

CANTERBURY TIMES



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HAPPY CANADA DAY



At Canterbury, we're proud to call Canada home and grateful for the wonderful community that makes our residence such a special place. May this Canada Day bring you happiness, pride, and plenty of reasons to celebrate.



Activity Program Highlights

Friday, July 3rd: Canada Day Party with "The Britz" at 2:00pm in the Atrium. "Wear Something Red!"

Thursday, July 8th: Square Dancers at 2:00pm in the Atrium.

Friday, July 10th: Presentation: "High Performance Aging" by Denise Rouleau at 10:30am. Manor Activity Room.

Friday Entertainment with "Kelly Bourdage" at 2:00pm in the Atrium.

Tuesday, July 14th: Optometry Clinic with Dr Kallal in the Court Private Dining Room. Call Life Enrichment at 780-930-3736 to book appointment.

Wednesday, July 15th: Sing For Fun at 3:00pm in the Chapel.

Thursday, July 16th: Concerts in Care Alberta at 2:00pm in the Atrium.

Friday, July 17th: Klondike Kick-Off with "Sean Sonogo" at 2:00pm in the Atrium.

Sunday, July 19th: Hymn Sing at 3:00pm in the Chapel.

Tuesday, July 21st: Super Bingo at 1:30pm in the Atrium.

"You play, we pay!"

Wednesday, July 22nd: Duck Races! Sales start at 1pm in the Atrium. Races start at 2pm in the Court Courtyard "rain or shine!" Ducks are \$1.00 each and you can purchase up to 10 ducks. This is a fundraiser for Life Enrichment, so come pick a duck and try your luck!

Thursday, July 23rd: Live Horse Races at 1:30pm in the Atrium.

Friday, July 24th: Gold Rush Party with "Lindsay Nagy" at 2:00pm in the Atrium. "Wear Gold or Yellow!"

Wednesday, July 29th: Life Enrichment BBQ!!!! The Life Enrichment Team invites you to join us for our BBQ fundraiser. For \$15.00 you will get a hamburger, side and ice cream sandwich. All proceeds go back into our amazing programs! Order forms can be purchased at reception for residents, and staff can purchase at the Cherub's Café. See posters and calendars for more details.

Friday, July 31st: Friday Entertainment with "Michael Greet" at 2:00pm in the Atrium.

CANADA DAY IN EDMONTON

Canada Day Races at Century Mile:

Date: Wednesday, July 1, 2026

Time: Doors at 12:15 PM | Racing starts at 1:15 PM

Venue: Century Mile Racetrack and Casino

Address: 4711 Airport Perimeter Road
Edmonton International Airport

Website: www.cnty.com/centurymile

Celebrate Canada Day with the Edmonton Riverboat:

Date: Wednesday, July 1, 2026

Time: 9:00 PM – 1:00 AM (11:00 PM Fireworks)

Venue: Rafters Landing – Henrietta Muir
Edwards Park

Address: 9734 98 Ave NW, Edmonton

Website: edmontonriverboat.ca

Light Up for Canada Day – River Valley Fireworks:

Date: Wednesday, July 1, 2026

Time: 11:00 PM

Where: Edmonton River Valley

Website: www.edmonton.ca



JULY 01



Classic Macaroni Salad

SERVINGS: 10

PREPPING TIME: 20 MIN

COOKING TIME: 10 MIN

Ingredients

- 4 cups uncooked elbow macaroni
- 1 cup mayonnaise
- $\frac{2}{3}$ cup white sugar, or to taste
- $\frac{1}{4}$ cup distilled white vinegar
- 2 $\frac{1}{2}$ tablespoons prepared yellow mustard
- 1 $\frac{1}{2}$ teaspoons salt
- $\frac{1}{2}$ teaspoon ground black pepper
- 2 stalks celery, chopped
- 1 large onion, chopped
- 1 green bell pepper, seeded and chopped
- $\frac{1}{4}$ cup grated carrot (Optional)
- 2 tablespoons chopped pimento peppers (Optional)

Directions

1. Bring a large pot of lightly salted water to a boil. Cook macaroni pasta in the boiling water, stirring occasionally, until tender yet firm to the bite, about 8 minutes. Rinse under cold water and drain.
2. Mix mayonnaise, sugar, vinegar, mustard, salt, pepper, and macaroni pasta together in a large bowl
3. Stir in celery, onion, green pepper, carrot, and pimentos..
4. Refrigerate salad for at least 4 hours before serving, but preferably overnight.

