



















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<div>Morning Music</div> <div><ul style="list-style-type: none">• 10:00 Basketball• 2:00 Friday Entertainment with “Lyle Hobbs” (Atrium)• 2:00 Snack & Conversation• 3:30 Afternoon Exercise</div> <div>1</div>	<div>Morning Music & Watering</div> <div>No Programming Available Today.</div> <div>2</div>
<div>Morning Music</div> <div>No Programming Available Today.</div> <div>3</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">• 10:00 Ball Toss• 2:00 Snacks and Conversation• 3:00 Afternoon Exercise</div> <div>4</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">• 10:00 Sit & Be Fit• 1:30 Lane Entertainment with “Mike Chenoweth”• 2:00 Snacks & Conversation</div> <div>5</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">• 10:00 Lane Mystery Drive• 12:30 Chaplain Visits <i>*cancelled*</i>• 1:30 Nerf Gun Target Shooting• 2:00 Snacks & Conversation</div> <div>6</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">• 9:00 Life Enrichment Half Day to Planning Meeting• 12:45 Music with Rus• 2:00 Snacks and Conversation</div> <div>7</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">• 10:00 Balloon Badminton• 2:00 Beach Party with “Donna Lee Random” (Atrium)• 2:00 Snack and Conversation• 3:30 Afternoon Exercise</div> <div>8</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">• 10:00 Lane Entertainment with “Vince Anderson”• 1:15 Basketball• 2:00 Snacks & Conversations</div> <div>9</div>
<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">• 9:30 Morning Exercise• 10:30 Inspirational Stories</div> <div>10</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">• 10:00 Balloon Badminton• 1:30 Banana Splits• 2:00 Snacks and Conversations</div> <div>11</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">• 10:00 Horse Races• 1:30 Afternoon Baking• 2:00 Snack and Conversation</div> <div>12</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">• 9:30 Basketball• 12:30 Chaplain Visits <i>*cancelled*</i>• 1:30 Courtyard Walks & Talks• 2:00 Snack & Conversation</div> <div>13</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">• 10:00 Storytime Giggles• 12:45 Music with Rus• 2:00 Snacks & Conversation</div> <div>14</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">• 10:00 Bolongo Ball• 2:00 Friday Entertainment with “Erin Vanderplatten” (Atrium)• 2:00 Snack & Conversation• 3:30 Afternoon Exercise</div> <div>15</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">• 10:30 Morning Exercise• 1:30 Memory Joggers• 2:00 Snacks and Conversation</div> <div>16</div>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>Morning Music</div> <div><ul style="list-style-type: none">10:30 Morning Crafts with Madi</div> <div></div> <div><ul style="list-style-type: none">2:30 Ball Toss</div> <div>17</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">10:00 Storytime with Kids1:00 Duck Race Sales (Atrium)2:00 Snacks & Conversation2:00 Duck Races (Court Courtyard)3:15 Afternoon Exercise with Madi</div> <div></div> <div>18</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">10:00 Garden Conversations</div> <div></div> <div><ul style="list-style-type: none">2:00 Ice Cream Day “see you at your door!”</div> <div></div> <div><ul style="list-style-type: none">3:00 Afternoon Music with “Mary Ellen Davidson” (Retro)</div> <div>19</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">9:30 Morning Exercise</div> <div></div> <div><ul style="list-style-type: none">12:30 Chaplain Visits *cancelled*1:30 Courtyard Walks & Talks2:00 Snacks and Conversations</div> <div>20</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">10:00 Storytime Giggles</div> <div><ul style="list-style-type: none">12:45 Music with Marg</div> <div></div> <div><ul style="list-style-type: none">2:00 Snacks & Conversation</div> <div>21</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">10:00 Bean Bag Toss2:00 Friday Entertainment with “Steven Tyler” (Atrium)</div> <div></div> <div><ul style="list-style-type: none">2:00 Snack & Conversation3:30 Afternoon Exercise</div> <div>22</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">10:00 Lane Entertainment with “Louise LaPorte”</div> <div></div> <div><ul style="list-style-type: none">1:15 Afternoon Exercise2:00 Snack and Conversations</div> <div>23</div>
<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">9:30 Morning Exercise10:30 Crafts with Madi!</div> <div></div> <div>24</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">10:00 Balloon Badminton1:00 Ball Toss2:00 Court Birthday Tea with “Douglas Mitchell” (Atrium)</div> <div></div> <div>25</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">10:30 Sit & Be Fit1:30 Lane Birthday Tea with “Bob Gagnon”</div> <div></div> <div><ul style="list-style-type: none">2:00 Snack & Conversation</div> <div>26</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">10:00 Inspirational Stories12:30 Chaplain Visits *cancelled*1:00 Walker Wash (Court Courtyard)2:00 Snacks and Conversation</div> <div></div> <div>27</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">10:00 Balloon Table Tennis12:45 Music with Marg2:00 Snacks & Conversations</div> <div>28</div>	<div>Morning Music</div> <div><ul style="list-style-type: none">10:00 Basketball2:00 Friday Entertainment with “Kennedy Jenson” (Atrium)2:00 Snacks & Conversation3:30 Afternoon Exercise</div> <div></div> <div>29</div>	<div>Morning Music & Watering</div> <div><ul style="list-style-type: none">10:30 Balloon Ping Pong1:30 Nerf Gun Target Shooting2:00 Snack and Conversations</div> <div></div> <div>30</div>
<div>Morning Music</div> <div><ul style="list-style-type: none">10:30 Balloon Badminton2:30 Walks & Talks with Austin</div> <div></div> <div>31</div>						

ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

OUR BELIEF

That seniors should experience the utmost comfort, joy and fulfillment in a supportive and thriving community.

OUR RESPONSIBILITY

To partner with our residents and families to co-create and serve as the model of excellence for seniors' housing and care.

OUR MANDATE

To be in conversation, and connection with those that help shape and strengthen our community To promote evidence-based practice and innovation in seniors' care To have a solid business foundation that enables long-term sustainability and increased access to our services.

LIFE ENRICHMENT STAFF

Manager: Leana Nielsen | Phone: 780-930-5819
Team Lead: Chelcey Buck | Phone: 780-930-5817
Co-ordinators: Vanessa, Erica, Kelly, Rus, Austin, Eric, Elora, Madi, Cassidy & Dana

CONTACT



Life Enrichment
Main Phone
780-930-3736



Court Reception
780-483-5361



Nursing Station
780-930-3734





THIS MONTH'S ACTIVITIES

WORDSEARCH

T	I	M	H	O	R	T	O	N	S
A	U	Q	Y	Z	D	R	R	L	B
P	A	X	I	E	H	R	H	R	J
O	C	A	N	A	D	A	Q	E	G
U	M	A	P	L	E	N	F	D	A
T	H	O	C	K	E	Y	C	S	G
I	Z	C	Q	K	W	S	N	O	W
N	B	E	A	V	E	R	V	L	N
E	I	X	O	N	T	A	R	I	O
U	L	X	E	W	H	I	T	E	Q

TIM HORTONS
HOCKEY
MAPLE
RED

ONTARIO
BEAVER
WHITE

POUTINE
CANADA
SNOW

Significant August Historical Events:

- **August 24, 79AD** - Pompeii was destroyed by the eruption of Mount Vesuvius.
- **August 18, 1920** - American woman gain voting rights.
- **August 3, 1838** - Slavery was abolished in Jamaica.
- **August 14, 1945** - Japan surrendered to the Allied Forces, effectively ending World War 2.
- **August 12, 1961** - The Berlin wall began to be constructed.



Birthday Wishes

August 15 - CJ M.
August 25 - Dixie F.



Welcome Wagon

Dixie F.

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