

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						Morning Music & Watering • 10:30 Balloon Badminton • 1:30 Afternoon Walks • 2:00 Snacks & Conversations 1
Morning Music • 10:30 Ball Toss • 2:30 Afternoon Exercise 2	Morning Music & Watering HERITAGE DAY! • 10:00 Morning Art with Elora • 1:30 Snowball Fun • 2:00 Snacks & Conversations 3	Morning Music • 10:30 Sit & Be Fit • 1:30 Ice Cream Sandwich Day “see you at your door!” • 2:00 Snacks & Conversations 4	Morning Music & Watering • 9:00 Life Enrichment Half Day to Planning Meeting 12:00 • 12:30 Chaplain Visits *cancelled* • 1:30 Balloon Badminton • 2:00 Snacks & Conversations 5	Morning Music • 10:00 Bowling • 1:00 Afternoon Art with Cassidy • 2:00 Snacks & Conversations 6	Morning Music & Watering • 10:00 Lane Drive • 10:30 Ring Toss • 2:00 Friday Entertainment with “The Sunbeams” (Atrium) • 2:00 Snacks & Conversations 7	Morning Music • 10:00 Lane Entertainment with “Vince Anderson” • 1:00 Basketball • 2:00 Snacks & Conversations 8
Morning Music & Watering • 10:30 Bean Bag Toss • 1:00 Balloon Badminton 9	Morning Music • 10:30 Ears to You Hearling Clinic to (Court Library) “call Life 3:30 Enrichment to book your appointment” • 10:00 Basketball Ping Pong • 1:30 Afternoon Exercise • 2:00 Snacks & Conversations 10	Morning Music & Watering • 10:30 Balloon Table Tennis • 1:30 Lane Entertainment with “Matt Grier” • 2:00 Snacks & Conversations 11	Morning Music • 10:00 Morning Art with Madi • 12:30 Chaplain Visits *cancelled* • 1:30 Basketball • 2:00 Snacks & Conversations 12	Morning Music & Watering • 10:00 Tunes on the Ivories • 1:00 Bubble Pop! • 2:00 Snacks & Conversations • 2:00 Concerts in Care Alberta (Atrium) 13	Morning Music • 10:30 Nerf Gun Fun! • 2:00 Friday Entertainment with “Juke Box Leigh” (Atrium) • 2:00 Snacks & Conversations 14	Morning Music & Watering • 10:30 Balloon Badminton • 1:30 Bean Bag Toss • 2:00 Snacks & Conversations 15

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Morning Music • 10:30 Bolongo Ball • 2:30 Courtyard Walks & Conversations 16	Morning Music & Watering • 10:00 Music Discovery • 1:30 Balloon Ping Pong • 2:00 Snacks & Conversations 17	Morning Music • 10:30 Sit & Be Fit • 1:30 Courtyard Conversations & Lemonade with Vanessa • 2:00 Snacks & Conversations 18	Morning Music & Watering • 10:30 Bean Bag Toss • 12:30 Chaplain Visits <i>*cancelled*</i> • 1:30 Memory Box Discoveries • 2:00 Snacks & Conversations • 6:30 Lane Entertainment with "Jeff Ramsey" 19	Morning Music • 10:00 Tunes on the Ivories • 1:00 Lane Mystery Drive • 2:00 Snacks & Conversations 20	Morning Music & Watering • 10:30 Morning Fun with Austin • 2:00 Friday Entertainment with "Kennedy Jensen" (Atrium) • 2:00 Snacks & Conversations 21	Morning Music • 10:00 Lane Entertainment with "Kelly Bourdage" • 1:00 Balloon Badminton • 2:00 Snacks & Conversations 22
Morning Music & Watering • 10:30 Basketball • 1:00 Afternoon Fun with Kiran 23	Morning Music • 10:00 Rocking Chair Memories • 2:00 Court Birthday Tea with "Len Umrysh" (Atrium) • 2:00 Snacks & Conversations 24	Morning Music & Watering • 10:30 Balloon Table Tennis • 1:30 Lane Birthday Tea with "Terry Jorden" • 2:00 Snacks & Conversations 25	Morning Music • 10:00 Morning Art with Elora • 12:30 Chaplain Visits • 2:00 Snacks & Conversations • 3:00 Ring Toss <i>*time change*</i> 26	Morning Music & Watering • 10:00 Ball Toss • 1:00 Trivia with Cassidy • 2:00 Snacks & Conversations 27	Morning Music • 10:30 Morning Exercise • 2:00 Friday Entertainment with "Randy Glen" (Atrium) • 2:00 Snacks & Conversations 28	Morning Music & Watering • 10:30 Balloon Badminton • 1:00 Basketball • 2:00 Snacks & Conversations 29
Morning Music • 10:30 Courtyard Conversations • 1:00 Bean Bag Toss 30	Morning Music & Watering • 10:00 Morning Fun with Kiran • 1:30 Balloon Ping Pong • 2:00 Snacks & Conversations 31					

