


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<div><div>Week 4 Menu</div><div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:15 Big Brain (Court Activity Room)</div><div>• 2:00 Men's Club House (Court Activity Room)</div><div>• 2:00 Court Mystery Drive "sign up at reception"</div></div></div>	<div><div>• 9:30 Exercise (Exercise Room) *cancelled*</div><div>• 9:00 to 4:00 Life Enrichment Full Day Planning Meeting</div><div>• 10:30 United Worship with Rev. Karen (Chapel)</div><div>• 6:30 Evening Show: "M*A*S*H" (Games Lounge)</div></div>	<div><div>• 9:30 Stretch & Strength (Exercise Room)</div><div>• 10:15 Jeopardy *New Program* (Court Activity Room)</div><div>• 10:30 Lutheran Worship with Rev. Greg (Chapel)</div><div>• 1:30 Scrabble (Atrium)</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 11:00 Catholic Mass with Father Dean (Chapel)</div><div>• 2:00 Friday Entertainment with "Lodge Pole" Brass Quintet (Atrium)</div><div>• 6:00 Friday Night Movie: 2 Popes (Games Lounge)</div></div>	<div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 1:00 Virtual Concert (Games Lounge)</div></div>
<div><div>Week 1 Menu</div><div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 10:30 Catholic Worship (Chapel)</div><div>• 1:30 Piano Recital with Frank Ho's Students (Atrium)</div></div></div>	<div><div>• 9:00 Active Yoga With Colleen (Exercise Room)</div><div>• 10:30 Crosswords (Court Activity Room)</div><div>• 1:30 Afternoon Exercise (Exercise Room)</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:15 Music & Meanders with Rus (Atrium)</div><div>• 1:30 Chocolate Brownie Day "see you at your door!"</div></div>	<div><div>• 9:30 Exercise (Exercise Room)</div><div>• 10:15 Easter Card Making (Atrium)</div><div>• 1:30 Card Bingo (Atrium)</div><div>• 3:00 Sing for Fun (Chapel)</div><div>• 6:30 Diocese of Edmonton Children's Choir (Atrium)</div></div>	<div><div>• 9:30 Stretch & Strength (Exercise Room) *cancelled*</div><div>• 10:30 Baptist Worship with Rev. Carol & Rev. Jim (Chapel)</div><div>• 1:30 Afternoon Stretch & Strength (Exercise Room)</div><div>• 3:00 Manor Happy Hour "don't forget your money"</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium)</div><div>• 2:00 Friday Entertainment with "Jeff Ramsey" (Atrium)</div><div>• 6:00 Friday Night Movie: "Sideways" (Games Lounge)</div></div>	<div><div>• 9:30 Exercise (Atrium)</div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 1:00 Virtual Concert (Games Lounge)</div><div>• 2:30 Physical Game: Bolongo Ball (Atrium)</div></div>
<div><div>Week 2 Menu</div><div><div>• 9:30 Balloon Badminton (Atrium)</div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 10:30 Catholic Worship (Chapel)</div><div>• 1:00 Crosswords (Court Activity Room)</div></div></div>	<div><div>• 9:00 Active Yoga With Colleen (Exercise Room)</div><div>• 9:30 Easter Crafts with Laurier Heights Kinders (Atrium)</div><div>• 10:30 Crosswords (Court Activity Room) *cancelled*</div><div>• 1:30 Hangman (Court Activity Room)</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:15 World Tales (Court Activity Room)</div><div>• 2:00 Westend Singers (Atrium)</div></div>	<div><div>• 9:30 Exercises (Exercise Room)</div><div>• 1:30 to 2:30 Kelly's Kitchen (Court Activity Room)</div><div>• 3:00 Men's Club House (Court Activity Room)</div><div>• 6:30 Evening Show: "M*A*S*H" (Games Lounge)</div></div>	<div><div>• 9:30 Stretch & Strength (Exercise Room)</div><div>• 10:30 Anglican Worship with Rev. Colleen (Chapel)</div><div>• 2:00 Easter Tea with "Birch Nero" (Atrium)</div></div>	<div><div>Good Friday</div><div>• 9:30 Exercises (Exercise Room)</div><div>• 10:30 Ecumenical Good Friday Service (Chapel)</div><div>• 2:00 Friday Entertainment with "Vince Anderson" (Atrium)</div><div>• 6:00 Friday Night Movie: "Greater" (Games Lounge)</div></div>	<div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div><div>• 1:00 Easter Egg Hunt with Connecting Seniors with Care (Atrium)</div></div>