This creamy macaroni salad always gets lots of compliments. It's an easy recipe to make with macaroni pasta, celery, onion, bell pepper, carrot, and pimentos and has a pleasing tangy dressing that everyone seems to love!

COMMUNITY EVENTS

OUR TOP PICKS FOR JULY



Rocky Mountain Nationals

Where: RAD Torque Raceway - 50342 Range Rd 253, Edmonton International Airport, Alberta

Date: July 10 – July 12, 2026

More Information:

<https://www.showpass.com/2026-rocky-mountain-nationals/>



The Craft of: Chocolate Mixology

Where: Delavoie Chocolate Maker - 10639 124 St #101, Edmonton, Alberta

Date: July 12, 2026

More Information:

<https://www.exploretock.com/delavoie-chocolate-maker-edmonton/event/609607/the-craft-of-chocolate-mixology>



Jubilations Dinner Theatre: Golden Girls Vegas Vacation

Where: Jubilations Dinner Theatre - 8882 170 St, Edmonton, Alberta

Date: June 19 – August 23, 2026

More Information:

<https://jubilations.ca/edmonton-shows/golden-girls-vegas-vacation/>



Colette's Story

Written by Erika Sleds

Even if you do not already know the Bosnyaks, many of you will be familiar with Colette because she can be seen eating lunch and dinner with her husband, daily in the Court Dining Room. You may also have seen her attending entertainments in the Atrium with her husband. Since I started working here, I have always been impressed by Colette and wondered about her past. The following is what I have gleaned from conversation with her loving husband, George.

Colette was born in France on February 16th, 1923. Yes, she is 101 years old, but you would never know it because she looks years younger. She hails from Paris and was the youngest of five children. Her father worked for the Suez Canal Company, her mother was a dedicated home maker and a naturally skilled seamstress. Colette has post-secondary education and studied law when she was a young lady, but decided it was not something she wanted to continue and left school. This was no matter, as she obtained interesting and meaningful employment; having been engaged by the Department of National Defense as a secretary after the Second World War.

Colette and George met in Paris where George was completing his university studies after the war. They lived in the same apartment building; George was on the first floor and Colette was on the second. They fell in love and agreed to marry. George left to work as a veterinarian in Alberta and she followed 9 months later, in 1949.

George came to Bonaventure originally, because he and Colette both spoke French, and he later set up a veterinary practice in St. Paul Alberta, a very successful business he built on his own, from the



George says that it and quite a sacrifice (and Paris) to settle very rural back town were built.

Colette came to C after arriving in the her way across the like Paris, crossing and then travelling to meet your fiancé Colette had the br to do it.

George and Colette Catholic Church ceremony was with close friends. Colette year (1950) and following two years sons, all of whom George and Colette 6 great-grandchildren George says that rural Alberta and wild game which is an avid game hunter describes how she citizen, giving up the chagrin of Fries

Unveiling the Heartbeat of Our Community: Residents' Life Chronicles



WRITTEN BY BARBARA

July is a month full of memories for me. It began when I walked into my grade 12 class in 1951 and saw Leonard across a crowded (class) room. After a 5 year court ship, we were married on July 16, 1958. During that time, I finished grade 13, then Teachers' College and 3 years of teaching. In the course of 5 yrs. (Gr. 9 - 11), I won the public speaking contest every year and the final year, I won the overall title. That led to me giving the sermon in church one Mother's Day. Leonard chose our wedding day because it was the Saturday before my birthday. He reasoned that we would plan an anniversary celebration and then he'd recall my birthday two days later. After we married, we had 3 children followed by a grand-children and now there are 2 great grandchildren. In spite of my health problems, I led an UP and DOWN life.