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

OUR BELIEF

That seniors should experience the utmost comfort, joy and fulfillment in a supportive and thriving community.

OUR RESPONSIBILITY

To partner with our residents and families to co-create and serve as the model of excellence for seniors' housing and care.

OUR MANDATE

To be in conversation, and connection with those that help shape and strengthen our community To promote evidence-based practice and innovation in seniors' care To have a solid business foundation that enables long-term sustainability and increased access to our services.

CONTACT



Life Enrichment
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780-930-3736



Court Reception
780-483-5361



Nursing Station
780-930-3734

LIFE ENRICHMENT STAFF

Co-ordinators: Vanessa, Erica, Kelly, Rus, Austin, Eric, Elora, Madi, Cassidy & Kiran

Supervisor: Chelcey Buck | Phone: 780-930-5817

Manager: Leana Nielsen | Phone: 780-930-5819



THIS MONTH'S ACTIVITIES

COUNTRIES OF THE WORLD

Y O G R S P Z Q P S U C M W L E E C N A R F K P
D S C B P Q S O Q F R Y Y N H Y W T Q V O J D B
E U U P J A O H J Y E X E H J H J J X O C T U N
Q F Z H W D L H L D P I I I V H A O R O K E L I
N N E W Z E A L A N D L Y U S W E D E N L I P G
C K Y N A M R E G H T L L T S D V T Z C P C M E
D P F D F K N B T L L E A R C H J U S T T H I R
D K C B Y A X P H Q D E T N T U H R D Y H I K I
E G Y P T N F L A G Z W I X F H A K N I F N Z A
S W O D T I J F I C X G N D S K D E A M T A N J
P U J L I T V K L N G D Q T D D L Y L N U G D H
P S T L T N W F A E F R C D J R E I T G K T V M
B Z H A W E O O N O L H Z F G O E R O K Y L K O
K Z L Y S G L V D O P C R A P H K W C V O L F J
M L L E T R D Z T D O F A A D X U P S L B H Z Q
K Z D O E A P U T T V D D I G O J K D K N U S V
H I M W E R U B V Z B M Y W P J J J O I A N X S
Y N D I R X B A D E T O L W U R N D G O P G A B
L R E E B H X B C A N A D A D H T O R C A A J O
R U S S I A M L D J R J E Q O K F Y J I J R K B
X P T P G E V I E J U H D J C L U K S X C Y A T
K J O H Z R W P K J M M E N G L A N D E P Y Y P
A L T J O Z L W L N Z X B D C L F L P M E Y O F
K N P P V L A F B L E A R S I V I R T Q D H M Y

New Zealand	Argentina	Scotland	Thailand
England	Germany	Hungary	Nigeria
Canada	France	Israel	Mexico
Russia	Sweden	Turkey	China
Egypt	Italy	Japan	Peru



Ethiopia: Ethiopia operates on its own ancient Coptic calendar, which features 13 months and places them roughly seven years behind the standard Gregorian calendar.



Italy: Since the end of World War II, the Italian Republic has had dozens of different governments, averaging a new administration nearly every year due to frequent parliamentary shifts.



France: Because of its scattered overseas territories (such as French Polynesia, Guadeloupe, and Réunion), France technically spans 12 different time zones, the most of any country in the world.



Australia: The continent-country of Australia is nearly 4000 km wide, making it physically wider than the Moon.



Birthday Wishes





Welcome Wagon

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The Promise of Home

