRAPEFRUIT SECTIONS**

**BRAN MUFFINS**

**OATMEAL CEREAL**

**SUNNYBOY CEREAL**

**CREAM of WHEAT**

**BAKED CROISSANT**

**Choice of Assorted Fruit Juices, Prune Juice and Fresh Fruit, Can Fruit, Stewed Prunes  
Skim Milk, Homo Milk, 2% Milk, Fruit Yogurt, Assorted Jams & Honey Portion  
Regular Coffee & Tea, Green Tea, Water, Hot Chocolate & Decaffeinated Coffee  
Available at all meals**