My health issues began when I was 10 yrs. old and spent several months in bed with non-paralytic polio that seemed cured but has returned with pain and weakness. When I was 22, I was diagnosed with Fibrosyrtalgia 'known as the irritable every thing illness' and it has caused many problems. For 2 years, I was able to hike UP on mountain trails and DOWN ski hills wearing wrist, knee and back braces - with our family. My physical health deteriorated and I turned to writing - over 180 family stories, poetry, journals and photos for 4 grandchildren until they were 18 - knitting, crocheting. I've had both knees replaced and 3 hip replacements - yes, if The right one had to be redone after 4 dislocations because the two parts were not compatible. During the 63 years we were married, Leonard never complained about all the appointments etc. He supported and encouraged me. We moved to Canterbury in 2019 when I could no longer care for him due to his Alzheimer's and my health. We never regretted this decision.

Words I strive to live by:

- I try to be the best I can be - every day.
- "Be proud of what you have accomplished."
- (suggested to me on a rough day by a resident's daughter)
- "Attitude determines Altitude"

WANT TO BE
FEATURED
IN OUR NEXT NEWSLETTER?
Send your story to
camilles@canterburyfoundation.com

UNVEILING THE HEARTBEAT OF OUR COMMUNITY: RESIDENTS' LIFE CHRONICLES

Close, Connected and Content at Canterbury!

Written by Anna Viala, Emily Fabrizi's daughter

How did 41 years go by? In 1981, I left Ontario "for a year" to continue my studies in Edmonton. I was the first to "leave" when in our extended Italian family. In my 20s, I wasn't thinking of aging parents or the challenges that distance would present. My life in Alberta developed and 1 year turned to 2 and so on. I finally felt like family accepted my choice to stay in Alberta when I married Dave in 2002!

Mama & Papa were hard-working and devoted parents to me and my older sister Marghietta. Sadly, my sister died in 2012, leaving her husband, 3 sons and a daughter who love Grandma. Now there are 3 Great-Grandsons too.

My Dad relied on my Mom to do all the cooking and housekeeping. He drove the car, took care of the lawn, was a master gardener and handled all mail and finances. In his 80s, serious health problems emerged and he developed a dementia linked to his long-term alcohol use. By 2010 he had us stop driving and could no longer handle mail or finances. Mama was diagnosed with probable Alzheimer's Disease in 2016. As Papa started needing more help and could do less, this took a toll on Mama and her progressing dementia. When Papa moved to long-term care, she visited him regularly during his final 1 1/2 years. Living at home alone got more difficult as Mama's dementia progressed. I arrived in November 2017 to find her overwhelmed and scared. I needed help so dove into the Alzheimer Society where a staff member sat down with me, listened and gave me hope.

When I returned to Edmonton, I signed up for dementia education at the Alzheimer Society and have been regularly attending Care Partner Support Group meetings ever since. Soon after I returned home from that visit, my Mom fell at home and was hospitalized. She recovered and this even led to Mama getting the help she needed. She stayed in a rehab facility for several months where they fully assessed her cognitive skills and realized she could not return home. Mama moved to Cobblestone Gardens Assisted Living Retirement Residence where she lived for almost 5 years. She did well there until mid 2022. Our fall visit confirmed it was time to find Mom suitable dementia care in Edmonton. We wanted her to live close to us to enable frequent in-person connection and to be able to easily monitor and support her care. Dave and I returned from Ontario with a clear focus and priority to get my Mom to Edmonton ASAP! Within walking distance of our home, Canterbury Foundation was an obvious place to check out

I had heard about Canterbury Lane, an expanded and renovated dementia care unit with available rooms! It was also in a not-for-profit facility not requiring an Alberta Health Card which my Mom would not have for 3 months. After Mama was assessed as suitable for this unit, I picked a room looking out to the Courtyard and focused on "Operation: Mama Alberta Bound". Mama moved into Canterbury Lane in mid-February so we have over a months experience so far. Mama adjusted amazingly well to her new environment. It is beyond wonderful to have my Mom so close -- so much easier than trying to manage from afar. As dementia progresses, distance doesn't work at all. In person connection is what matters. My Mom & I have special times together at Canterbury whether on the Lane or elsewhere. I can see that my Mom is content. Her worried look does not show up as often anymore. She is comfortable with all staff and gives out many hugs and kisses! I am grateful to have this special time together with Mama. Spending time with her and other Lane residents has helped me stay present and be more spontaneous. We have fun together at activities on and off the unit. Mama rocks at balloon badminton!