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div><div>Week 3 Menu</div><div>Easter Sunday</div><div><div><div><div></div><div></div></div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div></div><div><div><div></div><div></div></div><div>• 10:30 Catholic Worship (Chapel)</div></div><div><div><div></div><div></div></div><div>• 1:30 Children's Recital (Atrium)</div></div></div><div>20</div></div>	<div><div><div>• 9:00 Active Yoga With Colleen (Exercise Room)</div><div><div></div><div></div></div></div><div><div><div>• 10:30 Crosswords (Court Activity Room)</div></div><div><div><div>• 1:30 Super Bingo</div><div><div></div><div></div></div><div>"you play, we pay!" (Atrium)</div></div></div></div><div>21</div></div>	<div><div><div>• 9:30 Exercises (Exercise Room)</div><div><div></div><div></div></div></div><div><div><div>• 10:15 Music & Meanders with Rus (Atrium)</div></div><div><div><div>• 2:00 Volunteer Tea with Mary Ellen Davidson (Atrium)</div><div><div></div><div></div></div></div></div><div>22</div></div></div>	<div><div><div>• 9:30 Exercises (Exercise Room)</div></div><div><div><div>• 10:30 Memory Magic (Atrium)</div></div><div><div><div>• 1:30 Hangman (Court Activity Room)</div></div><div><div><div>• 3:00 Sing for Fun (Chapel)</div><div><div></div><div></div></div></div><div><div><div>• 6:00 Evening Show: "M*A*S*H" (Games Lounge)</div></div></div></div><div>23</div></div></div></div>	<div><div><div>• 9:30 Stretch & Strength (Exercise Room) *cancelled*</div><div><div></div><div></div></div></div><div><div><div>• 10:30 Anglican Worship with Rev. David (Chapel)</div></div><div><div><div>• 1:30 Afternoon Stretch & Strength (Exercise Room)</div><div><div></div><div></div></div></div><div><div><div>• 1:30 Popcorn & Movie "The Volcano: Rescue From Whakaari" (Games Lounge)</div></div><div><div><div>• 3:00 Manor Happy Hour "don't forget your money!"</div><div><div></div><div></div></div></div></div><div>24</div></div></div></div></div>	<div><div><div>• 9:30 Exercises (Exercise Room)</div></div><div><div><div>• 10:15 Mom & Tots "Do, Re, Mi, ABC" (Atrium)</div></div><div><div><div>• 2:00 Friday Entertainment with "Gary Meyers" (Atrium)</div><div><div></div><div></div></div></div><div><div><div>• 6:00 Friday Night Movie: "50 - 1" (Games Lounge)</div></div><div><div><div>• 6:30 Shabbat Service with Cantor David (Chapel)</div></div></div></div><div>25</div></div></div></div>	<div><div><div>• 9:30 Exercise (Atrium)</div><div><div></div><div></div></div></div><div><div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div></div><div><div><div>• 1:00 Virtual Concert (Games Lounge)</div></div><div><div><div>• 2:30 Physical Game: Bean Bag Toss (Atrium)</div></div></div></div><div>26</div></div></div>
<div><div>Week 4 Menu</div><div></div><div><div><div><div></div><div></div></div><div>• 9:30 Balloon Badminton</div></div><div><div><div>• 10:00 Coffee and Conversation (Atrium) *Independent</div></div><div><div><div>• 10:30 Catholic Worship (Chapel)</div></div><div><div><div>• 1:00 Card Bingo (Atrium)</div><div><div></div><div></div></div></div><div><div><div>• 3:00 Hymn Sing (Chapel)</div></div></div></div><div>27</div></div></div></div></div>	<div><div><div>• 9:00 Active Yoga With Colleen (Exercise Room)</div><div><div></div><div></div></div></div><div><div><div>• 10:00 Pieces by Sharon to 3:00 (Manor)</div></div><div><div><div>• 10:30 Crosswords (Activity Room)</div></div><div><div><div>• 2:00 Court Birthday Tea with "Randy Glen" (Atrium)</div><div><div></div><div></div></div></div></div><div>28</div></div></div></div>	<div><div><div>• 9:30 Exercises (Exercise Room)</div><div><div></div><div></div></div></div><div><div><div>• 10:30 Big Brain (Court Activity Room)</div></div><div><div><div>• 1:15 Court Mystery Drive</div><div><div></div><div></div></div><div>"sign up at reception"</div></div></div></div><div>29</div></div>	<div><div><div>• 9:30 Exercises (Exercise Room) *cancelled*</div></div><div><div><div>• 9:00 to 11:00 SPA DAY! "Let us pamper you!" (Court Activity Room)</div></div><div><div><div>• 10:00 to 3:00 Plus Size Creations (Court Games Lounge)</div></div><div><div><div>• 1:30 Afternoon Exercise (Exercise Room)</div><div><div></div><div></div></div></div><div><div><div>• 6:00 Evening Show: "M*A*S*H" (Games Lounge)</div></div></div></div><div>30</div></div></div></div>	<div><div><div></div><div></div></div></div>		