Dave and I enjoy attending the Sunday Catholic service in the chapel regularly with Mama. Mama still thinks we live far away. She appears to promptly forget our visits but is clearly thrilled when we arrive the next time. I don't worry about her so much. It gives me peace to know I am a minute walk from my special Mom. What a great feeling!



Recommended Listening...

Consultant Colette Crawford "It's a bit of kidding" - a special podcast about her Mom's memory with Alzheimer's. A feature that can be downloaded from the website also available. <https://www.theconsciousproducer.com/episode/it-s-a-bit-of-kidding-remember-her-mom-s-alfred>



Emily & Tony at home in St. Catharines, Ontario (Nov 2016)

Antonio and Ernesta (Tony & Emily) Fabrizi were married by proxy in September 1953. They had seen a photo of each other but didn't meet until Mama left Italy and joined him in St. Catharines in March 1954. They were married for 65 years! Mama now only remembers the good parts. She kisses Papa's photos and constantly tells me that they never ever argued!

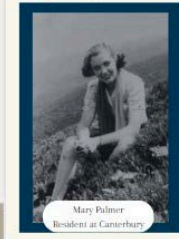


Emily, my AMAZING MOM!



One Women's War Experience

WRITTEN BY JANET PALMER



Mary Palmer Resident at Canterbury

On the eleventh day of the eleventh month at 11am we pause our lives to observe a moment of silence. We remember those who have lost their lives in the service of our countries since World War I. Women have played an increasingly vital role throughout. Not only have they provided support they also ensured that lifelines went on at home. Women's roles in the military have changed since 1914. Mary Palmer would not be at Canterbury today had her father not left his career as surveyor and land agent for Lord Forrester to fight in Mesopotamia in WWI. Injuries invalidated him out to India. While there he met and married a young Irish nurse serving in the W.A.F.O. (Voluntary Aid Detachment). Their first child, George (Mary's older brother), was born in India in 1918. Following demobilization the family returned to North Devon, England and Lord Forrester's employment. Mary was born in North Devon and enjoyed an idyllic rural family life surrounded by horses and dogs. She enjoyed country pursuits and became an accomplished rider and pianist. There was never a hint that she would ever leave Devon let alone travel the world.

Peace was shattered when in 1939. Lives were irrevocably refused to attend university vocational course in London signed up for the Devonshire Overseas. In England pan as best they could. Mary Palmer joined the Land Army. On one horrendous occasion aircraft crash to transport Mary Palmer went into the War Auxiliary Air Force and as a corporal. She was deployed to help repair damaged Following that she became a transporting senior officer to civilians. Mary's brother, "shell shock" (today's diagnosis as a result of his service. In Dr. Godfrey Palmer of the Corps. The young woman to leave Devon was soon their honeymoon. India Edinburgh, and finally India has never enjoyed flying!



High Performance Aging

What happens when “its just part of getting older” **isn't** true?

Come join us for an inspiring presentation and honest discussion on what it takes to stay independent and capable into your 80s and beyond.

Friday, July 10th | 10:30am
Manor Activity Room



Scan to learn more

Brought to you by:



7

ROULEAU

Three Truths About Longevity & Independence



The conveniences of modern life have changed how we think about longevity, aging, and independence. Many people believe that getting older inevitably means slowing down, losing ability, and accepting less independence - but it's not true! Here are three simple truths about staying capable into your 80s and beyond.

Truth #1 - Use It Or Lose It

Your body adapts to what you ask of it. For better or worse, the body won't maintain anything that it doesn't need to use regularly. If you stop asking it to bend, reach, balance, stand, walk, carry and climb, those abilities slowly fade. This doesn't mean you need to push your limits or do anything risky. But giving your body regular, safe challenges ensures that you keep doing what you love today, while making consistent improvements for the years ahead.

Truth #2 - If You Can't Feel It, You Can't Heal It

You've probably heard of brain fog, but **have you ever heard of body fog?** People will spend years trying everything to get rid of pain and tightness before blaming it on aging. But the real issue is the body loses it's ability to feel. Our sedentary, convenient world slowly builds up an internal fog that prevents your body from being quick, fast and responsive in a pinch. That's something you won't notice until you really need it - like catching yourself before you fall or step onto a wobbly fishing boat for the first time in over a year.

Truth #3 - Train It And Regain It

Improvement is possible at any age (though it will probably be a bit slower than your teenage grandson 🙄). However, consistently doing the right things over time can restore lost abilities, open up new possibilities and even change your trajectory. Whether your goal is to keep gardening, drop your golf handicap, or start surfing - your body will maintain the things that you consistently train. Aging is real, but decline and dependence is not the only option.

Come join us!

If you'd like to know more about what you can do to stay independent and capable in the modern world, **please join us for "High Performance Aging" by Denise Rouleau on Friday, July 10th at 10:30 AM.** Denise is a 40-year expert and pioneer in the field of Orthopedic Longevity. She has a deep passion for helping Albertans stay strong, injury proof, and independent into their 80s and beyond.

Heart of Canterbury Employee Recognition Nomination Form

The Employee Recognition Award is designed to honor employees who consistently demonstrate exceptional performance, commitment and contributions to Canterbury Foundation. Nominees should exemplify the values of the organization, go above and beyond in their role, inspire others through their dedication and positive impact while living, working and leading with heart.

Nomination Process

1. Who Can Nominate:

- All staff members, residents and families are encouraged to nominate.

2. Submission Process:

- Nomination forms can be submitted electronically or in-person to the designated supervisor or HR inbox at Court Concierge desk.
- Submission deadline: [By third Friday of the Month].

Nomination Form

- Name of Nominee: _____
- Department: _____
- Nominated By: _____
- Date: _____

Reasons for Nomination: (Check all that apply and provide examples)

- CARE: Compassion, Accountability, Respect & Excellence

How well does the nominee live out the CARE values — showing compassion, being accountable, treating others with respect, and striving for excellence?

- 1 – Not at all
 2 – Slightly
 3 – Moderately
 4 – Very well
 5 – Exceptionally well

Example (2 points): _____

Stronger Together: Collaboration, Teamwork, Inclusivity and Unity

How effectively does the nominee promote Stronger Together values — working collaboratively, fostering teamwork, embracing inclusivity, and building unity?

- 1 – Not at all
- 2 – Slightly
- 3 – Moderately
- 4 – Very well
- 5 – Exceptionally well

Example (2 points): _____

Champion: Leads with Compassion, Advocates for Excellence, Drives Innovation & Positive Change

How strongly does the nominee demonstrate Champion qualities — compassionate leadership, a drive for excellence, and a commitment to innovation and positive change?

- 1 – Not at all
- 2 – Slightly
- 3 – Moderately
- 4 – Very well
- 5 – Exceptionally well

Example (2 points): _____

Inspire: Takes Initiative, Positive “Can Do” Attitude & Commitment

How well does the nominee inspire others by taking initiative, staying positive, and showing dedication?

- 1 – Not at all
- 2 – Slightly
- 3 – Moderately
- 4 – Very well
- 5 – Exceptionally well

Example (2 points): _____

Please provide a detailed example of how the nominee demonstrates the values of the Heart of Canterbury award. Include specific actions, outcomes, or impact on others. (2 points)

LIFE ENRICHMENT BBQ!



SUMMER IS HERE, LET'S RELISH IN THE GOOD TIMES!

Please join us for a delicious hamburger, a side, and ice cream sandwich for only \$15.00!
This is a fundraising event in support of our amazing Life Enrichment Department. Proceeds from the BBQ will go back into our awesome programming. Residents can purchase order forms at reception and staff can purchase theirs at the Cherub's Café. Family & friends also welcome. We appreciate your support!