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ALL PROGRAMS ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

LEGEND	
Exc. Rm	Exercise Room
GL	Games Lounge
A	Atrium
M	Manor
MLL	Manor Lobby Lounge
C	Chapel
CAR	Court Activity Room
FSL	Manor Fireside Lounge
	Formal Event/Attire


LIFE ENRICHMENT STAFF


Manager: Leana Nielsen | Phone: 780-930-5819


Team Lead: Chelcey Buck | Phone: 780-930-5817

Co-ordinators: Vanessa, Erica, Kelly, Audra, Austin, Dana, Eric, Rus, Elora & Madi

CONTACT

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Nursing Station 780-930-3734



THIS MONTH'S ACTIVITIES

Spring Flowers

P	T	T	X	C	P	E	T	U	N	I	A	N	X	E
O	A	S	Y	I	S	V		O	L	E	T	F	A	G
P	A	J	D	A	I	S		Y	L	R	N	Y	A	E
P	Z	Q	C	R	O	C		S	I	U	Z	I	H	R
Y	C	O	S	M	O	S	C	D	L	O	H	G	N	A
S	U	N	F	L	O	W	E	R	Y	T	S	B	W	N
D	M	D	C	H	F	R	D	V	Y	Z	I	O	P	I
L	Q	S	A	Q	N	Z	V	S	A	Z	R	K	A	U
O	K	C	R	F	B	R	R	Y	D	Z	I	A	N	M
G	K	A	N	A	F	O	O	E	O	Z	A	S	S	U
I	E	L	A	L	F	O	D	S	K	N	C	L	Y	X
R	M	I	T	Z	G	E	D	E	E	E	A	L	E	U
A	O	L	I	G	U	Z	P	I	Z	I	N	N	I	A
M	Q	T	O	Q	X	U	A	L	L	D	J	N	K	Y
Y	R	O	N	L	T	O	Y	E	T	U	L	I	P	S

Word list:

AZALEA	DAISY	LILY	ROSE
CARNATION	FORSYTHIA	MARIGOLD	SUNFLOWER
COSMOS	GERANIUM	PANSY	TULIP
CROCUS	IRIS	PETUNIA	VIOLET
DAFFODIL	LILAC	POPPY	ZINNIA

"He is not here;
He has risen!" - Luke 24:6

Leaf by leaf,
the spring arrives,
Bloom by bloom
the world grows bright
As day by day,
love fills the world
With simple joys
and heart's
delight.

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Birthday Wishes

April 07 - Rex B.
April 21 - Morley B.
April 29 - Jessie B.
April 29 - Bernie M.
April 30 - Helena L.
April 30 - Janet V.

Welcome Wagon

Thelma C.
Sanford F.

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