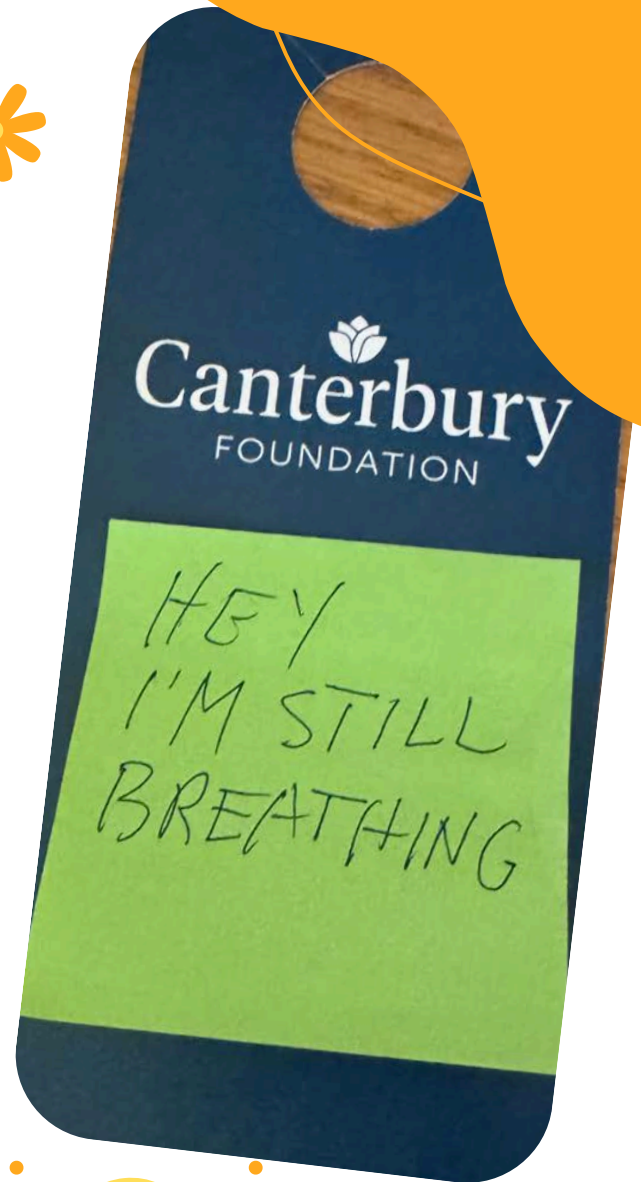
Wednesday July 29th
(sale begins July 15th)

see posters & calendar for more details

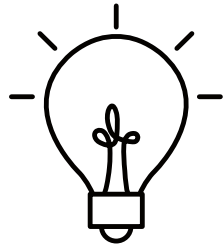
A huge THANK YOU to Manor residents!

You have done a fantastic job of putting out your “doorhangers”!

A reminder to leave your door hanger on the door handle, and the person doing the check will put it on the ledge.



THINK



UTSIDE

the box

Look at each box carefully and see if you can solve this creative brain teasers!

BAD

wolf



road

arrest

you're

slow ↓

jack

promise

head

heels

read

please



Onsite Services Available!

Please note: Families are responsible for scheduling and arranging payment for these services.

Beauty Salon

Call us at 780-444-0483 to schedule an appointment.
Open Tuesday - Saturday
8 a.m. - 4:15 p.m.



Devon Foot Care

To schedule an appointment, call Loria Ralph directly at 780-987-2273 to arrange payment.



Schaefer Denture Clinic

For denture appointments, call the clinic at 780-488-7777. Payment arrangements should also be made directly with the clinic. Please note Canterbury does not provide basic dental or oral care, such as dentist visits; families are responsible for scheduling these appointments.



Tofield Eyecare (Optometrist)

To book an eye appointment with Dr. Kallal, call 780-662-0104 directly.



Ferguson Hearing Clinic

For hearing appointments, call 780-456-0606 to book directly.

SPORTS

Hockey



Edmonton Elks



Riverhawks: June Schedule

SUN	MON	TUE	WED	THU	FRI	SAT
			1 BEL 7:05 PM	2 BEL 7:05 PM	3 @WEN	4 @WEN
5 @WEN	6	7 NAN 1:05 PM	8 NAN 7:05 PM	9 NAN 7:05 PM	10 MAR 7:05 PM	11 MAR 7:05 PM
12 MAR 1:05 PM	13	14 * ALL-STAR BREAK	15 * ALL-STAR BREAK	16	17 @PAL	18 @PAL
19 @PAL	20 KAM 7:05 PM	21 KAM 7:05 PM	22 KAM 7:05 PM	23	24 KEL 7:05 PM	25 KEL 7:05 PM
26 KEL 1:05 PM	27	28 @KAM	29 @KAM	30 @KAM	31 @KEL	

Edmonton Stingers

WEDNESDAY JULY 1ST
4:00 PM VS CALGARY

FRIDAY JULY 3RD
8:00 PM AT VANCOUVER

SUNDAY JULY 5TH
4:00 PM VS WINNIPEG

THURSDAY JULY 9TH
6:00 PM AT WINNIPEG

SATURDAY JULY 11TH
7:00 PM VS VANCOUVER

THURSDAY JULY 16TH
5:30 PM AT SCARBOROUGH

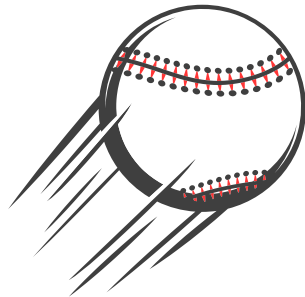
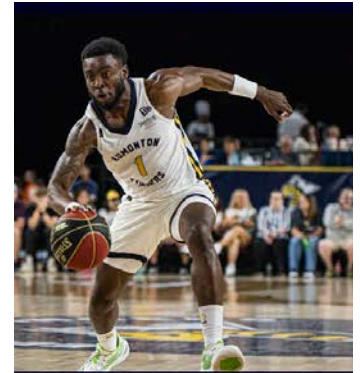
SATURDAY JULY 18TH
1:30 PM AT NIAGARA

TUESDAY JULY 21ST
7:30 PM AT SASKATCHEWAN

FRIDAY JULY 24TH
7:30 PM AT CALGARY

SUNDAY JULY 26TH
4:00 PM VS CALGARY

FRIDAY JULY 31ST
7:00 PM VS SASKATCHEWAN



July Fun Facts

1. Birthstone: Ruby, which is considered the "king of gems" and symbolizes passion, protection, and prosperity.
2. Birth Flowers: The larkspur (representing lightness of heart) and the water lily. Zodiac Signs: Cancer (June 21–July 22) and Leo (July 23–August 22).
3. Full Moon: Known as the Full Buck Moon, named because male deer begin to grow their new velvety antlers during this time.

THINK  OUTSIDE

the box

Solution Sheet

big bad wolf

crossroad

you're under
arrest

slow down

jack in a box

broken promise

head over
heels

read between
the lines

pretty please

HAPPY
Canada
Day



Hello July

Just be you, because you are
Unique, worthy and amazing
Live every day to the fullest as
You deserve all the good in life

Maintenance Minute

Cleaning of the Manor parkade and parking lot is scheduled for Wednesday, July 8, beginning at 8:00 a.m.

Be prepared to move vehicles to street parking. Parking will be limited, so please plan ahead if you are expecting guests.

HEART OF CANTERBURY MAY RECIPIENTS

Employee Recognition Program



Thank you for making a difference every day.



**Kennedy
Hadubiak**

Concierge



**Myrna
Barbosa**

Health Services



**Lochlan
Keylor**

Dietary

ON THIS DAY IN HISTORY

Canadian Milestones

July 1, 1867: The British North America Act went into effect, officially creating the Dominion of Canada.

July 16, 1973: Canadian golfer Jocelyne Bourassa won the inaugural Canadian Open in a thrilling playoff in Montreal.

July 30, 1609: Samuel de Champlain and his First Nations allies battled the Haudenosaunee, igniting 150 years of conflict between French colonial forces and the Haudenosaunee.

World History

July 1, 1863: The grueling three-day Battle of Gettysburg began during the American Civil War, resulting in a crucial Union victory.

July 1, 1903: The inaugural Tour de France commenced, ultimately finishing on July 19th with Maurice Garin claiming victory.

July 1, 1944: Delegates from 44 nations convened at the Bretton Woods Conference in New Hampshire, laying the groundwork for the International Monetary Fund (IMF) and the World Bank.

July 5, 1994: Jeff Bezos founded Amazon.com, completely transforming the global e-commerce and technology landscape.



LEAVE CANTERBURY FOUNDATION A REVIEW! SCAN THE QR CODE



Why Reviews Help Us

- Build Trust: Reviews show others this is a good, caring place.
- Guide Families: They help people decide if Canterbury is right for them.
- Make Us Better: Reviews tell us what we are doing well and what we can improve.
- Support Our Team: Good reviews make staff feel proud of their work.





📞 780-483-5361

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<https://canterburyfoundation.com/>

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